



Tuggerah Lakes NeWs

Tuggerah Lakes U3A Inc

April 2013

Website: www.tugglakesu3a.info

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FROM THE EDITOR:

We have a great selection of talks this term, and I can't wait to hear them.

The Brain Gym Course proved extremely popular, and will continue this term, but on a fortnightly basis, in our usual Tuesday afternoon time slot. For this term it will be called 'Keeping the Marbles Rolling'.

On the alternate Tuesdays we introduce a new course and hope that many of you will come along so that we can gauge the interest in continuing. Called TED Talks, the course will be conducted by our member Trevor Kruger; many of you will already have enjoyed Trevor's interesting and thought provoking talks. The sessions will consist of one or two short videos, each followed, we hope, with animated discussion and audience participation. For more information on this course refer to page 4.

Our regular courses will mostly continue, and numbers remain strong in each one. The committee would like to thank all the presenters who give so much of their time in preparing material and conducting the sessions.

Don't forget, this is our club, for our members, and run by our members. If there is any topic that interests you or a suggestion for a possible course, talk to one of our committee members, we are always open to new ideas.

- Betty Siegman.
- Editor

IMPORTANT ANNOUNCEMENT— VENUES:

Please note the venue addresses below as space constraints prevent us from using the full addresses on the calendar.

diggers:

The Entrance Rd (or Gallipoli St), Long Jetty

TBC: The Berkeley Centre, Berkeley Vale

Cnr Berkeley Rd & Heather Ave

Tk-SDCh: St Davids Church Hall

Cnr Hargraves and Victoria Sts, Toukley

French Conversation:

74 Evans Rd, Canton Beach

Movies: 34 Aston Wilde Ave, Chittaway Bay

President:	John Collis	4333 9079
Vice President:	Gloria Watson	4332 7077
Secretary:	Rhonda McDiarmid	4332 2300
Treasurer:	Peter Gloss	4332 7457
Course Co-ordinator:	Gloria Watson	4332 7077
Venue Co-ordinator:	Pam McGlenn	4390 2451
Membership:	John Collis	4333 9079
Welfare Officer:	Doreen Morley	4385 7843
Newsletter Editor:	Betty Siegman	4332 0870
Committee	Margaret Blundell	4397 1730
Committee	Trevor Kruger	4332 5403
Correspondence:	The Secretary	
	PO Box 4019	
	Bay Village NSW 2261	

~ SPECIAL EVENT ~

We would like to mention a special birthday: Our long time member Eva Seale, who was President of U3ATL in the past and who is a Life Member, celebrated her 90th birthday during the Easter holidays. Eva, who has contributed so much to us in many ways, enjoys coming to our Cryptic Crosswords and Music Appreciation Classes.

On behalf of the Committee Members, members and friends of U3ATL a special birthday card was sent to her together with our congratulations and good wishes.

Doreen Morley.
Welfare

MEMBERSHIP FEES:

Membership Year is 1 January to 31 December.

ANNUAL FEE: (Renewal): \$20.

NEW MEMBERSHIP FEE: \$5 for each Term (or part thereof) for remainder of year.

New Members: Membership Form and Money
Renewals: Name, Membership No. and Money
(no renewal form needed)

to

Peter Gloss

4 Sir Joseph Banks Drive
Bateau Bay NSW 2261

OR direct deposit

Westpac BSB: 032 525, A/c 13 4075

Include YOUR NAME and MEMB. NO. with deposit

TERM : Start: 29th April
Finish: 28th June

FROM THE PRESIDENT:

Do you ever think that the topic of our Monday or Friday talk is boring or too mainstream? Do you ever think that you have heard a better speaker? If you have thought such things, or worse still, if you think them regularly, now is your chance to do something about it! We need a new Course Co-ordinator, preferably to take over before the end of the year. Gloria Watson has generously filled the gap, but after two and a half years, she is standing down from the position by December at the latest.

Imagine how interesting it would be to take on this role! The Course Co-ordinator's job is to arrange internal and external speakers, and agree the topics of the talks. We need about eight speakers each term, perhaps four members and four external. If you might like to give the position a try, please speak to Gloria or to any member of the Committee, or telephone me on 4333 9079.

Many of our regular activities continue with little alteration; for instance Cryptic Crosswords, Discussion Groups, Music Appreciation, Movie Appreciation, and Book Readers' groups, which have continued for many years.

From time to time, new courses have started up, some successful, and others ceasing due to lack of support.

The new Brain Gym class is proving very popular. Devised by Peter Beale, a Central Coast resident, who has kindly allowed us to use his material, it provides us with an opportunity to exercise seven of our mental functions in a non-competitive way. Brain Gym will continue during Term 2, on every second Tuesday. It has been renamed 'Keeping the Marbles Rolling', as Brain Gym is syndicated.

This allows us to try out a new class, TED Talks, to be chaired by Trevor Kruger and held on alternate Tuesday afternoons. The class will hear short, stimulating talks, selected from the internet. Typically, each talk lasts from 5 to 15 minutes, to be followed by discussion and comment from class members.

I hope you all enjoy our program for Term 2, as we continue "Learning by the Lake".

— *John Collis*
President

COURSE CO-ORDINATOR'S REPORT:

To each of you reading this, please consider contributing to the continuing success of Tuggerah Lakes U3A by being a committee member or perhaps presenting a talk on a Monday or Friday talk day. By doing this you become more involved in the needs of the group and gain satisfaction by knowing that your involvement is contributing to keeping the group a viable one. Don't wait to be asked, speak with any committee member if you feel you could do more for the group than simply attend the activities.

The presenters for Term 2 most definitely cover a wide range of interests from travel to mysteries, that great big 'out there' of astronomy to the study of currency. Do come along and broaden your understanding of all the topics.

This term Pam McGlinn will present Oil and Gas in Australia, a talk which had to be cancelled in Term 1. As to the new-comers, there are three men each of whom has a really interesting area of expertise.

Keith Quinn takes us to India, specifically to the Taj Mahal Palace Hotel and the Parsi Community. Mysteries abound with Peter Cane's presentation offering solutions to mysteries such as Atlantis, The Ark of the Covenant and the Great Sphinx.

Numismatics may be an unfamiliar word but John Lambkin will do his best to make you familiar with currencies both current and now not used. If you have any odd, or old, coins or notes, bring them along and have John give you his thoughts on their rarity, or otherwise

As for the ladies, mystery is not the domain of the men for Margaret Bevege delves into some strange escapes.

Kathy de Flon will have you booking a ticket after she enthuses us for travel to South America and Lydia Macokatic will enthrall us with her understanding of and ability to have the 'ordinary' person in awe of her favourite topic, Astronomy.

If you have a friend or relative who has an interest in any of the topics for Term 2, you are most welcome to bring them along as a guest; all they will need is coffee money to enjoy a morning with Tuggerah Lakes U3A.

Gloria Watson
Vice-president and Course Co-ordinator

YARALLA **MONDAY**
The Edwardian Estate at Concord West

Speaker: Patricia Skehan
Secretary: John Collis (4333 9079)
Venue: diggers @ the entrance
Date: 6th May

Haven't heard of the Walker family of Yaralla? Come to this presentation and learn about the most significant Edwardian Estate in NSW and why the owners, the Walkers, left it to us, the people of NSW. There is rare film footage to be seen as well as hearing of Trish's visit to Britain to search for documents and photographs of the Walker family's royal connections.

OIL AND GAS IN AUSTRALIA **MONDAY**

Speaker: Pam McGlinn
Secretary: Doreen Morley (4385 7843)
Venue: diggers @ the entrance
Date: 20th May

Pam's talk tells of the creation of Ampol, the only Australian owned oil company. A fascinating David and Goliath story of one man who pitted himself against the international corporate giants of the oil industry. It is really the story of Sir William Gaston Walkley, remembered these days only by the awards which he founded and that today are the most highly sought-after media awards in Australia.

ASTRONOMY **MONDAY**

Speaker: Lydia Macokatic
Secretary: Betty Siegman (4332 0870)
Venue: diggers @ the entrance
Date: 3rd June

Lydia is an amateur astronomer with her own telescope, who first became interested in astronomy in the mid-1990's when she heard Astronaut, Dr Andy Thomas speak at the University of Newcastle about his mission to the Russian MIR space station. Soon after she joined the Newcastle Astronomical Society and has been their publicity officer for a number of years; also, until recently was their web-mistress. Today, Australian astronomers continue to explore the southern sky, learning more about the mysteries of the universe. Lydia will talk about her experiences in astronomy; her adventures to capture astronomical events and what keeps her interested in astronomy.

THE PARSİ COMMUNITY **MONDAY**
And the Taj Mahal Palace Hotel

Speaker: Keith Quinn
Secretary: Gloria Watson (4332 7077)
Venue: diggers @ the entrance
Date: 17th June

The Taj Mahal Palace Hotel opened in 1903 as part of Jamsetji Tata's vision to develop the city of Bombay. Jamsetji Tata belonged to the Parsi community. Who are the Parsis? From where did they originate? This presentation will give you an insight into Bombay's history and this unique Indian ethnic community. We've often heard the expression: 'If walls could speak!' The walls of the Taj tell a fascinating story. From the fantasy world of the Maharajas, the struggle for India's independence, right up to today's dot.com denizens . . . Intrigued? Come and hear and view a delightfully interesting video and commentary.

MOVIE APPRECIATION **MONDAY**

Leader: John Richards (4388 4945)
Venue: 34 Aston Wilde Ave, Chittaway Bay
Dates: 13th May, 27th May, 24th June.

Times: Please note, movies will be shown only in the mornings at 9.30-12noon

PLEASE BOOK AS PLACES ARE LIMITED
John offers a varied group of films for this term.

Monday, 13th May: THE BIG HEAT: (1953) 90mins. Drama. Glenn Ford, Gloria Grahame, Lee Marvin, Caroline Jones. Story of a cop determined to bust a city crime ring. Famous coffee-hurling scene with Grahame excellent as the bad girl who helps Ford.

Monday, 27th May: WITNESS FOR THE PROSECUTION: Tyrone Power, Marlene Dietrich, Charles Laughton. Another great trial drama. When a wealthy widow is murdered, her married suitor, (Power), is accused of the crime. His only hope is the testimony of his wife, (Dietrich), but his alibi is shattered when she reveals some secrets of her own.

Monday 24th June: Calendar Girls: (2003) 107 mins. Helen Mirren, Julie Walters, John Alderton, Annette Crosbie, Ciarin Hinds, Celia Imrie, Penelope Wilton. Based on the true story of middle-aged women in a small town who pose nude for a fund-raising calendar, with opposition from their Women's Institute. 'An engaging cast with delightful performances from Mirren and Walters.' (Leonard Malton.)

THE READERS GROUP **MONDAY**

Secretary: Doreen Morley
Venue: diggers @ the entrance
Dates: 29th Apr; 27th May; 24th June

This is not a Book Group - we don't all read the same book! You may choose your own book to speak about, relating to a specific author, genre or theme set for a certain day. Come along for a stimulating and interesting morning.

NOTE: 1. Venue locations—see Page 1.
2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.

WALKS:**TUESDAY****Contact: Barbara Skurr 4392 4158.**

All excursions require sensible shoes, sunscreen, hat and water.

Map references: WYONG 2013 Phone Directory.

May 7th: ROTARY PARK BUDGEWOI

Meet at 10:00 a.m. Map 25 A7

Bring morning tea/lunch.

May 21st: ART SHAPES UP

Meet 10:00 a.m. at RECEPTION

Kooindah Waters Golf Resort Map 28, A6.

Bring or buy morning tea/lunch

June 4th WYEE POINT

Meet 10:00 a.m. at Map 10, B3

Bring Morning tea/ lunch

June 18th CRACKNECK POINT

Meet 10 am Sutton Park Map 42 C3

Bring morning tea/lunch

KEEPING THE MARBLES ROLLING**TUESDAY**

Presenter: Rhonda McDiarmid (4332 2300)

Venue: diggers @ the entrance

Dates: 7th, 21st May; 4th, 18th Jun.

Time: 1:30—3:30 p.m.

This is based on a program developed to exercise the seven major mental functions, namely; verbal, numerical and spatial abilities: short and long term memory: logic; and creativity. All this is conducted in a non-competitive environment where each member can improve his or her mental skills.

The course was extremely popular last term, and will continue on a fortnightly basis. For those who attended last term there will be a charge of \$10 for new material. Newcomers are welcome to join the class, and there will be a charge of \$25 to them to cover the cost of material.

A TASTE OF TED TALKS**TUESDAY**

Presenter: Trevor Kruger (4332 5403)

Venue: diggers @ the entrance

Dates: 14th, 28th May; 11th June

Time: 1:30—3:30 p.m.

This term, we view a few of the 1400+ shorter, wide-ranging **TED TALKS**: videos given by world-renowned presenters. These discussion starters should be challenging, interesting and FUN.

WHY TED?

Definition: To spread . - Ideas Worth Spreading.

Those with access to computers will be encouraged to choose, preview and present talks they find of interest. (www.ted.com/talks)

Examples from TED -

Frank Warren: Half a Million Secrets

Gever Tulley: Five Dangerous Things You Should Let Your Kids Do.

Taylor Mali: What Teachers Make

If there is a satisfactory response to this trial, we hope to continue the course.

MUSIC APPRECIATION:**WEDNESDAY**

Leader: Betty Siegman (4332 0870)

Venue: The Berkeley Centre

Dates: 8th, 22nd May, 12th, 26th June.

Time: 10.15 am—12.15 pm.

We continue to learn about the lives of famous composers, how and why they wrote as they did. We present an interesting video, followed by a selection of their music. A friendly, happy group, and any lover of good music is most welcome.

CREATIVE WRITING WORKSHOP:**WEDNESDAY**

Leader: Pam McGlinn (4390 2451)

Venue: St. Davids Church Hall, Toukley

Dates: 1st, 15th May; 5th, 19th June.

The members of this very popular class seem to have a great time, and new members are always welcome. Contact Pam if you would like to try your hand at writing.

CRYPTIC CROSSWORDS:**WEDNESDAY**

Leader: Betty Siegman (4332 0870)

Venue: diggers @ the entrance

Dates: 1st, 15th May; 5th, 19th June.

A very lively class with lots of happy chatter, mostly (but not all) about crosswords. Beginners are always welcome. Not only do we learn the 'tricks' of doing cryptic crosswords, but have lots of fun doing so. After a few sessions you will become as addicted as the rest of us.

NOTE:

1. Venue locations—see Page 1.

2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.

FRENCH CONVERSATION AT HOME: THURSDAY

Leader: Henriette Vanechop (4396 7847)
Venue: 74 Evans Road, Canton Beach
Dates: 2nd, 9th, 16th, 23rd May;
6th, 13th, 20st June.
Time: 1.30pm –3.30pm

Contact Henriette if you are interested in learning French, either at a beginner level or to improve your conversational French. Esperanto is also available.

DISCUSSION GROUP: FRIDAY

Leader: Various members
Venue: diggers @ the entrance
Dates: 10th, 24th May; 14th, 28th June.

Members take turns to chair the meeting, and bring along topics for discussion by the group. This method is proving most successful. For further information, contact Tony Thomson (4358 3655)

MAH JONG: FRIDAY

Secretary: Pam McGlinn (4390 2451)
Venue: diggers @ the entrance
Dates: Every Friday from 3 May to 28 June.
Time: 1.30pm-3.30pm

Mah Jong is a game that originated in China, and involves skill, strategy and calculation. Come along any Friday and try your luck with this friendly group.

MYSTERIES OF LAND AND SEA FRIDAY

Speaker: Peter Cane
Secretary: John Collis (4333 9079)
Venue: diggers @ the entrance
Date: 3rd May.

Some mysteries are real, some fiction; let's see if we can separate the two! The mysteries I have chosen are: Atlantis, The Flying Dutchman, Bermuda Triangle, the Kraken, The Ark of the Covenant, the Great Sphinx, Loch Ness Monster and Woodhenge. There is a fascinating background and story to each of these mysteries.

NUMISMATICS FRIDAY

Speaker: John Lambkin
Secretary: Margaret Blundell (4397 1730)
Venue diggers @ the entrance
Date: 17th May

Bring along any foreign currency you have – you never can tell; it may be worth more than you think! Seriously, if you have any unusual coins or some that you know nothing about, bring them along and see what John has to say.

GREAT ESCAPES IN HISTORY FRIDAY

Speaker: Margaret Bevege
Secretary: Rhonda McDiarmid (4332 2300)
Venue: diggers @ the entrance
Dates: 7th June

From the time of the exit of the Israelites from Egypt, escapes have impacted on the course of history. By hiding in an oak tree Charles II escaped to eventually be restored but Bonnie Prince Charlie left Skye forever. Both Communist leaders, Lenin and Mao, escaped their enemies by contrasting means. We look into the background, personalities and consequences of some of the great escapes in history.

SOUTH AMERICAN ODYSSEY FRIDAY

Speaker: Kathy de Flon
Secretary: Gloria Watson (4332 7077)
Venue: diggers @ the entrance
Dates: 21st June

A tour of this fascinating continent which has ancient cultures, mystifying ruins, colonial splendour, breathtaking landscapes and wonderful people. Travel with Kathy from the city at the middle of the world to the city at the end of the world with a stop at Cape Horn on the way.



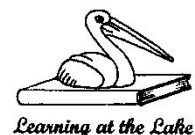
WELFARE REPORT

I am happy to report that our Members enjoyed good health during the first quarter of this year and as a consequence no 'Get Well Soon' cards were needed. Hopefully Members will continue to experience good health during our second quarter, but if not, please remember that we are always ready to send a card to a Member who is unwell, to let them know we are thinking of them. A phone call or email to me will ensure a 'Get Well Soon' card will be sent within one to two days. We also send 'Sympathy' cards, if requested, in cases of bereavement.

- *Doreen Morley*

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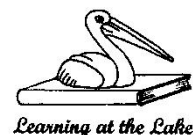
Tuggerah Lakes U3A Inc
Course Calendar: 2013 – TERM 2
29th April—28th June



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Apr	30 Apr	1 May	2 May	3 May
READERS GROUP Doreen Morley (diggers)		CRYPTIC CROSSWORDS Betty Siegman (diggers) CREATIVE WRITING WORKSHOP (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30pm-3:30pm (Canton Beach)	MYSTERIES OF LAND AND SEA Peter Cane (diggers) MAH JONG 1.00pm-3.30pm (diggers)
6 May	7 May	8 May	9 May	10 May
YARALLA Edwardian Estate at Concord West Patricia Skehan (diggers)	WALK ROTARY PARK BUDGEWOI (See page 4) KEEPING THE MARBLES ROLLING Rhonda McDiarmid 1:30pm-3.30pm (diggers)	MUSIC APPRECIATION Betty Siegman 10.15am-12.15pm (TBC)	FRENCH CONVERSATION Henriette Vanechop 1.30pm-3:30pm (Canton Beach)	DISCUSSION GROUP Leader: see page 5 (diggers) MAH JONG 1.00pm-3.30pm (diggers)
13 May	14 May	15 May	16 May	17 May
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay)	TED TALKS See page 4 Trevor Kruger 1:30pm-3:30pm (diggers)	CRYPTIC CROSSWORDS Betty Siegman (diggers) CREATIVE WRITING WORKSHOP (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30pm-3:30pm (Canton Beach)	NUMISMATICS The Study of Currency John Lambkin (diggers) MAH JONG 1.00pm-3.30pm (diggers)
20 May	21 May	22 May	23 May	24 May
OIL AND GAS IN AUSTRALIA Pam McGlinn (diggers)	WALK ART SHAPES UP (See page 4) KEEPING THE MARBLES ROLLING Rhonda McDiarmid 1:30pm-3.30pm (diggers)	MUSIC APPRECIATION Betty Siegman 10.15am-12.15pm (TBC)	FRENCH CONVERSATION Henriette Vanechop 1.30pm-3:30pm (Canton Beach)	DISCUSSION GROUP Leader: see page 5 (diggers) MAH JONG 1.00pm-3.30pm (diggers)

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Tuggerah Lakes U3A Inc
Course Calendar: 2013– TERM 2
29th April—28th June



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 May	28 May	29 May	30 May	31 May
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay) READERS' GROUP Doreen Morley (diggers)	TED TALKS See page 4 Trevor Kruger (diggers)			MAH JONG 1.00pm-3.30pm (diggers)
3 Jun	4 Jun	5 Jun	6 Jun	7 Jun
MY ADVENTURES IN ASTRONOMY Lydia Macokatic (diggers)	WALK WYEE POINT (see page 4) KEEPING THE MARBLES ROLLING Rhonda McDiarmid 1:30pm-3.30pm (diggers)	CRYPTIC CROSSWORDS Betty Siegman (diggers) CREATIVE WRITING WORKSHOP (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30pm-3:30pm (Canton Beach)	GREAT ESCAPES IN HISTORY Margaret Bevege (diggers) MAH JONG 1.00pm-3.30pm (diggers)
10 Jun	11 Jun	12 Jun	13 Jun	14 Jun
QUEENS BIRTHDAY PUBLIC HOLIDAY	TED TALKS See page 4 Trevor Kruger (diggers)	MUSIC APPRECIATION 10.15am-12.15pm (TBC)	FRENCH CONVERSATION Henriette Vanechop 1.30pm-3:30pm (Canton Beach)	DISCUSSION GROUP Leader: see page 5 (diggers) MAH JONG 1.00pm-3.30pm (diggers)
17 Jun	18 Jun	19 Jun	20 Jun	21 Jun
THE PARSİ COMMUNITY And the Taj Mahal Palace Hotel Keith Quinn (diggers)	WALK CRACKNECK POINT (see page 4) KEEPING THE MARBLES ROLLING 1:30pm-3.30pm (diggers)	CRYPTIC CROSSWORDS Betty Siegman (diggers) CREATIVE WRITING WORKSHOP (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30pm-3:30pm (Canton Beach)	SOUTH AMERICAN ODYSSEY Kathy de Flan (diggers) MAH JONG 1.00pm-3.30pm (diggers)
24 Jun	25 Jun	26 Jun	27 Jun	28 Jun
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay) READERS' GROUP Doreen Morley (diggers)		MUSIC APPRECIATION Betty Siegman 10.15am-12.15pm (TBC)		DISCUSSION GROUP Leader: see page 5 (diggers) MAH JONG 1.00pm-3.30pm (diggers)

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