



TUGGERAH LAKES NEWS

Tuggerah Lakes U3A Inc.

January 2019



Website: www.tugglakesu3a.info

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FROM THE EDITOR:

A very happy New Year to you all, after another busy year with U3A.

Most of our usual activities will continue this term, so if you have had a busy Christmas and have overlooked renewing your membership, don't forget to do so soon. For information on membership renewal, see bottom of page.

We enjoyed a couple of social occasions last term, the special lunch to celebrate our 20th Birthday was well attended, and enjoyed by all. Our Christmas gathering after the AGM was another happy morning, and it is gratifying to see the interaction between members belonging to various groups. We hope to promote more of these occasions, so that members make friends with those outside their own particular group.

The Friday talks continue to be well-attended, and Pam has another interesting selection for you this term. Note that the last talk this term is on 29th March, and the following Friday, 5th April, the Creative Writers group will give a special presentation of their work. The same venue, same time, but we will provide a special morning tea, and it's a free morning, so do come along.

We hope to resume our Tuesday walks in the cooler weather in term 2. If interested ring our President Helen on 4334 5818.

*Betty Siegman
- Editor*

MEMBERSHIP FEES:

Membership Year is 1 January to 31 December.

ANNUAL FEE: (Renewal): \$20.

**NEW MEMBERSHIP FEE: \$5 for each Term
(or part thereof) for remainder of year.**

**New Members: Membership Form and Money
Renewals: Name, Money & Membership No
(no renewal form needed)**

to
Rhonda MacDiarmid
PO Box 4019
Bay Village NSW 2261

OR direct deposit
Westpac BSB: 032 525, A/c 13 4075
Include YOUR name and Memb. No with deposit

President:	Helen Rawlings	4334 5818
Vice President:	Pam McGlenn	4390 2451
Secretary:	Margaret Blundell	4306 2468
Treasurer:	Rhonda MacDiarmid	0403293175
Membership:	Sonya Oakes	4353 1703
Welfare Officer:	Gail Shore	4333 6272
Newsletter Editor:	Betty Siegman	4332 0870
Committee:	Stephanie Christin	0422313090

Correspondence: The Secretary
PO Box 6295
Long Jetty 2261

~ ~ ~ VENUES ~ ~ ~

Please note the venue addresses below as space constraints prevent us from using the full addresses on the calendar.

Chittaway Bay: Movie Appreciation
34 Aston Wilde Ave, Chittaway Bay

TECC: The Entrance Community Centre
15 Battley Ave The Entrance (cnr Oakland)

Tigers: The Entrance Leagues Club
Bay Village Shopping Centre, southern end

Greens: The Entrance Bowling Club
Warrigal St (Cnr Park Rd)

TBC: The Berkeley Centre, Berkeley Vale
Cnr Berkeley Rd & Heather Ave

Tk-SDCh: St David's Church Hall
Cnr Hargraves & Victoria Sts, Toukley

Mah Jong: Home of Rhonda MacDiarmid
6 Moorlan Ave Killarney Vale

TELJ RSL Hall: Friday Talks
Hume B'vard, near Brooke Ave, K'ney Vale

— IMPORTANT DATE —

5th April — Social Morning

A special presentation by the Writing Group
Details on Page 2

**TERM: Start: Tuesday 29th January
Finish: Friday 12th April**

FROM THE PRESIDENT:

Welcome to 2019.

As the new president I would like to welcome all new members as well as old friends.

After all the celebrations of our 20th anniversary I look forward to another successful year, thanks to the continuing contribution of all our hard working presenters and committee members.

Now that we have survived the Christmas festivities, the next challenge will be to survive the heat. STAY COOL.

When the weather cools down, we would like to reintroduce the bush walks, and maybe rename it The Rambles.

Living in such a beautiful environment there is so much to see, examine, and enjoy, while getting a bit of exercise.

The walks would be held every second Tuesday. If you are interested let me know.

We would also like to build on the social success of our birthday luncheon by extending it to a regular end of term lunch, and look forward to your input.

Don't forget our Friday Talks. Pam has collected a very interesting range of speakers.

There is to be a Gala end of term Social Day on Friday 5th of April, with members of the creative writing class providing entertainment including a number of stories and poems.

Morning tea will be provided (no charge) advise Pam on 4390 2451 for catering purposes.

On behalf of myself and the committee I would like to wish all members a happy and healthy 2019.

Helen Rawlings.

WELFARE

Sadly, owing to health problems or other reasons, some of our long-time members are no longer able to join in our activities, or only on infrequent occasions.

We were happy to see some of them at our recent 20th Birthday celebration and look forward to seeing them again.

In the meantime we want them to know they are not forgotten and we wish them every happiness in 2019.

*~ Gail Shore
Welfare*



Are you interested in joining a Ballroom Dancing group? We have received an offer to set up and run a class, but before we look for a suitable venue, we would like to know the response from you.

If you are interested, please contact Pam McGlinn, tel. 4390 2451 or pamlakeside@bigpond.com

MOVIE APPRECIATION: MONDAY

Leader: John Richards (4388 4945)
 Venue: 34 Aston Wilde Ave, Chittaway Bay
 Dates: 11, 25 Feb; 11, 25 Mar; 8 Apr

Times: Movies shown mornings, 9.30-12noon

PLEASE BOOK AS PLACES ARE LIMITED

Monday, 11 February: BUTTERFLY ON A WHEEL: (2007) Thriller 91mins. Chicago couple, Neil Randall (Gerard Butler) and his wife, Abby, (Maria Bello) have the perfect life and the perfect marriage....until Abby is kidnapped by sociopath, Tom Ryan (Pierce Brosnan). They have no choice but to comply with his demands as he takes over their lives with the brutal efficiency of someone who has nothing to lose.

Monday, 25 February: SABRINA: (1954) 113 mins. Chauffeur's daughter Sabrina (Audrey Hepburn) returns home from two years in Paris a beautiful young woman, and immediately catches the attention of David (William Holden), the playboy son of her father's rich employers. David woos and wins Sabrina, who has always been in love with him, however their romance is threatened by David's serious older brother, Linus (Humphrey Bogart), who runs the family business and is relying on David to marry an heiress in order for a crucial merger to take place.

Monday, 11 March: BREACH: (2007) 110 mins. Crime/Drama/Mystery. Based on a true story. Chris Cooper, Ryan Phillippe, Dennis Haysbert. FBI upstart Eric O'Neill (Phillippe) enters into a power game with his boss, Robert Hanssen, an agent who was ultimately convicted of selling secrets to the Soviet Union.

Monday, 25 March: THE WORLD'S FASTEST INDIAN: (2005). "New Zealand's most successful film of all time. Based on one hell of a true story." Anthony Hopkins, Aaron James Murphy, Christopher Lawford, Annie Whittle. Burt Munro spent years perfecting his classic Indian motorcycle. The year is 1967, and Burt takes his machine to Utah's salt flats, where he attempts the impossible, using his dream bike to set a new world's record for speed. Based on a true story, the record Munro set more than three decades ago still has not been broken to this day.

Monday, 8 April: MY BIG FAT GREEK WEDDING: (2002) Comedy 91 mins. Nia Vadalos, John Corbett, Laine Kazan, Michael Constantine. Toulou Porokalos is a Greek tragedy - 30 and unmarried. "Why for won't she go to Greece and find a nice Greek husband?" And then IT happens.. she meets the man of her dreams, handsome, intelligent, kind and about as Greek as apricot chicken. The only way her family will accept Ian as their new son-in-law is if he becomes Greek. The stage is set for the ultimate clash of cultures. Chaotic, uproarious, and exuberant.

PLAY READING: MONDAY

Leader: Christine Kilner (4399 2748)
 Email: chrisatseakay@gmail.com
 Venue: TE Community Centre, Battley Ave
 Dates: 4, 18 Feb; 4, 18 Mar; 1 Apr

We have a lot of fun and love the occasional chance to share our work with fellow members. If you love the glare of the footlights and the roar of the crowd, why not join our group, you will be made most welcome.

MY MEMOIRS MONDAY

Leader: John Haydon (0403 797 585)
 Email: john@haydon.id.au
 Venue: Tigers Club, Bateau Bay
 Dates: 4, 18 Feb; 4, 18 Mar; 1 Apr
 Time: 1:30pm to 3:30 pm

"Life is a collection of moments."
 Robert Dessaix, Australian Author.

Members meet every two weeks in the Bistro. If you feel you would like to write about your 'moments', then why not come along and learn how to better recall them. Be inspired by other's stories.

THE READERS GROUP: MONDAY

Secretary: Margareta Tauni (0420 791 374)
 Email: marg_tauri@hotmail.com
 Venue: The Entrance Leagues Club (Tigers)
 Dates: 11 Feb; 11 Mar; 8 Apr

Topics for this term are:

Monday - 11 February 2019
Biography or Autobiography

Monday - 11 March 2019
Science Fiction or Nature

Monday - 8 April 2019
Religion

MARBLES ROLLING TUESDAY

Secretary: Rhonda MacDiarmid (4332 2300)
 Email: rxm55@bigpond.com
 Venue: Greens Bowling Club (downstairs)
 Dates: 12, 26 Feb; 12, 26 Mar; 9 Apr
 Time: 1:00—3:00 p.m.

These fun exercises stimulate seven different areas of the brain, and are designed to keep dementia at bay. If you would like to keep your old grey matter ticking over, then come along and join in.

CREATIVE WRITING**WEDNESDAY**

Leader: Pam McGlinn (4390 2451)
 Email: pamlakeside@bigpond.com.au
 Venue: St. Davids Church Hall, Toukley
 Dates: 6, 20 Feb; 6, 20 Mar; 3 Apr
 Time: 9:30—12:00

One of our most popular classes, this group produces some outstanding work. Numbers are limited, check with Pam if you wish to join.

CRYPTIC CROSSWORDS**WEDNESDAY**

Leader: Betty Siegman (4332 0870)
 Email: betty_siegman@hotmail.com
 Venue: Greens Bowling Club (downstairs)
 Dates: 30 Jan; 13, 27 Feb; 13, 27 Mar; 10 Apr

This term we will meet on the 2nd and 4th Wednesday of the month, to avoid conflict with the Writers Group. Note also we will meet on 30th Jan, as I know many of you are suffering withdrawal symptoms by now.

MUSIC APPRECIATION:**WEDNESDAY**

Leader: Betty Siegman (4332 0870)
 Email: betty_siegman@hotmail.com
 Venue: The Berkeley Centre (see P1)
 Dates: 20 Feb; 6, 20 Mar; 3 Apr

This term we will meet on the 1st and 3rd Wednesday of the month (see note in Crosswords above).

Note there is no Music class on 6th February.

CONVERSATIONS**THURSDAY**

Leader: Betty Siegman (4332 0870)
 Venue: TECC, Battley St, The Entrance
 Dates: 31 January
 Time: 1:00 — 3:00 pm.

I am not able to schedule this class more than once each term, as it is becoming increasingly difficult to find interesting and controversial subjects, and involves quite a bit of searching the Internet. Suggestions are always welcome.

The subject for this term is "The Arms Industry". We show a selection of short video clips, with breaks for discussion.

MAH JONG:**FRIDAY**

Secretary: Rhonda MacDiarmid (0403 293 175)
 Venue: 6 Moorlan Ave, Killarney Vale.
 Dates: Every Friday, 1st Feb to 12th April
 Time: 1:00 — 3:00 pm.

The group meets at the home of Rhonda MacDiarmid. Mah Jong is an interesting game, and a great way to spend an afternoon.

What's UP Doc?

A reminder that one word in the English language that can be a noun, verb, adjective, adverb and preposition is UP. Read until the end ... you'll laugh. This two-letter word in English has more meanings than any other two-letter word. It is listed in the dictionary as an [adv.], [prep.], [adj.], [n] or [v].

It's easy to understand UP, meaning toward the sky or at the top of the list, but when we awaken in the morning, why do we wake UP? At a meeting, why does a topic come UP? Why do we speak UP, and why are the officers UP for election and why is it UP to the secretary to write UP a report?

We call UP our friends, brighten UP a room, polish UP the silver, warm UP the leftovers and clean UP the kitchen. We lock UP the house and fix UP the old car. At other times, this little word has real special meaning. People stir UP trouble, line UP for tickets, work UP an appetite, and think UP excuses. To be dressed is one thing but to be dressed UP is special.

And this UP is confusing:

A drain must be opened UP because it is stopped UP. We open UP a store in the morning but we close it UP at night. We seem to be pretty mixed UP about UP!

To be knowledgeable about the proper uses of UP, look UP the word UP in the dictionary. In a desk-sized dictionary, it takes UP almost ¼ of the page and can add UP to about thirty definitions. If you are UP to it, you might try building UP a list of the many ways UP is used. It will take UP a lot of your time, but if you don't give UP, you may wind UP with a hundred or more.

When it threatens to rain, we say it is clouding UP. When the sun comes out, we say it is clearing UP. When it rains, the earth soaks it UP. When it does not rain for a while, things dry UP. One could go on and on, but I'll wrap it UP, for now . . . my time is UP!

Oh . . . one more thing: What is the first thing you do in the morning and the last thing you do at night? UP! That one crack you UP? Don't screw UP. Send this on to everyone you look UP in your address book . . . or not . . . it's UP to you.

(PS. You may like to count UP how many times the word UP appears above. Ed.)

FRIDAY TALKS

— 1st FEBRUARY—

TRAVEL TALKS

Secretary: Sonya Oakes (4353 1703)
Venue: TELJ RSL Hall, Killarney Vale.
Time: 10:00 am to 12:00

ROSS CARLTON: As a sometime railway engineer, Ross has a professional interest in railways. He was able to combine his love of train travelling with his interest in railways during a trip through China and Tibet which of course covered much more than railways.

CHRISTINE KILNER: This is the second part in the story of Christine's October 2017 trip. Following on from her weeks spent in the Greek Islands, this talk will involve Christine's adventures in parts of Croatia, including Dubrovnik with its walled city, Split and Zagreb as well as two islands nearby. She hopes you will enjoy seeing some of her photos in this country filled with a colourful and turbulent history, passionate people, stunning landscapes and beautiful music. Please join her to share the experience.

— 15th FEBRUARY —

LOCAL RAILWAYS—THEN and NOW

Speaker: John Adderton
Secretary: Helen Rawlings (4334 5818)
Venue: TELJ RSL Hall, Killarney Vale.
Time: 10:00 am to 12:00

John is an avid train enthusiast and he gives us many interesting facts about the history of local railways and travelling to Newcastle by train, then and now.

— 1st MARCH —

SMALL COUNTRIES AND WHY THE VATICAN IS NOT ONE OF THEM

Speaker: Alan Flores
Secretary: Rhonda MacDiarmid (0403293175)
Venue: TELJ RSL Hall, Killarney Vale.
Time: 10:00 am to 12:00

What does it mean to be called a country? Some of the smallest ones in the world include Monaco, Malta, San Marino and Liechtenstein among others. We look at their history and geography. Although the Vatican is not a country we look at it in detail and discover why although it is the smallest sovereign state it is not a country. We discuss the deal the Pope made with Mussolini, the role of the Swiss Guard and the relationship between the Vatican and The Holy See.

— 15th MARCH —

WILLS, ADVANCED CARE DIRECTIVES etc.

Speaker: Joy Allene
Secretary: Pam McGlenn (4390 2451)
Venue: TELJ RSL Hall, Killarney Vale.
Time: 10:00 am to 12:00

Joy will speak about, Wills, Enduring Power of Attorney, Enduring Guardianships and Advance Care directives and the need to have these documents in place.

She also speaks on "moving on" – and gives information about when to make the decision to move on, what is available in different stages and what support is available.

— 29th MARCH —

BROKEN HILL—HISTORY and HERITAGE

Speaker: Gary Hughes
Secretary: Gail Shore(4333 6272)
Venue: TELJ RSL Hall, Killarney Vale.
Time: 10:00 am to 12:00

Gary will speak to us about Broken Hill - On the Edge of Sundown. Its History and Its Surviving Heritage.

— 5th APRIL —

GALA END-OF-TERM SOCIAL DAY

No charge and a morning tea will be provided.

CREATIVE WRITERS:

Our Creative Writers have been working hard to prepare for your entertainment a numbers of stories and poems which they have written during the course of their creative writing classes. Please come along and support your fellow U3A members and enjoy their literary efforts on this our final talk of the term.

**Please advise Pam on 4390 2451
if you are coming
for the purposes of catering.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	29 Jan	30 Jan	31 Jan	1 Feb
		CRYPTIC CROSSWORDS Betty Siegman (Greens)	CONVERSATIONS Betty Siegman 1.00-3.00pm (TECC)	TRAVEL TALKS Ross Carlton and Christine Kilner (TELJ-RSL) MAH JONG 1.00pm-3.30pm (See Page 1)
4 Feb	5 Feb	6 Feb	7 Feb	8 Feb
PLAY READING Christine Kilner (TECC) MY MEMOIRS John Haydon 1.30pm-3.30pm (Tigers)		CREATIVE WRITING 9:30—12:00 (Tk-SDCh) NO MUSIC APPRECIATION TODAY		MAH JONG 1.00pm-3.30pm (See Page 1)
11 Feb	12 Feb	13 Feb	14 Feb	15 Feb
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay) READERS GROUP Margareta Tauni (Tigers)	MARBLES ROLLING 1.00-3.00pm (Greens)	CRYPTIC CROSSWORDS Betty Siegman (Greens)		LOCAL RAILWAYS THEN and NOW John Adderton (TELJ-RSL) MAH JONG 1.00pm-3.30pm (See Page 1)
18 Feb	19 Feb	20 Feb	21 Feb	22 Feb
PLAY READING Christine Kilner (TECC) MY MEMOIRS John Haydon 1.30pm-3.30pm (Tigers)		CREATIVE WRITING 9:30—12:00 (Tk-SDCh) MUSIC APPRECIATION Betty Siegman (TBC)		MAH JONG 1.00pm-3.30pm (See Page 1)

NOTE: 1. Venue locations—see Page 1.
 2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25 Feb	26 Feb	27 Feb	28 Feb	1 Mar
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay)	MARBLES ROLLING 1.00-3.00pm (Greens)	CRYPTIC CROSSWORDS Betty Siegman (Greens)		SMALL COUNTRIES And why the VATICAN Is not one of them. Alan Flores (TELJ RSL) MAH JONG 1.00pm-3.30pm (See Page 1)
4 Mar	5 Mar	6 Mar	7 Mar	8 Mar
PLAY READING Christine Kilner (TECC) MY MEMOIRS John Haydon 1.30pm-3.30pm (Tigers)		CREATIVE WRITING 9:30—12:00 (Tk-SDCh) MUSIC APPRECIATION Betty Siegman (TBC)		MAH JONG 1.00pm-3.30pm (See Page 1)
11 Mar	12 Mar	13 Mar	14 Mar	15 Mar
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay) READERS GROUP Margareta Tauni (Tigers)	MARBLES ROLLING 1.00-3.00pm (Greens)	CRYPTIC CROSSWORDS Betty Siegman (Greens)		WILLS and ADVANCED CARE DIRECTIVES Joy Allene (TELJ RSL) MAH JONG 1.00pm-3.30pm (See Page 1)
18 Mar	19 Mar	20 Mar	21 Mar	22 Mar
PLAY READING Christine Kilner (TECC) MY MEMOIRS John Haydon 1.30pm-3.30pm (Tigers)		CREATIVE WRITING 9:30—12:00 (Tk-SDCh) MUSIC APPRECIATION Betty Siegman (TBC)		MAH JONG 1.00pm-3.30pm (See Page 1)

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Tuggerah Lakes U3A Inc
Course Calendar: 2019 – TERM 1
29th January — 12th April



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25 Mar	26 Mar	27 Mar	28 Mar	29 Mar
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay)	MARBLES ROLLING 1.00-3.00pm (Greens)	CRYPTIC CROSSWORDS Betty Siegman (Greens)		BROKEN HILL HISTORY and HERITAGE Gary Hughes (TELJ RSL) MAH JONG 1.00pm-3.30pm (See Page 1)
1 Apr	2 Apr	3 Apr	4 Apr	5 Apr
PLAY READING Christine Kilner (TECC) MY MEMOIRS John Haydon 1.30pm-3.30pm (Tigers)		CREATIVE WRITING 9:30—12:00 (Tk-SDCh) MUSIC APPRECIATION Betty Siegman (TBC)		GALA END of TERM SOCIAL DAY Creative Writers Presentation MAH JONG 1.00pm-3.30pm (See Page 1)
8 Apr	9 Apr	10 Apr	11 Apr	12 Apr
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay) READERS GROUP Margareta Tauni (Tigers)	MARBLES ROLLING 1.00-3.00pm (Greens)	CRYPTIC CROSSWORDS Betty Siegman (Greens)		MAH JONG 1.00pm-3.30pm (See Page 1)

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