



# TUGGERAH LAKES NEWS

Tuggerah Lakes U3A Inc.

January 2017

Website: www.tugglakesu3a.info

news-0117pub

## FROM THE EDITOR:

A Happy New Year to all our members. We hope you will enjoy the courses we have on offer this term. There are a few changes; Conversations will continue, but once a month only, it is becoming difficult to find subject matter, and I welcome any suggestions.

The Discussion Group will meet at the larger Activity Room in the Banksia Centre, an excellent facility located at 7 Sir Joseph Banks Drive, Bateau Bay. It is well served by public transport, and we hope many of you will be able to attend.

**This term we offer a new course, entitled My Memoirs.** This is being presented by John Haydon, a qualified TAFE teacher of Film and Television. If your family have been urging you to record some of your life, now is the time to start. John will help and guide you along the way and there is no compulsion to share your work with others unless you wish to do so. See Pages 2 and 3 for details of this course.

Most of our other courses continue, and we have an excellent program of talks for your enjoyment.

*Betty Siegman  
- Editor*

### MEMBERSHIP FEES:

Membership Year is 1 January to 31 December.

**ANNUAL FEE: (Renewal): \$20.**

**NEW MEMBERSHIP FEE: \$5 for each Term (or part thereof) for remainder of year.**

**New Members: Membership Form and Money  
Renewals: Name, Money & Membership No  
(no renewal form needed)**

to  
Rhonda MacDiarmid  
PO Box 4019  
Bay Village NSW 2261

**OR direct deposit**  
Westpac BSB: 032 525, A/c 13 4075  
Include YOUR name and Memb. No with deposit

President:	Vicki Rollinson	4389 1984
Vice President:	Pam McGlenn	4390 2451
Secretary:	Margaret Blundell	4306 2468
Treasurer:	Rhonda MacDiarmid	4332 2300
Membership:	John Collis	4333 9079
Welfare Officer:	Gail Shore	4333 6272
Newsletter Editor:	Betty Siegman	4332 0870
Committee	Helen Rawlings	4334 5818

Correspondence: The Secretary  
PO Box 6295  
Long Jetty 2261

## ~ ~ ~ VENUES ~ ~ ~

Please note the venue addresses below as space constraints prevent us from using the full addresses on the calendar.

**Chittaway Bay: Movie Appreciation**  
34 Aston Wilde Ave, Chittaway Bay

**TECC: The Entrance Community Centre**  
15 Battley Ave The Entrance (cnr Oakland)

**D Rhodes: Readers Group**  
52 Lucinda Ave Killarney Vale

**Tigers: The Entrance Leagues Club**  
Bay Village Shopping Centre, southern end

**Greens: The Entrance Bowling Club**  
Warrigal St (Cnr Park Rd)

**TBC: The Berkeley Centre, Berkeley Vale**  
Cnr Berkeley Rd & Heather Ave

**Tk-SDCh: St David's Church Hall**  
Cnr Hargraves & Victoria Sts, Toukley

**Canton Beach: French Conversation**  
74 Evans Rd, Canton Beach

**Mah Jong:** Home of Rhonda MacDiarmid  
6 Moorlan Ave Killarney Vale

**TELJ RSL Hall: Friday Talks**  
Hume B'vard, near Brooke Ave, K'ney Vale

**Discussion Group:** Banksia Centre  
7 Sir Joseph Banks Drive Bateau Bay

**TERM: Start: Mon 30th January  
Finish: Friday 7th April**

## **FROM THE PRESIDENT:**

Hello to all members, I would like to introduce myself to all those who do not know me. I have been a member of the Reading Group for several years, and very much enjoy the group. Although we have had to move venues for the group, we have been very fortunate to have been able to have our meetings at the home of Dorothy Rhodes. She has been very generous, and offered her home for the meetings for this year as well, and I think I speak for all those attending, we very much appreciate her generosity. We are very privileged to enjoy her premises and company.

I have attended my first AGM, and feel very confident that U3A is in "good hands". I found all the committee members enthusiastic and helpful. They were not only helpful to me, they are very helpful in ensuring all goes well with U3A. They all work hard to ensure it keeps going on an even keel, and that all the different groups are able to run with maximum ease and enjoyment.

One of the goals I have set for myself is to endeavour to bring more members to the group. At present, although we are small in numbers, we have a very cohesive and friendly group. While we would like to increase our membership, we would also like to keep it friendly, interesting and relevant. With this in mind, if anyone has any suggestions or ideas on how to achieve these goals, please do not hesitate to contact any of the committee members to discuss them.

I look forward to a good year with U3A and thank you all for your trust in me. I only hope I can live up to it.

*Vicki Rollinson*

## **WELFARE**

We have had two sadnesses in our midst.

Fay Wynd's husband passed away in November last year. We offer Fay our sincere condolences.

A recent U3A member, Norma Cunningham, passed away in December. Norma had belonged to the Crosswords group.

*Gail Shore  
Welfare*

## **What's Your Story?**

Everyone has a story. You've probably told people bits of it over the years but never written it down. Were there highlights and lowlights, and some life-changing events? What about your siblings and family, they all affect your life? If you put all those things together in one place, is there a pattern? Almost certainly, because the past stories that you've often recalled or spoken about, are the way in which your brain stores your thoughts and beliefs to build the personality that is you. It becomes your meaning structure/life story. By writing your anecdotes down you may begin to see how you grew into the person you are today - possibly much more interesting to others than you may have previously thought. We'll begin by noting down where and how you grew up, your school years, your family, children, work, friends, interests and hobbies - right up until now. You may be surprised at how much of your personal memories are historically interesting.

This class is where participants can write down your thoughts, short stories, or parts of your life, with two weeks in between each class to add more to your notes and hints and write your thoughts down on paper. The course leader, who has written some of his own stories as part of other U3A groups, can supply other ideas to help jog your memory. If you want, there can be an opportunity to read some of your work to the others in the class. It's not compulsory, and it doesn't matter if it's incomplete, as there'll be tips and guidance offered. So don't put it off, no excuses, start now. Bring a pen or pencil along, and some paper, or a notebook.

The course leader is an ex TAFE teacher of Film & Television, and senior education officer, whose specialty was originally technical. His additional experience with communication skills, gained through developing educational texts and re-writing, correcting other writers' English to make it more readable, is also available.

See Page 3 for details of venue and times.

**PLAY READING: MONDAY**

Leader: Christine Kilner (4399 2748)  
Email: chrisatseakay@gmail.com  
Venue: TE Community Centre, Battley Ave  
Dates: 6th, 20th Feb; 6th, 20th Mar; 3rd Apr.

If you have always hankered for the footlights, why not join our group. Newcomers are always welcome, and we have a lot of fun. We are now meeting at the Entrance Community Centre, Room C (next door to the cafe).

**MOVIE APPRECIATION: MONDAY**

Leader: John Richards (4388 4945)  
Venue: 34 Aston Wilde Ave, Chittaway Bay  
Dates: 13th, 27th Feb; 13th, 27th Mar.

**Times: Movies shown mornings, 9.30-12noon**

**PLEASE BOOK AS PLACES ARE LIMITED**

**Monday, 13 FEBRUARY: BOY CHOIR:** 2014 (106 mins) Dustin Hoffman, Josh Lucas, Kathy Bates. Stet, a troubled and angry 11-year-old orphan from a small Texas town, ends up at a Boy Choir school back East after the death of his single mom. Completely out of his element, he finds himself in a battle of wills with a demanding Choir Master who recognizes a unique talent in this young boy as he pushes him to discover his creative heart and soul in music.

**Monday, 27 FEBRUARY: CALL NORTHSIDE 777:** 1948 (112 mins): The true story of a reporter who corrects a miscarriage of justice. Eleven years after Frank Wiecek, (Richard Conte), is jailed for murdering a police officer, his mother runs an ad offering \$5000 for information about the real killer. Newspaper editor, (Lee J Cobb), assigns reporter, (James Stewart), to investigate the story, and he soon gathers evidence which leads him to believe Wiecek is innocent.

**Monday, 13 MARCH: WRITTEN ON THE WIND:** 1957 (99 mins): Rock Hudson, Lauren Bacall, Robert Stack, Dorothy Malone. Robert Stack is a playboy heir to an oil dynasty, who falls in love with beautiful gold-digger, Lauren Bacall. Rock Hudson is in love with Stack's wild sister, Dorothy Malone. proving that money can't buy happiness, the two relationships wreak havoc on the oil industry.

**Monday, 27 MARCH: TO CATCH A THIEF:** 1955 (106 mins) Cary Grant, Grace Kelly, John Williams. John Robie, (Grant), is a one-time cat burglar, now reformed and living a blameless life in a plush villa. When a fresh set of burglaries rocks the Riviera all bearing the hallmark of Robie's own robberies, he is the natural suspect. Robie sets out to catch the new burglar himself, mainly to prove his innocence. He is aided by an American heiress, (Kelly) who initially is convinced that he is actually guilty.

**MY MEMOIRS MONDAY**

Leader: John Haydon (0403 797 585)  
Email: john@haydon.id.au  
Venue: Tigers Club, Bateau Bay  
Dates: 6th, 20th Feb; 6th, 20th Mar; 3rd Apr.  
Time: 1:30pm to 3:30 pm

This is a NEW course. The venue is the upstairs conference room at Tigers, The Entrance Leagues Club (See page 1).

If you have been thinking of recording some of your memories for your family, then why not make a start NOW. More information on the course is on Page 2. We hope to see many of you there.

**THE READERS GROUP: MONDAY**

Secretary: Vicki Rollinson (4389 1984)  
Email: vrolo@hotmail.com  
Venue: 52 Lucinda Ave Killarney Vale  
Dates: 13th February, 13th March

We are now meeting on the second Monday of each month, at the home of Dorothy Rhodes (address above) at the usual time of 10:00am. Reading suggestions for this term are:

- 13 Feb Children's Books (up to age 15)
- 13 Mar Books on South America

**WALKS: TUESDAY**

**Contact: Barbara Skurr 4392 4158**

All excursions require sensible shoes, sunscreen, hat and water.

Map references: WYONG 2016 Phone Directory.

7th Feb **OURRINGO POINT**  
Meet Edgewater Park  
Map 26 A 5 - bring food and drinks.

21st Feb **SHELLY BEACH**  
Meet Tuggerah Lakes Golf Club  
Map 46 D 1 - bring food and drinks.

7th Mar **TUGGERAH PARADE**  
Meet at the Long Jetty  
Long Jetty to Parrys Jetty  
Map 42 B 6 - bring food and drinks.

21st Mar **CHAIN VALLEY BAY**  
Meet Josh Porter Reserve  
Map 19 F 1 - bring/buy food and drinks.

4th April **SUMMERLAND POINT**  
Meet Sandy Beach Reserve  
Map 13 B 3 - bring food and drinks.

**MARBLES ROLLING****TUESDAY**

Secretary: Rhonda MacDiarmid (4332 2300)  
 Email: rxm55@bigpond.com  
 Venue: Greens Bowling Club (see P1)  
 Dates: 7th, 21st Feb; 7th, 21st Mar; 4th Apr.  
 Time: 1:00—3:00 p.m.

Why not come along and give your grey matter a good workout. There is no pressure, we are a non-competitive, friendly group, and new members are most welcome. Course material is provided at the start of term at a small additional cost.

**CREATIVE WRITING****WEDNESDAY**

Leader: Pam McGlenn (4390 2451)  
 Email: pamlakeside@bigpond.com.au  
 Venue: St. Davids Church Hall, Toukley  
 Dates: 1st, 15th Feb; 1st, 15th Mar; 5th Apr.  
**Time: 9:30—12:00**

This group is producing some excellent and well written work. A very popular and immensely enjoyable class, proving that writing can be a lot of fun.

**CRYPTIC CROSSWORDS****WEDNESDAY**

Leader: Betty Siegman (4332 0870)  
 Email: betty\_siegman@hotmail.com  
 Venue: Greens Bowling Club (see P1)  
 Dates: 1st, 15th Feb; 1st, 15th Mar; 5th Apr.

Once you are hooked on cryptic crosswords, life will never be dull again. We meet upstairs at the Greens, adjacent to the restaurant, and there is a lift available in the foyer. Newcomers are given every assistance, so don't be shy, we love to see you.

**MUSIC APPRECIATION:****WEDNESDAY**

Leader: Betty Siegman (4332 0870)  
 Email: betty\_siegman@hotmail.com  
 Venue: The Berkeley Centre (see P1)  
 Dates: 8th, 22nd Feb; 8th, 22nd Mar.

We listen to all kinds of music, and learn a little about the artists and the composers. We are now showing videos, so we can watch as well as listen. A very enjoyable, relaxing morning.

**FRENCH CONVERSATION AT HOME:****THURSDAY**

Leader: Henriette Vanechop (4396 7847)  
 Venue: 74 Evans Road, Canton Beach  
 Dates: 2nd, 9th, 16th Feb;  
 2nd, 9th, 16th, 23rd Mar; 6th Apr.  
 Time: 1.30pm –3.30pm

If you would like to improve your conversational French, Henriette will make you most welcome in her home.

**CONVERSATIONS****THURSDAY**

Leader: Betty Siegman (4332 0870)  
 Venue: TECC, Battley St, The Entrance  
 Dates: 2nd Feb; 2nd Mar; 6th Apr.  
 Time: 1:00 — 3:00 pm.

Our venue is The Entrance Community Centre, Building E, Training Room 1. Note that we meet on the first Thursday of the month only.

We have a projector and large screen, and show a selection of video clips on a topic for the day, with breaks for discussion. Some of our topics have been Human Rights, Globalisation, Democracy, Euthanasia, The English Language. Why not join in, we'd love to see you.

**DISCUSSION GROUP:****FRIDAY**

Leader: Tony Thomson (4358 3655)  
 Venue: The Banksia Centre (see P1)  
 Dates: 10th, 24th Feb; 10th, 24th Mar.

The venue last year was not completely satisfactory for some of our members, and this term we will meet in the larger Activity Room in the Banksia Centre, 7 Sir Joseph Banks Drive, Bateau Bay, just behind the Cresthaven Shopping Centre. Parking is available, and the centre is accessible by public transport, Red Bus Routes 19 and 23 from Gosford and Bay Village.

**MAH JONG:****FRIDAY**

Secretary: Rhonda MacDiarmid (0403 293 175)  
 Venue: 6 Moorlan Ave, Killarney Vale.  
 Dates: Fridays, 3rd February to 7th April.  
 Time: 1.00pm-3.30pm

As the Bites cafe at Diggers was not satisfactory, Rhonda MacDiarmid has offered the use of her home for the Mah Jong group.

## FRIDAY TALKS

— 3rd FEBRUARY —

### WOMEN in the 30's

#### The Famous and the Infamous

Speaker: Margaret Bevege  
Secretary: Gail Shore (4333 6272)  
Venue: TELJ RSL Hall, Killarney Vale.

Most of our mothers were women of the thirties when scars from the Great War were raw and fear of a Second World War grew. They were challenged by the economic disaster that was the Great Depression but they were undaunted. In this talk the famous and the infamous women from Australia and overseas are on display.

— 17th FEBRUARY —

### INSIDE PINE GAP

Speaker: D Rosenberg  
Secretary: John Collis (4333 9079)  
Venue: TELJ RSL Hall, Killarney Vale.

The True Story of an NSA Agent - Pine Gap in Alice Springs has been controversial since it was established by treaty with the USA in 1966. Learn its history from an insider who served 18 years in Operations. David does a power point presentation and also has books to sell.

— 3rd MARCH —

### GOTHIC CATHEDRALS (Part 1)

#### Design and Construction

Speaker: Ross Carlton  
Secretary: Helen Rawlings (4334 5818)  
Venue: TELJ RSL Hall, Killarney Vale.

The great Gothic cathedrals of England and western Europe inspire awe, whether viewed from a religious, architectural or artistic perspective. Some have been there for 800 years. But with the materials and the technology available at the time, how did they build them? Ross will cast an engineer's eye over the design and construction of these magnificent structures.

— 17th MARCH —

### GOTHIC CATHEDRALS (Part 2)

#### Design and Construction.

Speaker: Ross Carlton  
Secretary: Helen Rawlings (4334 5818)  
Venue: TELJ RSL Hall, Killarney Vale.

Ross will continue his talk on the design and construction of these wonderful Gothic cathedrals.

— 31st MARCH —

### LIFE STORIES

Speakers: U3A members  
Secretary: Vicki Rollinson (4389 1984)  
Venue: TELJ RSL Hall, Killarney Vale.

A few of our members will each give a short talk, sharing some of their lives with us, perhaps on living in another country or memories of their working lives. Come along and get to know your fellow members, this will be an interesting morning.

— 7th APRIL —

### DICTIONARIES

Speakers: Rodney Russell  
Secretary: Pam McGlenn (4390 2451)  
Venue: TELJ RSL Hall, Killarney Vale.

Many of us use dictionaries regularly or occasionally. But it has taken centuries for lexicographers (dictionary writers) to decide ALL the items that should be in the PERFECT dictionary. In this talk I will try to briefly cover them all.

Tuggerah Lakes U3A Inc  
**Course Calendar: 2017 – TERM 1**  
**30th January—7th April**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Jan	31 Jan	1 Feb	2 Feb	3 Feb
		CRYPTIC CROSSWORDS Betty Siegman (Greens)  CREATIVE WRITING 9:30—12:00 (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30—3:30pm (Canton Beach)  CONVERSATIONS Betty Siegman 1.00-3.00pm (TECC)	WOMEN IN THE 30's Margaret Bevege (TELJ RSL)  MAH JONG 1.00pm-3.30pm (See Page 1)
6 Feb	7 Feb	8 Feb	9 Feb	10 Feb
PLAY READING Christine Kilner (TECC)  MY MEMOIRS John Haydon 1.30pm-3.30pm (Tigers)	WALK OURINGO POINT See page 3  MARBLES ROLLING 1.00-3.00pm (Greens)	MUSIC APPRECIATION Betty Siegman (TBC)	FRENCH CONVERSATION Henriette Vanechop 1.30—3:30pm (Canton Beach)	DISCUSSION GROUP Tony Thomson (See Page 1)  MAH JONG 1.00pm-3.30pm (See Page 1)
13 Feb	14 Feb	15 Feb	16 Feb	17 Feb
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay)  READERS GROUP Vicki Rollinson (D Rhodes)		CRYPTIC CROSSWORDS Betty Siegman (Greens)  CREATIVE WRITING 9:30—12:00 (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30—3:30pm (Canton Beach)	INSIDE PINE GAP D Rosenberg (TELJ RSL)  MAH JONG 1.00pm-3.30pm (See Page 1)
20 Feb	21 Feb	22 Feb	23 Feb	24 Feb
PLAY READING Christine Kilner (TECC)  MY MEMOIRS John Haydon (Tigers) 1.30pm-3.30pm	WALK SHELLY BEACH See page 3  MARBLES ROLLING 1.00-3.00pm (Greens)	MUSIC APPRECIATION Betty Siegman (TBC)		DISCUSSION GROUP Tony Thomson (See Page 1)  MAH JONG 1.00pm-3.30pm (See Page 1)

**Note: Calendar continues on pages 7 and 8.**

**NOTE:** 1. Venue locations—see Page 1.  
2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.

Tuggerah Lakes U3A Inc  
**Course Calendar: 2017– TERM 1**  
**30th January—7th April**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Feb	28 Feb	1 Mar	2 Mar	3 Mar
<b>MOVIE CLUB</b> John Richards 9.30am-12.00pm (Chittaway Bay)		<b>CRYPTIC CROSSWORDS</b> Betty Siegman (Greens)  <b>CREATIVE WRITING</b> 9:30—12:00 (Tk-SDCh)	<b>FRENCH CONVERSATION</b> Henriette Vanechop 1.30—3:30pm (Canton Beach)  <b>CONVERSATIONS</b> Betty Siegman 1.00-3.00pm (TECC)	<b>GOTHIC CATHEDRALS (Pt1)</b> Ross Carlton (TELJ RSL)  <b>MAH JONG</b> 1.00pm-3.30pm (See Page 1)
6 Mar	7 Mar	8 Mar	9 Mar	10 Mar
<b>PLAY READING</b> Christine Kilner (TECC)  <b>MY MEMOIRS</b> John Haydon (Tigers) 1.30pm-3.30pm	<b>WALK TUGGERAH PDE</b> See page 3  <b>MARBLES ROLLING</b> 1.00-3.00pm (Greens)	<b>MUSIC APPRECIATION</b> Betty Siegman (TBC)	<b>FRENCH CONVERSATION</b> Henriette Vanechop 1.30—3:30pm (Canton Beach)	<b>DISCUSSION GROUP</b> Tony Thomson (See Page 1)  <b>MAH JONG</b> 1.00pm-3.30pm (See Page 1)
13 Mar	14 Mar	15 Mar	16 Mar	17 Mar
<b>MOVIE CLUB</b> John Richards 9.30am-12.00pm (Chittaway Bay)  <b>READERS GROUP</b> Vicki Rollinson (D Rhodes)		<b>CRYPTIC CROSSWORDS</b> Betty Siegman (Greens)  <b>CREATIVE WRITING</b> 9:30—12:00 (Tk-SDCh)	<b>FRENCH CONVERSATION</b> Henriette Vanechop 1.30—3:30pm (Canton Beach)	<b>GOTHIC CATHEDRALS (Pt2)</b> Ross Carlton (TELJ RSL)  <b>MAH JONG</b> 1.00pm-3.30pm (See Page 1)
20 Mar	21 Mar	22 Mar	23 Mar	24 Mar
<b>PLAY READING</b> Christine Kilner (TECC)  <b>MY MEMOIRS</b> John Haydon (Tigers) 1.30pm-3.30pm	<b>WALK CHAIN VALLEY BAY</b> See page 3  <b>MARBLES ROLLING</b> 1.00-3.00pm (Greens)	<b>MUSIC APPRECIATION</b> Betty Siegman (TBC)	<b>FRENCH CONVERSATION</b> Henriette Vanechop 1.30—3:30pm (Canton Beach)	<b>DISCUSSION GROUP</b> Tony Thomson (See Page 1)  <b>MAH JONG</b> 1.00pm-3.30pm (See Page 1)

**Note: Calendar continues on page 8.**

**NOTE:** 1. Venue locations—see Page 1.  
 2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.

**Tuggerah Lakes U3A Inc**  
**Course Calendar: 2017– TERM 1**  
**30th January—7th April**

27 Mar	28 Mar	29 Mar	30 Mar	31 Mar
<b>MOVIE CLUB</b> John Richards 9.30am-12.00pm (Chittaway Bay)				<b>LIFE STORIES</b> Various members (TELJ RSL)  <b>MAH JONG</b> 1.00pm-3.30pm (See Page 1)
3 Apr	4 Apr	5 Apr	6 Apr	7 Apr
<b>PLAY READING</b> Christine Kilner (TECC)  <b>MY MEMOIRS</b> John Haydon (Tigers) 1.30pm-3.30pm	<b>WALK SUMMERLAND PT</b> See page 3  <b>MARBLES ROLLING</b> 1.00-3.00pm (Greens)	<b>CRYPTIC CROSSWORDS</b> Betty Siegman (Greens)  <b>CREATIVE WRITING</b> 9:30—12:00 (Tk-SDCh)	<b>FRENCH CONVERSATION</b> Henriette Vanechop 1.30—3:30pm (Canton Beach)  <b>CONVERSATIONS</b> Betty Siegman 1.00-3.00pm (TECC)	<b>DICTIONARIES</b> Rodney Russell (TELJ RSL)  <b>MAH JONG</b> 1.00pm-3.30pm (See Page 1)

**NOTE:** 1. Venue locations—see Page 1.  
 2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.