



Tuggerah Lakes NeWs

Tuggerah Lakes U3A Inc

July 2015

Website: www.tugglakesu3a.info

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FROM THE EDITOR:

So now we have finished Term 2 and passed the shortest day. Make the most of this cool weather, we'll soon be complaining about the heat.

Talking of which, I was surprised to hear in Betty Brown's excellent series on Deserts, that they can be very cold, and can also exist in very cold climates. That is why it is so great to belong to U3A, to be able to attend interesting talks where we learn new facts, take part in engrossing activities and make good friends.

I hope you all sing the praises of U3A to your friends. There is absolutely no need for anyone to sit at home feeling lonely, we are quite a sociable group of people, and newcomers are always made welcome.

Our regular activities will all continue, each one has a loyal group of attendees, and there is usually lots of fun to be had. We have an interesting line-up of talks this term, and I for one hope to be able to come along to all of them. Details of the talks can be found on page 5 of this Newsletter.

I look forward to seeing many of you there.

- Betty Siegman.

IMPORTANT ANNOUNCEMENT— VENUES:

Please note the venue addresses below as space constraints prevent us from using the full addresses on the calendar.

diggers:

The Entrance Rd (or Gallipoli St), Long Jetty

TBC: The Berkeley Centre, Berkeley Vale

Cnr Berkeley Rd & Heather Ave

Tk-SDCh: St Davids Church Hall

Cnr Hargraves and Victoria Sts, Toukley

French Conversation:

74 Evans Rd, Canton Beach

Movies: 34 Aston Wilde Ave, Chittaway Bay

President:	Pam McGlinn	4390 2451
Vice President:	Gloria Watson	4332 7077
Secretary:	Gail Shore	4333 6272
Treasurer:	Rhonda MacDiarmid	4332 2300
Venue Co-ordinator:	Gloria Watson	4332 7077
Membership:	John Collis	4333 9079
Publicity	Pat Carlton	4394 0228
Welfare Officer:	Marjorie Nilsson	4396 1432
Newsletter Editor:	Betty Siegman	4332 0870
Committee	Jim Cunningham	4399 3590
Committee	Doreen Morley	4385 7843
Committee	Margareta Tauni	4332 5408
Correspondence:	The Secretary	
	PO Box 6295	
	Long Jetty 2261	

NEW ACTIVITY

Every Friday afternoon at diggers, come along from 1pm to 3:30pm to a games afternoon.

Bring your favourite board game and look for enthusiasts with similar interests.

Mah Jong, scrabble or any of the popular board games.

You don't have to bring your own. There will be enough there for general use.

If interested, ring Pam on 4390 2451

MEMBERSHIP FEES:

Membership Year is 1 January to 31 December.

ANNUAL FEE: (Renewal): \$20.

NEW MEMBERSHIP FEE: \$5 for each Term (or part thereof) for remainder of year.

New Members: Membership Form and Money
Renewals: Name, Membership No. and Money
(no renewal form needed)

to

Rhonda MacDiarmid

PO Box 4019

Bay Village NSW 2261

OR direct deposit

Westpac BSB: 032 525, A/c 13 4075

Include YOUR NAME and MEMB. NO. with deposit

TERM :

Start: 13th July

Finish: 18th September

FROM THE PRESIDENT:

Here we are with the year half over already, into our third term and the days getting longer every day. Our membership has been down this year, which is a disappointment as we try every way we can to give our members interesting courses and talks they like to attend. As we have said many times if there are some things you would like to have introduced, or topics you would like to have to talk about then please notify any member of our committee. Alternatively, if you would like to give a talk at one of our regular Friday lectures, or even start up a course yourself then mention it to us and we will certainly fit you into our schedule. There is a U3A Resource Library on almost every topic you can think of. These usually come with talks already prepared and power point presentations as well. They are always available, all we need is somebody to stand up and speak about them.

All our regular courses are continuing, but we have introduced a general games afternoon every Friday, which has previously been for Mah-Jong only. Mah-Jong continues, but we now have more flexibility with our games. If you have a particular game you like to play, perhaps something out of the ordinary, then come along and bring it, and teach it to us all.

We hope this idea will help to get members coming and meeting with people they would otherwise not be seeing, and therefore getting to know new people. We have a strong emphasis on the social aspect of our club, and as has been noted before by our Regional Director, the smaller numbers that we have here, help us to get to know more of our members on a personal basis. Most of the U3As with larger memberships do not have the same conviviality at their meetings as we do, as so many of them are strangers to each other.

I do hope you all enjoy the various activities for term 3 and look forward to seeing many of you at our various classes.

Pam McGlinn.

WELFARE REPORT:

The only notifications received since last term are for Jim Cunningham and Gwynn Wakeham, who we trust have both made good recoveries.

Remember to let us know if there is anyone who may appreciate a card or call, to aid their recuperation.

~ *Marjorie Nilsson*
Welfare Officer

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### Let's have a bit of pun ....

I'm reading a book about anti-gravity. It's impossible to put down.

I don't trust these stairs because they're always up to something.

I used to be a banker but I lost interest.

To write with a broken pencil is pointless.

Einstein developed a theory about space, and it was about time too.

Time flies like an arrow. Fruit flies like a banana.

I once heard a joke about amnesia, but I forgot how it goes.

A relief map shows where the restrooms are.

A new type of broom came out, it is sweeping the nation.

I used to have a fear of hurdles, but I got over it.

Sleeping comes so naturally to me, I could do it with my eyes closed.

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PLAY READING**MONDAY**

Leader: Christine Kilner (4399 2748)
 Email: chrisatseakay@gmail.com
 Venue: diggers @ the entrance
 Dates: 20th Jul; 3rd, 17th Aug; 7th Sep

Play Reading is continuing to be very popular. Christine has many scripts ready to go; if you are interested in joining a fun group, please contact her. Members of the male persuasion will be made most welcome.

MOVIE APPRECIATION**MONDAY**

Leader: John Richards (4388 4945)
 Venue: 34 Aston Wilde Ave, Chittaway Bay
 Dates: 13th, 27th Jul; 10th, 24th Aug; 14 Sep

Movies shown 9.30-12noon Please book

Monday, 13 July: THE PARADINE CASE:1947 (110 mins) Gregory Peck, Ann Todd, Charles Laughton, Charles Coburn, Ethel Barrymore, Alida Valli. After being accused of poisoning her older blind husband, Mrs Paradine (Ann Todd) hires defence lawyer Anthony Keane (Gregory Peck). He finds himself drawn to his glamorous defendant, and this convinces him that she's innocent. But is she?

Monday, 17 July: THE EMPEROR'S CLUB, : 2002 Drama (109 mins) Kevin Kline, Steven Culp, Patrick Dempsey, Joel Gretch. A dedicated Classics professor at an exclusive prep school puts his faith in a troublesome boy. The plot turns as it tackles nuances of ethics and morality.

Monday, 10 August: MIDNIGHT LACE: 1960 Thriller (93 mins) Doris Day, Rex Harrison, John Gavin. A newly-wed heiress, Doris is slowly being driven mad by life-threatening phone calls and 'near fatal' accidents. But who would want to kill her? Suspenseful with a shock ending.

Monday, 24 August: PHANTOM LADY: 1944 (84 mins) Ella Raines, Alan Curtis, Franchot Tone, Fay Helm, Regis Toomey. Film noir suspense as an innocent man (Curtis) is framed for the murder of his wife. His secretary (Raines) seeks the real killer with the help of Curtis's best friend (Tone). Produced by Joan Harrison, former screen writer to Alfred Hitchcock.

Monday, 14 September: VERTIGO: 1984 (128 mins) James Stewart, Kim Novak, Barbara Bel Geddes. Alfred Hitchcock mystery. A detective is forced to retire after his fear of heights causes the death of a fellow policeman and perhaps, the death of a woman he had been hired to follow.

THE READERS GROUP**MONDAY**

Secretary: Vicki Rollinson (4389 1984)
 Email: vroлло@hotmail.com
 Venue: diggers @ the entrance
 Dates: 27th Jul; 24th Aug

This is not a Book Group - we don't all read the same book! You may choose your own book to speak about, relating to a specific author, genre or theme set for a certain day. Come along for a stimulating and interesting morning.

WALKS:**TUESDAY**

Contact: Barbara Skurr 4392 4158.

All excursions require sensible shoes, sunscreen, hat and water.

All walks commence at 10:00 am.

Map references: WYONG 2015 Phone Directory.

21st July SUMMERLAND POINT

Meet Sandy Beach Reserve

Map 13 B 3

Bring food and drinks

4th August MAGENTA SHORES

Meet at the Clubhouse

Map 37 E 5

Bring or buy food/drinks

18th August WARNIES Warnervale

Meet Warnies General Store

Map 23 D 9

Bring/buy food and drinks

1st September HAMMOND CANAL

Meet John Howard Reserve

Map 25 3 F

Bring food/drinks

15th Sept CRACKNECK POINT

Meet Parkside Ave Bateau Bay

Map 46 C 3

Bring food/drinks

KEEPING THE MARBLES ROLLING**TUESDAY**

Presenter: Rhonda MacDiarmid (4332 2300)

Email: rxm55@bigpond.com

Venue: diggers @ the entrance

Dates: 21 Jul; 4th, 18th Aug; 1st Sep

Time: 1:00—3:00 p.m.

A very challenging and interesting afternoon. If you wish to attend for the first time, please contact Rhonda. There is a small charge to cover the copying cost of the course material.

NOTE:

1. Venue locations—see Page 1.

2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.

CONVERSATIONS**TUESDAY**

Contact: Betty Siegman (4332 0870)
 Email: betty_siegman@hotmail.com
 Venue: diggers @ the entrance
 Dates: 14th, 28th Jul; 11th, 25th Aug; 8 Sep
 Time: 1:00—3:00 p.m.

Members of the class are encouraged to suggest a topic suitable for discussion, from the wide range available at <http://www.ted.com/talks>. A short selection, typically three of about 10 minutes each, is emailed to the class for viewing at home. If the topic interests you, come along to the class, where we re-screen the clips, and break after each one for some lively discussion. This is becoming an interesting afternoon, new members and opinions are always welcome.

Topics we talked about last term were:

The Power of the Media

Feminism

The Future of Africa

Alternative Energy

Perhaps there is a topic you are interested in. If so, why not suggest it to our committee, we are always looking for new ideas.

MUSIC APPRECIATION:**WEDNESDAY**

Leader: Betty Siegman (4332 0870)
 Venue: The Berkeley Centre
 Dates: 22nd Jul; 12th, 26th Aug; 9th Sep

If you love classical music, why not come along and refresh your soul for a couple of hours amongst like-minded friends. Learn something about the lives of famous composers, what they are like as real people.

CREATIVE WRITING WORKSHOP:**WEDNESDAY**

Leader: Pam McGlinn (4390 2451)
 Venue: St. Davids Church Hall, Toukley
 Dates: 15th Jul; 5th, 19th Aug; 2nd, 16th Sep
 Time: 9:30 to 12:00.

We are going well in our new timeslot and the extra time means we all have plenty of time to read our 'creative' efforts. After all, there is no point in being a budding writer unless you have an audience to read to. Our classes are a lot of fun, with some of the efforts produced in class time causing much hilarity. Come along and join the fun.

CRYPTIC CROSSWORDS:**WEDNESDAY**

Leader: Betty Siegman (4332 0870)
 Venue: diggers @ the entrance
 Dates: 15th Jul; 5th, 19th Aug; 2nd, 16th Sep

A very lively class with lots of happy chatter, mostly (but not all) about crosswords. Beginners are always welcome. Not only do we learn the 'tricks' of doing cryptic crosswords, but have lots of fun doing so. After a few sessions you will become as addicted as the rest of us, and mightily impress all your friends.

FRENCH CONVERSATION AT HOME:**THURSDAY**

Leader: Henriette Vanechop (4396 7847)
 Venue: 74 Evans Road, Canton Beach
 Dates: 16th, 23rd Jul; 6th, 13th, 20th Aug;
 3rd, 10th, 17th Sep
 Time: 1.30pm –3.30pm

Contact Henriette if you are interested in learning French, either at a beginner level or to improve your conversational French. Esperanto is also available.

DISCUSSION GROUP:**FRIDAY**

Leader: Tony Thomson (4358 3655)
 Email: tonyt@westnet.com.au
 Venue: diggers @ the entrance
 Dates: 24th Jul; 14th, 28th Aug; 11th Sep

Members are invited to take turns to chair the meeting, and bring along topics for discussion by the group. This group has been meeting for quite some time, and is extremely popular.

GAMES AFTERNOON:**FRIDAY**

Secretary: Pam McGlinn (4390 2451)
 Email: pamlakeside@bigpond.com.au
 Venue: diggers @ the entrance
 Dates: Every Friday from 17th July to 18th Sept
 Time: 1.00pm-3.30pm

We have decided to trial a general games afternoon this term. Why not come along and have some fun with fellow members. Details are on page 1 of this Newsletter.

NOTE:

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~~ FRIDAY TALKS ~~

— 17th JULY —

TWO FAMOUS AUSTRALIANS

Part 1: OLA COHN

Speaker: Peter Cane
Secretary: Rhonda MacDiarmid (4332 2300)
Venue: diggers @ the entrance

Ola, born in 1892, is better known in Victoria than elsewhere. She painted the Fairies Tree in Melbourne's Fitzroy Gardens. Her sculptures are many and various and should be more widely known. She carved in wood, stone and bronze.

Part 2: C.J. DENNIS

CJ Dennis was the nom de plume of Clarence Michael Stanislaus Dennis, one of Australia's best known poets. His 'okker' style was popular and he was the author of the well known Australian play "The Sentimental Bloke" which was made into a musical. His love of the bush and his poetry which reflected this has inspired others. He also wrote a number of nonsensical poems for children.

— 7th AUGUST —

THE DEAD SEA SCROLLS (Part I):

Speaker: Jan Henderson
Secretary: Doreen Morley (4385 7843)
Venue: diggers @ the entrance

The Dead Sea scrolls are at least 2000 years old but were only found in 1947 in very interesting circumstances. They are not the oldest manuscripts found but are considered to be the major archaeological find of the last century. They travelled through some very interesting hands before the world was made aware of their existence. Some of these hands were less than honourable and present a very intriguing story.

— 21st AUGUST —

THE DEAD SEA SCROLLS (Part II):

Speaker: Jan Henderson
Secretary: Margaret Tauni (4332 5408)
Venue: diggers @ the entrance

Jan will complete her talk on the Dead Sea Scrolls.

— 4th SEPTEMBER —

WONDERFUL WORLD OF DICTIONARIES:

Speaker: Rodney Russell
Secretary: Betty Siegman (4332 0870)
Venue: diggers @ the entrance

The session begins with a brief overview of the sources of the English Language, an explanation of some terms connected with dictionaries and a discussion of what makes a 'good' dictionary. We will then take a look at 'dictionaries' that appeared before the OED. Particular attention will be paid to Samuel Johnson and his very innovative dictionary of 1755.

— 18th SEPTEMBER —

NORFOLK ISLAND:

Speaker: Pam McGlenn
Secretary: John Collis (4333 9079)
Venue: diggers @ the entrance

Part I:

As mentioned in a previous newsletter, nine of us travelled to Norfolk Island earlier this year and there we learned much of its history, and the three definitive settlements which occurred there.

Part II:

A brief description of our trip and what we did, with emphasis on the personal history of two of our travellers, Kath Sewell and her sister, Irene Smith who have a fascinating connection to the earliest days of the Island. Lots of our own photos also as we speak of modern Norfolk Island.

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U3A NETWORK NEW SOUTH WALES - Conference 2015

U3A Southern Highlands hosted the 2015 Conference with the theme “The Art of Belonging”, from Wednesday, 29 April to Friday, 1 May. A record attendance of almost 200 people, from 40 U3As attended the Conference and AGM. There was a meeting of the large U3As and the Regional Representatives during the afternoon at Bowral Community Centre. Then the Civic Reception was held at the Bradman Museum in Bowral.

Thursday and Friday mornings started with a guided from the RSL club around Mittagong. The Balance ‘n’ Bones exercise class was available for those who chose not to walk.

After registration and official opening the keynote speaker took the stage. Hugh Mackay spoke to the Conference theme and the title of his latest book – “The Art of Belonging”. He talked of our need to belong to groups such as family, team, club, school and community. How strong communities develop our moral sense and build our emotional security. He said that as social creatures we can only reach our potential when we engage with our communities – in the local neighbourhood, at work, and even online.

The morning workshop that I attended was “**Sowing Ideas and Sharing Results**”. Some of the ideas included: Saturday talks, wine groups, social dinner, monthly lunch, field trips, excursions, technology for grandparents, monthly member gatherings, and exercise classes.

One course that has run successfully is “LIFE and TIMES of ? ? ?”. To be successful, set the room as informally as possible and run the session informally – 6 degrees of separation, – series of questions .
– participatory.

Guest speaker, Tony Whittingham, spoke of Third Age Learning in a Digital World. The Internet allows us to learn in ways that we never could have imagined. Smartphones, tablets and other digital devices have created a digital world that provides amazing lifelong learning opportunities for seniors. This address outlined the results of research that demonstrate why learning is important for seniors, the new knowledge and skills that can enhance our Third Age and how we can become connected learners in the digital world.

In his presentation many websites were shown and can be found at the following links:

<http://lifelonglearn.wikispaces.com/U3A+CONFERENCE>

<http://www.slideshare.net/tonywh/u3a-third-age-learning-in-a-digital-world>

The afternoon workshop was titled “Bulldust Baffles Brains”. The speaker, Bill Buykx, presented an interesting and often amusing lecture. After a career in nuclear science, an interest in the working of the human mind motivated Bill Buykx to do a Master’s degree in Cognitive Science. Since then he has given many U3A courses in this field, but is still baffled by our willingness to believe the bulldust served up by politicians, advertisers, and the media. He wanted to present some ideas for distinguishing between bulldust and reasoned argument:

Should we believe everything politicians, spin doctors, salesmen, advertisers, and the media, tell us? Many people are sucked in by the most unbelievable claims (not us, of course). We looked at how to use sound reasoning, and logic, to find out what is believable, and what is just plain bulldust.

The presentation by the Highland Buskers – an orchestra with a varied range of instruments including cello, guitars, recorders, flutes, clarinet, xylophone, keyboards, violins and harp – had several getting up to dance in the aisles - while the Southern Highlands U3A choir (50 members) brought the proceedings to a happy conclusion.

Rhonda MacDiarmid

Tuggerah Lakes U3A Inc
Course Calendar: 2015 – TERM 3
13th July—18th September



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
13 Jul	14 Jul	15 Jul	16 Jul	17 Jul
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay)	CONVERSATIONS Betty Siegman 1:00pm-3:00pm (diggers)	CRYPTIC CROSSWORDS Betty Siegman (diggers) CREATIVE WRITING 9:30-12:00 (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30pm-3:30pm (Canton Beach)	TWO FAMOUS AUSTRALIANS Peter Cane (diggers) GAMES AFTERNOON 1.00pm-3.30pm (diggers)
20 Jul	21 Jul	22 Jul	23 Jul	24 Jul
PLAY READING Christine Kilner (diggers)	SUMMERLAND POINT Walk, see page 3 MARBLES ROLLING Rhonda McDiarmid 1:00pm-3.00pm (diggers)	MUSIC APPRECIATION Betty Siegman (TBC)	FRENCH CONVERSATION Henriette Vanechop 1.30pm-3:30pm (Canton Beach)	DISCUSSION GROUP Tony Thomson (diggers) GAMES AFTERNOON 1.00pm-3.30pm (diggers)
27 Jul	28 Jul	29 Jul	30 Jul	31 Jul
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay) READERS GROUP Vicki Rollinson (diggers)	CONVERSATIONS Betty Siegman 1:00pm-3:00pm (diggers)			GAMES AFTERNOON 1.00pm-3.30pm (diggers)
3 Aug	4 Aug	5 Aug	6 Aug	7 Aug
PLAY READING Christine Kilner (diggers)	MAGENTA SHORES Walk, see page 3 MARBLES ROLLING Rhonda McDiarmid 1:00pm-3.00pm (diggers)	CRYPTIC CROSSWORDS Betty Siegman (diggers) CREATIVE WRITING 9:30-12:00 (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30pm-3:30pm (Canton Beach)	DEAD SEA SCROLLS Part I Jan Henderson (diggers) GAMES AFTERNOON 1.00pm-3.30pm (diggers)
10 Aug	11 Aug	12 Aug	13 Aug	14 Aug
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay)	CONVERSATIONS Betty Siegman 1:00pm-3:00pm (diggers)	MUSIC APPRECIATION Betty Siegman (TBC)	FRENCH CONVERSATION Henriette Vanechop 1.30pm-3:30pm (Canton Beach)	DISCUSSION GROUP Tony Thomson (diggers) GAMES AFTERNOON 1.00pm-3.30pm (diggers)

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Course Calendar: 2015– TERM 3
13th July—18th September



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
17 Aug	18 Aug	19 Aug	20 Aug	21 Aug
PLAY READING Christine Kilner (diggers)	'WARNIES' Walk, see page 3 MARBLES ROLLING Rhonda McDiarmid 1:00pm-3:00pm (diggers)	CRYPTIC CROSSWORDS Betty Siegman (diggers) CREATIVE WRITING 9:30-12:00 (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30pm-3:30pm (Canton Beach)	DEAD SEA SCROLLS Part II Jan Henderson (diggers) GAMES AFTERNOON 1.00pm-3.30pm (diggers)
24 Aug	25 Aug	26 Aug	27 Aug	28 Aug
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay) READERS GROUP Vicki Rollinson (diggers)	CONVERSATIONS Betty Siegman 1:00pm-3:00pm (diggers)	MUSIC APPRECIATION Betty Siegman (TBC)		DISCUSSION GROUP Tony Thomson (diggers) GAMES AFTERNOON 1.00pm-3.30pm (diggers)
31 Aug	1 Sep	2 Sep	3 Sep	4 Sep
	HAMMOND CANAL Walk, see page 3 MARBLES ROLLING Rhonda McDiarmid 1:00pm-3:00pm (diggers)	CRYPTIC CROSSWORDS Betty Siegman (diggers) CREATIVE WRITING 9:30-12:00 (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30pm-3:30pm (Canton Beach)	THE WONDERFUL WORLD OF DICTIONARIES Rodney Russell (diggers) GAMES AFTERNOON 1.00pm-3.30pm (diggers)
7 Sep	8 Sep	9 Sep	10 Sep	11 Sep
PLAY READING Christine Kilner (diggers)	CONVERSATIONS Betty Siegman 1:00pm-3:00pm (diggers)	MUSIC APPRECIATION Betty Siegman (TBC)	FRENCH CONVERSATION Henriette Vanechop 1.30pm-3:30pm (Canton Beach)	DISCUSSION GROUP Tony Thomson (diggers) GAMES AFTERNOON 1.00pm-3.30pm (diggers)
14 Sep	15 Sep	16 Sep	17 Sep	18 Sep
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay)	CRACKNECK POINT Walk, see page 3 NO MARBLES ROLLING TODAY	CRYPTIC CROSSWORDS Betty Siegman (diggers) CREATIVE WRITING 9:30-12:00 (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30pm-3:30pm (Canton Beach)	NORFOLK ISLAND Pam McGlinn (diggers) GAMES AFTERNOON 1.00pm-3.30pm (diggers)

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