



# TUGGERAH LAKES NEWS

Tuggerah Lakes U3A Inc.

October 2019



Website: [www.tugglakesu3a.info](http://www.tugglakesu3a.info)

news-1019pub

## FROM THE EDITOR:

On Friday 27th September, almost 30 of our members met at The Entrance Leagues Club for an enjoyable lunch. It was very pleasing to see several of our newer members taking advantage of the opportunity to meet and get to know other U3A members.

There was quite a bit of animated conversation between members from different groups, who perhaps would not otherwise meet. This interaction between groups was part of our aim in introducing these social events.

All in all it was a very successful day, and it is to be hoped it can be continued in the future.

In a few weeks time you will receive notice of our Annual General Meeting, and a request for nominations for committee positions for 2020. Do not hesitate, if you feel you have something to offer.

The committee holds meetings only four times a year and they are conducted in a friendly and efficient manner.

Once again this is our last term for the year. We hope you have enjoyed the courses on offer and welcome any suggestions for new ones. All suggestions are given careful consideration.

We wish our members a joyous Christmas season, and look forward to a happy and healthy 2020.

*Betty Siegman*  
- Editor

## MEMBERSHIP FEES:

Membership Year is 1 January to 31 December.

**ANNUAL FEE: (Renewal): \$20.**

**NEW MEMBERSHIP FEE: \$5 for each Term (or part thereof) for remainder of year.**

**New Members: Membership Form and Money  
Renewals: Name, Money & Membership No  
(no renewal form needed)**

to  
Rhonda MacDiarmid  
PO Box 4019  
Bay Village NSW 2261

**OR direct deposit**  
Westpac BSB: 032 525, A/c 13 4075  
Include YOUR name and Memb. No with deposit

President:	Helen Rawlings	4334 5818
Vice President:	Pam McGlenn	4390 2451
Secretary:	Margaret Blundell	4306 2468
Treasurer:	Rhonda MacDiarmid	0403293175
Membership:	Sonya Oakes	4353 1703
Welfare Officer:	Gail Shore	4333 6272
Newsletter Editor:	Betty Siegman	4332 0870
Committee:	Stephanie Christin	0422313090

Correspondence: The Secretary  
PO Box 6295  
Long Jetty 2261

## ~ ~ ~ VENUES ~ ~ ~

**Please note the venue addresses below as space constraints prevent us from using the full addresses on the calendar.**

**Chittaway Bay: Movie Appreciation**  
34 Aston Wilde Ave, Chittaway Bay

**TECC: The Entrance Community Centre**  
15 Battley Ave The Entrance (cnr Oakland)

**Tigers: The Entrance Leagues Club**  
Bay Village Shopping Centre, southern end

**Greens: The Entrance Bowling Club**  
Warrigal St (Cnr Park Rd)

**TBC: The Berkeley Centre, Berkeley Vale**  
Cnr Berkeley Rd & Heather Ave

**Tk-SDCh: St David's Church Hall**  
Cnr Hargraves & Victoria Sts, Toukley

**Mah Jong:** Home of Rhonda MacDiarmid  
6 Moorlan Ave Killarney Vale

**TELJ RSL Hall: Friday Talks**  
Hume B'vard, near Brooke Ave, K'ney Vale

**— IMPORTANT DATE —  
ANNUAL GENERAL MEETING**  
Thursday 5th December  
Details on Page 5

**TERM: Start: Monday 14th October  
Finish: Thursday 5th December**

### FROM THE PRESIDENT:

It's hard to believe we are about to start the last term before Christmas. Time seems to go quicker as you get older which hardly seems fair.

My husband George and I, together with Pam and Ted McGlenn attended the U3A forum at Cessnock on Thursday 12<sup>th</sup> September. The meeting was convened by the N.S.W. Network president Lorene Mulcahy and ably assisted by Fiona Abbey, our local representative. The emphasis was on Copyright, Insurance, and Web Support.

The meeting was well supported by local clubs.

On an extremely wet Friday our Play Reading Group entertained us with a fine performance followed by light refreshments. A big thank you to all those who braved the weather.

Considering how little rain we have had this term it managed to rain twice on our Tuesday Walk days. Next term in October we will meet as usual at 9.30am. For November and December we will meet at 8.30am on account of hot weather.

I look forward to seeing you all at our AGM on Thursday 5<sup>th</sup> December at "Tigers" Entrance Leagues Club.

*Helen Rawlings*

### WELFARE:

Mary Baggott recently spent several weeks in hospital, and is now at home making a slow recovery from a heart attack.

Marjorie Nilsson is recovering from a hip replacement. We wish them both a return to good health and may all our members enjoy a happy and healthy 2020.

*Gail Shore*

### PLAY READING PRESENTATION:

A few snippets from 30th August.



The cast waits for the curtain to go up



Margareta in angelic mood



Pat, one of the three wise little piggies  
Thank you all for a very happy morning.

### ~ YOGA for BEGINNERS ~

If you are interested in joining a class in yoga, please advise Helen or a committee member (see page 1).

The inclusion of this class is dependent on sufficient interest from members, and the availability of a suitable venue.

**MOVIE APPRECIATION: MONDAY**

Leader: John Richards (4388 4945)  
 Venue: 34 Aston Wilde Ave, Chittaway Bay  
 Dates: 14, 28 Oct; 11, 25 Nov

**Times: Movies shown mornings, 9.30-12noon**

**PLEASE BOOK AS PLACES ARE LIMITED**

**Monday, 14 October: WATER FOR ELEPHANTS:** (2011) 115 mins. Reese Witherspoon, Robert Pattinson, Christopher Waltz, Hal Holbrook. Jacob Jankowski (Robert Pattinson), a veterinary student, is close to graduating when a terrible tragedy forces him to leave school. With nowhere else to go, he hops on a passing train and finds it belongs to a travelling circus. Jacob takes a job as an animal caretaker and meets Marlena (Reese Witherspoon), a beautiful circus performer. Their shared compassion for a special elephant named Rosie leads to love, but August (Christoph Waltz), Marlena's cruel husband, stands in their way.

**Monday, 28 October: THE INTERN:** (2015) 115 mins. Academy Award winner, Robert de Niro, stars as Ben Whittaker, a 70 year old widower who gets the chance to work as a senior intern at an online fashion start-up founded and run by Jules Ostin, (Anne Hathaway). As the two generations collide, they also find friendship and someone to count on, each other.

**Monday, 11 November, (Remembrance Day WW1): NURSE EDITH CAVELL:** (1939) 108 mins. Anna Neagle, Edna May Oliver, George Sanders, Zasu Pitts, Mary Robson. British nurse Edith Cavell (Anna Neagle) is stationed at a hospital in Brussels during World War I. When the son of a former patient escapes from a German prisoner-of-war camp, she helps him flee to Holland. Outraged at the number of soldiers detained in the camps, Edith, along with a group of sympathizers, devises a plan to help the prisoners escape. As the group works to free the soldiers, Edith must keep her activities secret from the Germans. Eventually she is captured and sentenced to death by firing squad.

**Monday, 25 November: MISS POTTER:** (2006) 93 mins. Renee Zellweger, Ewan McGregor, Emily Watson. Based on the life of early 20th-century author Beatrix Potter, creator of Peter Rabbit. As a young woman Potter rails against her parents' wishes for her to marry and settle down. Instead, she continues to write about and draw the animals she has adored since childhood. Her early attempts to find a publisher for her children's stories are unsuccessful, but an offer from a small firm will turn her into a literary phenomenon. (*Beatrix became a conservationist in her later years, using her earnings to purchase land and preserve wildlife.*)

**Translated into 36 languages, and with 45 million copies sold, Peter Rabbit is one of the best-selling books of all time.**

**PLAY READING: MONDAY**

Leader: Christine Kilner (4399 2748)  
 Email: chrisatseakay@gmail.com  
 Venue: TE Community Centre, Battley Ave  
 Dates: 21 Oct; 4, 18 Nov; 2 Dec

Our presentation last term was a great success, and a lot of fun. We'd love to welcome you into our group, and perhaps you could even write a short play of your own for us to perform.

**MY MEMOIRS MONDAY**

Leader: John Haydon (0403 797 585)  
 Email: john@haydon.id.au  
 Venue: Tigers Club, Bateau Bay  
 Dates: 21 Oct; 4, 18 Nov; 2 Dec  
 Time: 1:30pm to 3:30 pm

Do you have special events or memories in your life that you would like to share with family and friends? John will help you get started, and you may surprise yourself with your ability. Members meet every two weeks in the Auditorium (Arthur Lake Room).

**THE READERS GROUP: TUESDAY**

Secretary: Margareta Tauni (0420 791 374)  
 Email: marg\_tauni@hotmail.com  
 Venue: The Entrance Leagues Club (Tigers)  
 Dates: 8 Oct; 12 Nov

The group now meets on Tuesday. **Note** that we will be meeting on **8th October**, in the school holidays.

**Topics for this term are:**

**Tuesday - 8 October, Animals.**

**Tuesday - 12 November, Own choice.**

**MARBLES ROLLING TUESDAY**

Secretary: Rhonda MacDiarmid (0403 293 175)  
 Email: rxm55@bigpond.com  
 Venue: Greens Bowling Club (downstairs)  
 Dates: 22 Oct; 12, 26 Nov  
 Time: 1:00—3:00 p.m.

Interesting and fun puzzles to keep your grey matter ticking over. Plus social interaction with friends, all guaranteed ways to ward off dementia. Newcomers are most welcome, there is a slight charge for course material.

**WALKS: TUESDAY**

**Contact: HELEN RAWLINGS 4334 5818**

**Note:** Some of these walks have restricted parking at the starting point, and we will be meeting at the North Entrance Car Park and car pooling from there.

All excursions require sensible shoes, sunscreen, hat and water.

**Note that we will depart at 9:30 in October, and 8:30 in November and December, to avoid the heat.**

Bring food and drinks where indicated.

Map references: **WYONG 2019 Phone Directory.**

**OCTOBER 15: TWO SHORES HOLIDAY PARK 9:30 to 11:30.**

Meet North Entrance Car Park Map 42 E2.

**OCTOBER 29: TUMBI CREEK BRIDGE 9:30 to 11:30.**

Meet Blue Bell Park Map 40, F3.

Bring food and drink.

**NOVEMBER 5: PICNIC POINT 8:30 to 10:30.**

Meet Archbold St Map 42, B5.

Bring food and drink.

**NOVEMBER 19: NORAH HEAD LIGHTHOUSE 8:30 to 10:30.**

Meet North Entrance Car Park (car pool)

Map 42, E2.

**DECEMBER 3: PICNIC POINT 8:30 to 10:30.**

Meet The Entrance Surf Club Map 42, E4.

**CREATIVE WRITING WEDNESDAY**

Leader: Pam McGlenn (4390 2451)  
Email: pamlakeside@bigpond.com.au  
Venue: St. Davids Church Hall, Toukley  
Dates: 16 Oct; 6, 20 Nov  
**Time: 9:30—12:00**

If you would like to try your hand at writing, why not join this group. It's said that everyone has a good story in them, you will be given help and encouragement to express yours.

**CRYPTIC CROSSWORDS WEDNESDAY**

Leader: Betty Siegman (4332 0870)  
Email: betty\_siegman@hotmail.com  
Venue: Greens Bowling Club (downstairs)  
Dates: 23 Oct; 13, 27 Nov

We welcome a few new members, who have all improved very quickly, and enjoy the morning, with lots of laughter while learning all the devious tricks of cryptic crosswords.

**MUSIC APPRECIATION: WEDNESDAY**

Leader: Betty Siegman (4332 0870)  
Email: betty\_siegman@hotmail.com  
Venue: The Berkeley Centre (see P1)  
Dates: 16 Oct; 6, 20 Nov

Most of the class leave feeling as though they have had a weekend at a health spa. Listening to beautiful music can do that. Good for the spirit and the soul. We would love to welcome you to our group.

**CONVERSATIONS THURSDAY**

Leader: Betty Siegman (4332 0870)  
Venue: TECC, Battley St, The Entrance  
Date: 17 Oct  
Time: 1:00 — 3:00 pm.

The topic this term is "Should Some Drugs be Decriminalised?" A subject very much in the news lately. What are the pros and cons? We will try to learn more as we discuss the topic.

**MAH JONG: FRIDAY**

Secretary: Rhonda MacDiarmid (0403 293 175)  
Venue: 6 Moorlan Ave, Killarney Vale.  
Dates: Almost every Friday (see below)  
Time: 1:00 — 3:00 pm.

The group meets at the home of Rhonda MacDiarmid. Mah Jong is an interesting game, and a great way to spend an afternoon.

Note that there will be no Mah Jong on 1st or 15th November.

## FRIDAY TALKS

— 18th OCTOBER —

### THE MURRAY DARLING BASIN and AUSTRALIA'S WATER CRISIS

Speaker: Pam McGlinn  
Secretary: Helen Rawlings (4334 5818)  
Venue: TELJ RSL Hall, Killarney Vale.  
Time: 10:00 am to 12:00

Pam will speak to us of the ongoing serious problems caused by the drought and the overall water shortage currently being experienced in our country. It is a hugely controversial topic and can hardly be covered with one talk so it will be a brief overview. A short video clip will also be shown.

— 1st NOVEMBER —

### TRACKING MR SHARPE (Colonial Chaplain)

Speaker: Barbara Appleton  
Secretary: Pam McGlinn (4390 2451)  
Venue: TELJ RSL Hall, Killarney Vale.  
Time: 10:00 am to 12:00

*Barbara is a local author who has written a book, called "Tracking Mr Sharpe".*

Tough conditions confronted Thomas Sharpe, a chaplain to the Lower Hawkesbury during the construction of the Great North Road. Later his career took him to Norfolk Island and then to Bathurst, where he built a house we can visit today. During that time the colony changed in many ways, working towards self-government. Historical research is helped greatly by the journal-writers who gave a more personal view of events.

— 15th NOVEMBER —

### TRAVEL TALK—JAPAN

Speaker: Margaret and Neil Bevege  
Secretary: Pam McGlinn (4390 2451)  
Venue: TELJ RSL Hall, Killarney Vale.  
Time: 10:00 am to 12:00

Margaret and Neil will give us a very interesting talk about their recent visit to Japan.

— 29th NOVEMBER —

### TECHNOLOGY—OPEN DISCUSSION

Convenors: Betty Siegman/Pam McGlinn  
Venue: TELJ RSL Hall, Killarney Vale.  
Time: 10:00 am to 12:00

Members are invited to take part in an open discussion on technology. What are the advantages and disadvantages? Has it gone too far, and is our generation able to cope? Come along and have your say.

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### ANNUAL GENERAL MEETING and CHRISTMAS PARTY

#### The Entrance Leagues Club (TIGERS)

Date: Thursday 5th December  
Time: 10:00am—12:30 pm  
Cost: Members—no charge  
Non-members — \$10

#### Bookings essential for lunch

**Final date: Friday 29th November**

**Bookings: Helen Rawlings (4334 5818)**

**Email: [helenmr2739@gmail.com](mailto:helenmr2739@gmail.com)  
Please notify Helen if you have to cancel.**

Please arrive and be seated by 9:45, as the meeting will begin precisely at 10:00 a.m.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
14 Oct	15 Oct	16 Oct	17 Oct	18 Oct
<b>MOVIE CLUB</b> John Richards 9.30am-12.00pm (Chittaway Bay)	<b>WALK</b> <b>TWO SHORES</b> <b>HOLIDAY PARK</b> Helen Rawlings (See page 4)	<b>CREATIVE WRITING</b> 9:30—12:00 (Tk-SDCh)  <b>MUSIC</b> <b>APPRECIATION</b> Betty Siegman (TBC)	<b>CONVERSATIONS</b> Betty Siegman 1.00-3.00pm (TECC)	<b>THE MURRAY</b> <b>DARLING BASIN</b> Pam McGlenn (TELJ RSL Hall)  <b>MAH JONG</b> 1.00pm-3.30pm (Venue Page 1)
21 Oct	22 Oct	23 Oct	24 Oct	25 Oct
<b>PLAY</b> <b>READING</b> Christine Kilner (TECC)  <b>MY MEMOIRS</b> John Haydon 1.30pm-3.30pm (Tigers)	<b>MARBLES</b> <b>ROLLING</b> 1.00-3.00pm (Greens)	<b>CRYPTIC</b> <b>CROSSWORDS</b> Betty Siegman (Greens)		<b>MAH JONG</b> 1.00pm-3.30pm (Venue Page 1)
28 Oct	29 Oct	30 Oct	31 Oct	1 Nov
<b>MOVIE CLUB</b> John Richards 9.30am-12.00pm (Chittaway Bay)	<b>WALK</b> <b>TUMBI CREEK</b> <b>BRIDGE</b> Helen Rawlings (See page 4)			<b>TRACKING</b> <b>MR SHARPE</b> Barbara Appleton (TELJ RSL Hall)  <b>NO MAH JONG</b>
4 Nov	5 Nov	6 Nov	7 Nov	8 Nov
<b>PLAY</b> <b>READING</b> Christine Kilner (TECC)  <b>MY MEMOIRS</b> John Haydon 1.30pm-3.30pm (Tigers)	<b>WALK</b> <b>PICNIC POINT</b> Helen Rawlings (See page 4)	<b>CREATIVE WRITING</b> 9:30—12:00 (Tk-SDCh)  <b>MUSIC</b> <b>APPRECIATION</b> Betty Siegman (TBC)		<b>MAH JONG</b> 1.00pm-3.30pm (Venue Page 1)

**Note that the Readers Group will meet on 8th October.**  
 (not shown in calendar)  
**10:00 to 12:00 at The Entrance Leagues Club (Tigers)**

**NOTE:** 1. Venue locations—see Page 1.  
 2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11 Nov	12 Nov	13 Nov	14 Nov	15 Nov
<b>MOVIE CLUB</b> John Richards 9.30am-12.00pm (Chittaway Bay)	<b>READERS GROUP</b> Margareta Tauni (Tigers)	<b>CRYPTIC CROSSWORDS</b> Betty Siegman (Greens)		<b>JAPAN</b> Margaret and Neil Bevege (TELJ RSL Hall)
	<b>MARBLES ROLLING</b> 1.00-3.00pm (Greens)			<b>NO MAH JONG</b>
18 Nov	19 Nov	20 Nov	21 Nov	22 Nov
<b>PLAY READING</b> Christine Kilner (TECC)	<b>WALK NORAH HEAD LIGHTHOUSE</b> Helen Rawlings (See page 4)	<b>CREATIVE WRITING</b> 9:30—12:00 (Tk-SDCh)		<b>MAH JONG</b> 1.00pm-3.30pm (Venue Page 1)
<b>MY MEMOIRS</b> John Haydon 1.30pm-3.30pm (Tigers)		<b>MUSIC APPRECIATION</b> Betty Siegman (TBC)		
25 Nov	26 Nov	27 Nov	28 Nov	29 Nov
<b>MOVIE CLUB</b> John Richards 9.30am-12.00pm (Chittaway Bay)	<b>MARBLES ROLLING</b> 1.00-3.00pm (Greens)	<b>CRYPTIC CROSSWORDS</b> Betty Siegman (Greens)		<b>TECHNOLOGY</b> Betty Siegman and Pam McGlinn (TELJ RSL Hall)
				<b>MAH JONG</b> 1.00pm-3.30pm (Venue Page 1)
2 Dec	3 Dec	4 Dec	5 Dec	
<b>PLAY READING</b> Christine Kilner (TECC)	<b>WALK PICNIC POINT</b> Helen Rawlings (See page 4)		<b>ANNUAL GENERAL MEETING</b> (Tigers, Bay Village) 9:30 for 10:00 Details Page 5	
<b>MY MEMOIRS</b> John Haydon 1.30pm-3.30pm (Tigers)				

**NOTE:** 1. Venue locations—see Page 1.  
 2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.