



Tuggerah Lakes NeWs

Tuggerah Lakes U3A Inc

July 2012

Website: www.tugglakesu3a.info

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FROM THE EDITOR:

Last term we had an interesting selection of talks, which were mainly well attended. Problems with the air conditioning had many complaining about the bitterly cold conditions in our meeting room. This now seems to be corrected, and you are urged to come along this term and enjoy our talks in pleasant conditions.

Our regular courses are continuing, each one with a group of enthusiastic supporters. Newcomers are always welcome, so if there is any topic that appeals to you, contact the Course Leader and join in.

Of course, U3ATL belongs to all of us; if there is any subject or course you would like to see included, bring it to the attention of one of our committee members. We are always open to new ideas, and if it is considered suitable, and there is sufficient interest, we will do our best to make it happen.

Our crossword class was unable to meet in the downstairs room at 'diggers' last term due to another booking, but we continue to meet in the Bowlers Lounge in the general club area. We have gained several new members, who are all enjoying the challenge and the happy atmosphere.

There will be NO classes on Friday 17th August, as our room is not available. Apologies for this, but we do not have control over these decisions, and in general the 'diggers' club is very good to us.

Finally, we hope to see many of you on the outing on 29th August; this is exceptional value and should be a great day.

- Betty Siegman

President:	John Collis	4333 9079
Vice President:	Gloria Watson	4332 7077
Secretary:	Rhonda McDiarmid	4332 2300
Treasurer:	Peter Gloss	4332 7457
Course Co-ordinator:	Harvey Birtwistle	4392 3310
Venue Co-ordinator:	Pam McGlinn	4390 2451
Membership:	John Collis	4333 9079
Publicity:	Diane Cunningham:	4399 3590
Welfare Officer:	Doreen Morley	4385 7843
Newsletter Editor:	Betty Siegman	4332 0870
Committee	Jayne Davis	4396 3446
Correspondence:	The Secretary	
	PO Box 4019	
	Bay Village 2261	

BUS/CRUISE

WINDSOR PADDLE -WHEELER

Date: Wednesday 29th August

Cost: \$55 Members - \$60 Non-Members.

Cost includes bus trip, Hawkesbury River Cruise
Morning tea, smorgasbord lunch on board.

Bookings: Pam McGlinn 4390 2451

Email: pamlakeside@bigpond.com

All money to be paid to the Treasurer,
No later than 22nd August (Address below)

**For pick up points and further
Information see page 3**

IMPORTANT ANNOUNCEMENT— VENUES:

Please note the venue addresses below as space constraints prevent us from using the full addresses on the calendar.

diggers:

The Entrance Rd (or Gallipoli St), Long Jetty

TBC: The Berkeley Centre, Berkeley Vale

Cnr Berkeley Rd & Heather Av

Creative Writing Workshops TK-SDCh:

St Davids Church Hall,
Cnr Hargraves & Victoria Sts, Toukley

French Conversation:

74 Evans Rd, Canton Beach

Movie Appreciation:

34 Aston Wilde Av, Chittaway Bay

MEMBERSHIP FEES:

Membership Year is 1 January to 31 December.

ANNUAL FEE: (Renewal): \$20.

**NEW MEMBERSHIP FEE: \$5 for each Term
(or part thereof) for remainder of year.**

**Place your money together with your
Membership Renewal Form in a sealed
envelope and forward to The Treasurer:**

**Peter Gloss
4 Sir Joseph Banks Drive
Bateau Bay NSW 2261**

**TERM 3: Start: 16th July
Finish: 21st September**

FROM THE PRESIDENT:

We tend to associate education with the young at school or at university, but learning can be life-long, and why not, when there are so many interesting things to uncover?

Several gems await us in the coming term. Associate Professor Howard Bridgman has presented excellent talks to us in recent years - one on storms and "east coast lows". This term he will be telling us about atmospheric dust. One of our members, Trevor Kruger, will be talking to us about human decision-making.

We are not alone as mature-age learners. There are sixty-three U3As in New South Wales with a total of more than 23,000 members. Nationwide, there are 242 U3As with 77,000 members.

Each year, there is an annual conference of U3As in the NSW Network. This year, it was held in Port Macquarie in March. As well as Jayne Davis, our official voting representative, three other members attended. Jocelyn Webster reports that the conference was opened by Robert Oakeshott, the local member. She says "the keynote speaker Margret Meagher who does a lot of work into Alzheimer's Disease.... held our attention with ease Keeping active both mentally and physically seems to be the message together with a good diet." On the following day there were "three short addresses encouraging us to dance, take up art ... use imagination and embrace music and singing... Culture in all its forms is to be encouraged for mental health and wellbeing." Another of our attendees, Dorothy Rhodes, says there were performances by folk dancers, tap dancers, a bush poet, and the Manning Valley ukelele group, against which our activities might look a little mundane!

Two weeks ago, in June, there was a meeting of your own Management Committee. We heard encouraging news about the number of members attending some of our regular interest groups (for example, the Discussion Group, Cryptic Crosswords, and Creative Writing). Sadly, one or two other groups are closing down.

Your Committee decided that members will no longer be required to complete a form for renewal of membership each year. It will be sufficient for an existing member to pay the membership renewal fee and, if necessary, notify any change of address, etc. Prospective new members will still need to complete an application form. Members who use internet banking will also be allowed in future to pay their annual membership renewal fee directly into our U3A bank account. Any member paying in this fashion must provide their name in the reference field for the payment.

- John Collis

WELFARE:

Five "Get Well Soon" cards were sent out this quarter with follow up emails or telephone calls. I would like to thank those Members who have been good enough to let me know when one of our Members is unwell or experiencing health problems within their families. I understand that our cards with their thoughts and best wishes are very welcome. Thank you everyone."

- Doreen Morley

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**"VALE"**

**SYLVIA REED**

Sadly, Sylvia Reed, a member of U3ATL from 2003 until 2011 passed away on 24 April this year. Sylvia enjoyed our various classes especially Creative Writing and made a number of friends during her time with us. She will be missed.

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PETER BYRNE

Peter passed away on 25th June after an illness of 8 months. Peter was the much loved husband of our member Rhonda Byrne, who joined our U3ATL recently after moving to the Central Coast after having been our Regional Advisor for many years. The funeral was held in Orange, in accordance with Peter's wishes. Rhonda has asked us, on behalf of her and her family, to thank all our members for their support, prayers and concern during this difficult time.

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## **COURSE CO-ORDINATOR'S REPORT:**

This term we begin where we left off, that is we are going to hear the conclusion to John's talk on the **Opium Wars**. John has gathered quite a lot of information on this topic and as time beat him last time, it would be a pity not to hear the final chapter.

The **Brain Gym program** is designed to keep the "muscles" of the brain exercised and in good nick. Peter Beale will take us through a series of exercises to keep our brain 'muscles' in good order. He will describe the purpose and operation of the Brain Gym program. So, bring along a pencil/pen and enjoy the morning exercising your brain.

Associate Professor Howard Bridgman joins us again from Newcastle to talk about **Atmospheric Dust**. He will discuss how dust can cause all sorts of health problems for us as individuals. In addition, he will look at the Hunter Region covering such issues as mining and how these particles begin and why they can be such a problem.

On Monday 6<sup>th</sup> August we are leaving the 'classroom' and heading for the **Norah Head Marine Rescue** which is located at Maitland Road, Norah Head. This should prove to be an interesting excursion and we will be able to see first hand how marine rescue works, what it involves and the equipment used. Please refer to Page 4 of this Newsletter for details on how to register.

Please note that there will be no meeting on Friday 17<sup>th</sup> August.

The following Monday, 20<sup>th</sup> August, Pam McGlenn will take us back to our own early history to look at **Rev Samuel Marsden**. Marsden was a controversial figure who had quite an impact in colonial life, so come along and hear more about him, and then decide for yourself on the character of the man.

Owen Richards will join us on the first Monday in September to talk about **Hollywood Vintage Movies**. He will take us back to the very early movies before sound and its development. Owen will look at many of the famous performers of the time, many of them you'll know and some perhaps you won't!

on Friday 7<sup>th</sup> September Rita Richards will look at **Why did Rome Fall?** In this talk Rita will look at some of the reasons as to the fall of this great empire. Rita will also look at other aspects of Rome including its culture and society.

On Monday 17<sup>th</sup> September Trevor Kruger will continue his series **On Being Human**. This particular talk will look at '**Deciding**'. He will look at the conscious and unconscious process of decision-making. Have you really considered how many decisions you make on a daily basis? How does age affect this process? Come along and hear more...

The last talk for the term, but not the least, will be from June Goss, on 21<sup>st</sup> September. June has been to us before to talk about **The Soviet Union and Moscow**, and this talk will be a continuation of her talk where she will share her memories of a place she came to know through travel, study and work.

*"Where there is an open mind there will always be a frontier." - Charles F. Kettering*

- Harvey Birtwistle

## **Bus trip/Paddle Wheeler Cruise**

**Wednesday 29<sup>th</sup> August.**

**Booking details see page one**

Bookings are essential, please book early to avoid disappointment as this is a very popular trip and will sell out quickly. This tour is heavily subsidised by your club as the same trip advertised in the current brochure of the bus company costs \$73

The crew will take you on an unforgettable journey recreating the cruises of the 1800s. While enjoying the peace and tranquillity of the Hawkesbury River you can indulge in a first class meal, freshly prepared on board.

## **PICK-UP POINTS:**

**Toukley RSL: 8.00am**

**Bay Village Shopping Centre (bus rank) 8.15am**

**Berkeley Village: 8.30am**

**Look for the Road Runner Bus.**

**Be early, as the boat will depart on time and it is a long trip. Don't hold up your fellow travellers.**

When booking, indicate where you wish to get on the bus, and your name will be marked off there by a committee member.

- Pam McGlenn

**THE CHINESE OPIUM WARS** **MONDAY**  
**and their Aftermath: 1840-1940 (part 2)**

Speaker: John Collis (4333 9079)  
Secretary: Rhonda McDiarmid (4332 2300)  
Venue: diggers@the entrance  
Date: 16th July

Starting around 1790, cultivation of opium poppies in North India was greatly expanded by the British, for export to China. The proceeds paid for tea imports & silks to Britain from China. Chinese authorities banned opium but smugglers bribed officials to turn a blind eye and millions of Chinese became addicts. The British fought two wars in China to enforce free trade and free movement of foreigners. The aftermaths of the second opium war (1858-60), are considered in this talk.

**NORAH HEAD MARINE RESCUE** **MONDAY**

Speaker: Peter Murrell (4358 2484/0409715458)  
Secretary: Harvey Birtwistle (4392 3310)  
Venue: At Norah Head Marine Rescue  
Date: 6th August

Meet at 10 am at 639 Maitland Street, Norah Head, near the corner of Bungary Rd. We need to know numbers attending so please contact 4392 3310 by 1st August if you plan to come. Car Parking is available on the grassed area and please use the intercom to gain entry. As this organisation is operated by volunteers, a gold coin donation would be appreciated. Morning tea supplied. Afterwards you may wish to visit the nearby Norah Head Lighthouse. Consider suitable footwear.

**REVEREND SAMUEL MARSDEN** **MONDAY**

Speaker: Pam McGlinn  
Secretary: Betty Siegman  
Venue: diggers @ the entrance  
Date: 20th August

Continuing with our series on well-known people from our early colonial times we have today Samuel Marsden who was known as the "Flogging Parson" A highly controversial figures, was he a villain or a fervent clergyman who tried to save the souls of the immoral people in his parish? Hear the full story of this fascinating man and judge for yourself as to his character.

**HOLLYWOOD VINTAGE MOVIES** **MONDAY**

Speaker: Owen Richards  
Secretary: Doreen Morley (4385 7843)  
Venue: diggers@the entrance  
Date: 3rd September

Owen will take us on a movie journey from the very beginning through to the development of sound. He will cover the early 30s, including the 'Jazz Singer' and famous performers such as Ginger Rogers, Fred Astaire and Eddie Cantor. He will also talk about significant events that occurred at that time.

**ON BEING HUMAN** **MONDAY**  
**Part 2: DECIDING**

Speaker: Trevor Kruger  
Secretary: Rhonda McDiarmid (4332 2300)  
Venue: diggers@the entrance  
Date: 17th September

How many decisions have you made so far today? Which were easy/ difficult/ avoided/ unconscious? Made while driving or walking or eating? Through a simplified 'filter' of current neuroscience you are invited to consider how it comes about that you choose to do, think or feel about the hundreds of decisions you might make each day. How much of your behaviour is unconsciously 'decided'? Inherited? Learnt? ***Do we (and say, the autistic) really have 'free will'?***

Given the idea that each of us is a continually changing set of contesting 'selves' rather than a settled individual 'self': ***How does ageing or stress affect our consciousness? (E.g., Parkinson's? dementia?)***  
*Reference:* Jonah Lehrer, (2009) The Decisive Moment: How the brain makes up its mind.

**THE READERS GROUP** **MONDAY**

Secretary: Dorothy Rhodes (4332 4103)  
Venue: diggers @ the entrance  
Dates: 23rd July, 27th August

If you love reading you will enjoy being part of this lively and interesting group. All tastes catered for! Books lent and cared for. **NOTE:** As term ends on 23rd September, the September session will be on Monday 26th, at Dorothy's home, 52 Lucinda Ave, Killarney Vale.

**MOVIE APPRECIATION** **MONDAY**

Leader: John Richards (4388 4945)  
Venue: 34 Aston Wilde Ave, Chittaway Bay

**Times: movies will only be shown 9.30-12noon**

**PLEASE BOOK AS PLACES ARE LIMITED**

**23rd JULY: THE SENTINEL: (2006)** 103 mins. Michael Douglas, Kiefer Sutherland, Eva Longoria. There's never been a traitor in the United States Secret Service – until now. All the evidence points to Pete Garrison (Douglas), one of the most trusted agents on the force. Now on the run, with investigators, (Sutherland and Longoria) hot on his heels, he has to not only clear his name but protect the President from the real traitor.

**13th AUGUST: KIND HEARTS AND CORONETS: (1949)** 106 mins. Dennis Price, Alec Guinness, Valerie Hobson, Joan Greenwood, Arthur Lowe. Louis Mazzini's mother was disinherited by her wealthy family when she eloped with an opera singer. Louis decided to avenge his mother by becoming the next Duke of D'Ascoynes. Murdering every potential successor is the best way to achieve his aim.

**NOTE:**  
1. Venue locations—see Page 1.  
2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.

**27th AUGUST: WITNESS: (1985)** 108mins. Harrison Ford, Kelly McGillis. When a young Amish woman and her son witness the murder of an undercover narcotics agent, their lives are threatened. Their unlikely saviour is Book, a cop who follows them to the non-violent world of an Amish community. An action-packed struggle for life and death, interwoven with a sensitive undercurrent of forbidden love.

**10th SEPTEMBER: A KISS BEFORE DYING: (1955)** 91mins Robert Wagner, Jeffrey Hunter, Joanne Woodward, Virginia Leith, Mary Astor. Wagner is Bud Corliss, a darkly handsome college boy so obsessed with wealth that he'll do anything to get it. When his rich girlfriend, Dorothy, (Woodward), becomes pregnant and is threatened with disinheritance, Bud stages her suicide, but Dorothy's sister, Ellen, begins to unravel Bud's deadly scheme.

**GERMAN CONVERSATION MONDAY**

Leader: Helen Jones  
Venue: diggers @ the entrance  
Dates: 16th Jul; 6th, 20th Aug; 3rd, 17th Sept.

Contact Helen if you are interested in joining this group. Note that classes are held in our downstairs meeting room at diggers from 1:30 –3:30.

**WALKS TUESDAY**  
**Contact: Barbara Skurr 4392 4158**

Sensible shoes, sunscreen, hat and water required.  
Map references are from the CC Phone Directory.

**All walks start at 10:00 a.m.**

**17th July: NORAH HEAD**  
Bush St Reserve Map 52 Q2  
Bring/buy m/Tea, Lunch  
Wear shoes that can get **WET**

**7th August FERNLEIGH TRACK (Train)**  
Dep. Tuggerah 9:08, Wyong 9:12, Warnervale 9:16  
Ret. Warnervale 2:26, Wyong 2:32, Tuggerah 2:38  
Bring M/Tea, Lunch

**21st August OSBORNE PARK, Toukley**  
Meet Volunteer Coastguard Map 42, D9  
Bring M/Tea, Lunch

**4th September: JULIE LUFF BOARDWALK**  
**Budgewoi**  
Meet Mackenzie Park Map 32, L14  
Bring M/Tea, Lunch

**18th September: CRACKNECK POINT**  
**WHALE WATCH**  
Meet end Parkside Drive Map 70, N16  
Bring M/Tea, Lunch

**MUSIC APPRECIATION WEDNESDAY**

Leader: Jim Cunningham (4399 3590)  
Venue: The Berkeley Centre  
Dates: 25th Jul; 8th, 22nd Aug; 12th Sept  
Time: 10.15 am—12.15 pm.

Oh! What a beautiful morning! That would be your attendance at Jim's presentation of 'Broadway Musicals' Melodies you can hum and whistle, with lyrics you know by heart. Just jump into your 'Surrey with the Fringe on Top' and join the fun. The Meeting dates may be short (only 4) but the joy will be long lasting. Give him a call if you need more details.

**CREATIVE WRITING WORKSHOP WEDNESDAY**

Secretary: Pam McGlenn (4390 2451)  
Venue: St Davids Church Hall, Toukley  
Dates: 18th Jul; 1st, 15th Aug; 5th, 19th Sept

This group is producing some excellent work as we have heard at recent social days. If you are an aspiring writer, come along and join this lively class. New members are always made welcome.

**CRYPTIC CROSSWORDS WEDNESDAY**

Leader: Betty Siegman (4332 0870)  
Venue: diggers @ the entrance  
Dates: 18th Jul; 1st, 15th Aug; 5th, 19th Sept

Come along and join our growing group of enthusiasts. You will be surprised how quickly you learn to solve these intriguing puzzles, and have fun and make friends while you learn.

**FRENCH CONVERSATION AT HOME THURSDAY**

Leader: Henriette Vanechop (4396 7847)  
Venue: 74 Evans Road, Canton Beach  
Dates: 19th Jul; 2nd, 9th, 16th, 23rd Aug;  
6th, 13th, 20th Sept  
Time: 1.30pm –3.30pm

**Please note: These classes are not held on the last Thursday of the month..**

This course embraces both grammar and conversation and is designed for those with a basic knowledge of French, say from school days. Contact Henriette if you are interested in learning Esperanto

**NOTE:** 1. Venue locations—see Page 1.  
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**BRAIN GYM****FRIDAY**

Speaker: Peter Beale  
 Secretary: Betty Siegman (4332 0870)  
 Venue: diggers @ the entrance  
 Date: 20th July

The Brain Gym program is designed to keep the “muscles” of the brain exercised and in good nick. The major brain muscles are: verbal, numerical and spatial ability; logic; short and long term memory, and creativity. The talk will describe the purpose and operation of the Brain Gym, and then give the audience a sample of the exercises to have a go at. There is no competition to see who is better at any of the exercises, and everyone who takes part is a winner. You’ll need a to bring along a pen or pencil.

**ATMOSPHERIC DUST****FRIDAY****Its Lives, Its Loves and Its Losses**

Speaker: Assoc. Professor Howard Bridgman  
 Secretary: John Collis (4333 9079)  
 Venue: diggers @ the entrance  
 Date: 3rd August

Dust, or particles, is one of the most important pollutants in the atmosphere. Depending on size and composition, particles can cause important health problems in humans, create aesthetic problems for tourist operation, and create nuisance difficulties for householders, farmers, and fishermen. Current particle problems in the Hunter Region include emissions for mining, industry, and coal storage piles. This talk defines particles in the atmosphere, where they come from, why they can be a problem, their life cycle, and their transport by winds.

**WHY DID ROME FALL?****FRIDAY**

Speaker: Rita Richards (4388 4945)  
 Secretary: Peter Gloss (4332 7457)  
 Venue: diggers@the entrance  
 Date: 7th September

Hundreds of reasons have been put forward to explain why Rome fell: from ‘moral decline’ to ‘female emancipation’. Some historians claim that there was no definitive collapse, rather a gradual transformation to a society which accommodated other races within their midst; an early form of multiculturalism perhaps?

**RUSSIA REVISITED****FRIDAY**

Speaker: June Goss  
 Secretary: John Collis (4333 9079)  
 Venue: diggers @ the entrance  
 Date: 21st September

June Goss studied, travelled and worked in the former Soviet Union between 1975 to 2006. She worked at Radio Moscow in the English language section as a translator. She had her own weekly radio show ‘Letter from 75 Vavilov Street’ (the address of her flat in Moscow). June was given the opportunity to travel widely from Leningrad to Samarkand, from Baku to Lake Baikal. The years June spent in the then USSR, and now back to Russia, saw many changes take place. Come and share some memories with her.

**DISCUSSION GROUP****FRIDAY**

Leader: Various members  
 Venue: diggers@ the entrance  
 Dates: 22nd Jul; 12th, 26th Aug;  
 9th, 23rd Sep.

Members take turns to chair the meeting, and bring along topics for discussion by the group. This method is proving most successful. For further information, contact Tony Thomson (4358 3655).

**MAH JONG:****FRIDAY**

Secretary: Pam McGlinn (4390 2451)  
 Venue: diggers@ the entrance  
 Dates: Every Friday (20th Jul-21st Sep)  
 Time: 1.00pm-3.30pm

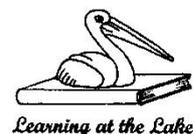
Mah Jong is a game that originated in China, and involves skill, strategy and calculation. Come and try your luck at this fascinating game. Newcomers will be made most welcome.

**PLEASE NOTE**

**There will be no talk or Mah Jong  
 on Friday 17th August,  
 as our room at diggers  
 is not available  
 on that day.**

**NOTE:** 1. Venue locations—see Page 1.  
 2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.

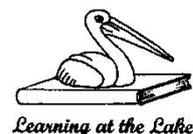
Tuggerah Lakes U3A Inc  
**Course Calendar: 2012 – TERM 3**  
**16th July—21st September**



| MONDAY                                                                                                                       | TUESDAY                                                     | WEDNESDAY                                                                                                 | THURSDAY                                                                     | FRIDAY                                                                                                 |
|------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
| <b>16 July</b>                                                                                                               | <b>17 July</b>                                              | <b>18 July</b>                                                                                            | <b>19 July</b>                                                               | <b>20 July</b>                                                                                         |
| <b>THE CHINESE OPIUM WARS (Pt 2)</b><br>John Collis (diggers)<br><br><b>GERMAN</b><br>Helen Jones<br>1.30pm-3.30pm           | <b>WALK</b><br><br><b>NORAH HEAD</b><br><br>See Page 5      | <b>CRYPTIC CROSSWORDS</b><br>Betty Siegman (diggers)<br><br><b>CREATIVE WRITING WORKSHOP</b><br>(Tk-SDCh) | <b>FRENCH CONVERSATION</b><br>Henriette Vanechop<br>1.30pm<br>(Canton Beach) | <b>THE BRAIN GYM</b><br>Peter Beale (diggers)<br><br><b>MAH JONG</b><br>1.00pm-3.30pm (diggers)        |
| <b>23 July</b>                                                                                                               | <b>24 July</b>                                              | <b>25 July</b>                                                                                            | <b>26 July</b>                                                               | <b>27 July</b>                                                                                         |
| <b>MOVIE CLUB</b><br>John Richards<br>9.30-12.00 (Chittaway Bay)<br><br><b>THE READERS GROUP</b><br>Dorothy Rhodes (diggers) |                                                             | <b>MUSIC APPRECIATION</b><br>Jim Cunningham (TBC)                                                         |                                                                              | <b>DISCUSSION GROUP</b><br>(diggers)<br><br><b>MAH JONG</b><br>1.00pm-3.30pm (diggers)                 |
| <b>30 Jul</b>                                                                                                                | <b>31 Jul</b>                                               | <b>1 Aug</b>                                                                                              | <b>2 Aug</b>                                                                 | <b>3 Aug</b>                                                                                           |
|                                                                                                                              |                                                             | <b>CRYPTIC CROSSWORDS</b><br>Betty Siegman (diggers)<br><br><b>CREATIVE WRITING WORKSHOP</b><br>(Tk-SDCh) | <b>FRENCH CONVERSATION</b><br>Henriette Vanechop<br>1.30pm<br>(Canton Beach) | <b>ATMOSPHERIC DUST</b><br>Howard Bridgman (diggers)<br><br><b>MAH JONG</b><br>1.00pm-3.30pm (diggers) |
| <b>6 Aug</b>                                                                                                                 | <b>7 Aug</b>                                                | <b>8 Aug</b>                                                                                              | <b>9 Aug</b>                                                                 | <b>10 Aug</b>                                                                                          |
| <b>NORAH HEAD MARINE RESCUE</b><br>(* At Norah Head *)<br><br><b>GERMAN</b><br>Helen Jones (diggers)<br>1.30pm-3.30pm        | <b>WALK</b><br><br><b>FERNLEIGH TRACK</b><br><br>See Page 5 | <b>MUSIC APPRECIATION</b><br>Jim Cunningham (TBC)                                                         | <b>FRENCH CONVERSATION</b><br>Henriette Vanechop<br>1.30pm<br>(Canton Beach) | <b>DISCUSSION GROUP</b><br>(diggers)<br><br><b>MAH JONG</b><br>1.00pm-3.30pm (diggers)                 |
| <b>13 Aug</b>                                                                                                                | <b>14 Aug</b>                                               | <b>15 Aug</b>                                                                                             | <b>16 Aug</b>                                                                | <b>17 Aug</b>                                                                                          |
| <b>MOVIE CLUB</b><br>John Richards<br>9.30-12.00 (Chittaway Bay)                                                             |                                                             | <b>CRYPTIC CROSSWORDS</b><br>Betty Siegman (diggers)<br><br><b>CREATIVE WRITING WORKSHOP</b><br>(Tk-SDCh) | <b>FRENCH CONVERSATION</b><br>Henriette Vanechop<br>1.30pm<br>(Canton Beach) | <b>NO COURSES</b><br><br><b>ROOM AT DIGGERS IS NOT AVAILABLE</b>                                       |

**NOTE:** 1. Venue locations—see Page 1.  
 2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.

Tuggerah Lakes U3A Inc  
**Course Calendar: 2012 – TERM 3**  
**16th July—21st September**



| MONDAY                                                                                                                       | TUESDAY                                                      | WEDNESDAY                                                                                            | THURSDAY                                                                 | FRIDAY                                                                                                |
|------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| <b>20 Aug</b>                                                                                                                | <b>21 Aug</b>                                                | <b>22 Aug</b>                                                                                        | <b>23 Aug</b>                                                            | <b>24 Aug</b>                                                                                         |
| The Reverend<br><b>SAMUEL MARSDEN</b><br>Pam McGlinn<br>(diggers)<br><br>GERMAN<br>Helen Jones<br>(diggers)<br>1.30pm-3.30pm | WALK<br><br>OSBORNE PARK<br>TOUKLEY<br><br>See Page 5        | MUSIC<br>APPRECIATION<br>Jim Cunningham<br>(TBC)                                                     | FRENCH<br>CONVERSATION<br>Henriette Vanechop<br>1.30pm<br>(Canton Beach) | DISCUSSION GROUP<br>(diggers)<br><br>MAH JONG<br>1.00pm-3.30pm<br>(diggers)                           |
| <b>27 Aug</b>                                                                                                                | <b>28 Aug</b>                                                | <b>29 Aug</b>                                                                                        | <b>30 Aug</b>                                                            | <b>31 Aug</b>                                                                                         |
| MOVIE CLUB<br>John Richards<br>9.30-12.00<br>(Chittaway Bay)<br><br>READERS GROUP<br>Dorothy Rhodes<br>(diggers)             |                                                              | COACH / CRUISE<br><br>DETAILS:<br><br>REFER TO PAGE 1<br>and<br>PAGE 3                               |                                                                          | MAH JONG<br>1.00pm-3.30pm<br>(diggers)                                                                |
| <b>3 Sep</b>                                                                                                                 | <b>4 Sep</b>                                                 | <b>5 Sep</b>                                                                                         | <b>6 Sep</b>                                                             | <b>7 Sep</b>                                                                                          |
| HOLLYWOOD<br>VINTAGE MOVIES<br>Owen Richards<br>(diggers)<br><br>GERMAN<br>Helen Jones<br>(diggers)<br>1.30pm-3.30pm         | WALK<br><br>JULIE LUFF<br>BOARDWALK<br><br>See Page 5        | CRYPTIC<br>CROSSWORDS<br>Betty Siegman<br>(diggers)<br><br>CREATIVE WRITING<br>WORKSHOP<br>(Tk-SDCh) | FRENCH<br>CONVERSATION<br>Henriette Vanechop<br>1.30pm<br>(Canton Beach) | WHY DID ROME<br>FALL?<br>Rita Richards<br>(diggers)<br>645+<br>MAH JONG<br>1.00pm-3.30pm<br>(diggers) |
| <b>10 Sep</b>                                                                                                                | <b>11 Sep</b>                                                | <b>12 Sep</b>                                                                                        | <b>13 Sep</b>                                                            | <b>14 Sep</b>                                                                                         |
| MOVIE CLUB<br>John Richards<br>9.30am-12.00pm<br>(Chittaway Bay)                                                             |                                                              | MUSIC<br>APPRECIATION<br>Jim Cunningham<br>(TBC)                                                     | FRENCH<br>CONVERSATION<br>Henriette Vanechop<br>1.30pm<br>(Canton Beach) | DISCUSSION<br>GROUP<br>(diggers)<br><br>MAH JONG<br>1.00pm-3.30pm<br>(diggers)                        |
| <b>17 Sep</b>                                                                                                                | <b>18 Sep</b>                                                | <b>19 Sep</b>                                                                                        | <b>20 Sep</b>                                                            | <b>21 Sep</b>                                                                                         |
| ON BEING HUMAN<br>DECIDING<br>Trevor Kruger<br>(diggers)<br><br>GERMAN<br>Helen Jones<br>(diggers)<br>1.30pm-3.30pm          | WALK<br><br>CRACKNECK POINT<br>WHALE WATCH<br><br>See Page 5 | CRYPTIC<br>CROSSWORDS<br>Betty Siegman<br>(diggers)<br><br>CREATIVE WRITING<br>WORKSHOP<br>(Tk-SDCh) | FRENCH<br>CONVERSATION<br>Henriette Vanechop<br>1.30pm<br>(Canton Beach) | RUSSIA<br>REVISITED<br>June Goss<br>(diggers)<br><br>MAH JONG<br>1.00pm-3.30pm<br>(diggers)           |

**NOTE:** 1. Venue locations—see Page 1.  
2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.