



# TUGGERAH LAKES NEWS

Tuggerah Lakes U3A Inc.

January 2021



Website: www.tugglakesu3a.info

news-0121pub

## FROM THE EDITOR:

### PLEASE READ ALL THIS NEWSLETTER.

It contains important information with regard to U3A activities for 2021.

Somehow we have all managed to continue through what has been a very difficult year. At the moment there is no guarantee that 2021 will be any better.

Our program for the coming term has been organised to comply with the current Covid restrictions, but these can change at any time. If you have any doubts about your particular activity please contact your course leader.

**IT IS IMPORTANT THAT YOU READ PAGE 2 OF THIS NEWSLETTER. HELEN HAS SET OUT THE RULES WHICH MUST BE OBEYED UNTIL FURTHER NOTICE. FAILURE TO DO SO MAY MEAN WE ARE FORCED TO DENY YOU ENTRY TO A CLASS.**

If the situation improves we will try to notify all members as soon as possible. If it becomes worse, some classes may be forced to suspend. In that case some activities may be able to continue online, as we did for several weeks last year.

We thank you all for your continued support, and look forward to a safe and healthy 2021.

*Betty Siegman*  
- Editor

President:	Helen Rawlings	4334 5818
Vice President:	Pam McGlinn	4390 2451
Secretary:	Sonya Oakes	4353 1703
Treasurer:	Rhonda MacDiarmid	0403293175
Welfare Officer:	Gail Shore	4333 6272
Newsletter Editor:	Betty Siegman	4332 0870
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## ~ ~ ~ VENUES ~ ~ ~

**Please note the abbreviations used below, as space constraints prevent us from using the full addresses on the calendar.**

**Play Reading** The Entrance Community Centre  
**TECC** 15 Battley Ave The Entrance (cnr Oakland)

**Book Chat**  
**Tigers** The Entrance Leagues Club  
Bay Village Shopping Centre, southern end

**Marbles/Crosswords/Discussion Gr.**  
**Guides**  
58 Adelaide St K'ney Vale/Tumbi Umbi

**Memoirs**  
**B'View St**  
65 Bonnieview St Long Jetty

**Cr. Writing**  
**Tk-Ch: St David's Church Hall**  
Cnr Hargraves & Victoria Sts, Toukley

**Music**  
**Long Jetty**  
Villa 2, 46 Neale St, Long Jetty.

**TELJ RSL Hall: Friday Talks**  
Hume B'vard, near Brooke Ave, K'ney Vale

**Mah Jong** Home of Rhonda MacDiarmid  
6 Moorlan Ave Killarney Vale

### MEMBERSHIP FEES:

Membership Year is 1 January to 31 December.

**ANNUAL FEE: (Renewal): \$20.**

**NEW MEMBERSHIP FEE: \$5 for each Term (or part thereof) for remainder of year.**

**New Members: Membership Form and Money**  
**Renewals: Name, Money & Membership No (no renewal form needed)**

to  
Rhonda MacDiarmid  
PO Box 4019  
Bay Village NSW 2261

**OR direct deposit**  
Westpac **BSB: 032 525, A/c 13 4075**  
Include YOUR name and Memb. No with deposit

**PLEASE READ ALL OF THIS NEWSLETTER**

**TERM:** Start: **Wednesday 27th January**  
Finish: **Wednesday 31st March**

**FROM THE PRESIDENT:**

WELCOME TO 2021

We were all hoping that the New Year would see an end to the Corona 19 pandemic in Australia.

Sadly this is not the case.

All U3A classes must strictly abide by the new rules.

**MASKS ARE MANDATORY FOR ALL INDOOR VENUES.**

**ALL HOME VENUES ARE RESTRICTED TO FIVE VISITORS.**

**YOU MUST BRING YOUR OWN COFFEE CUPS.**

**IF YOU ARE UNWELL PLEASE DO NOT ATTEND.**

These rules are for your own safety as it seems we will not overcome this virus until we are all vaccinated.

This will take time.

The U3A committee are working hard to make sure all our classes continue to operate in a safe and stimulating environment.

I'm sure we are all looking forward to catching up with friends and getting back to the 'new' normal as much as possible.

Our walks will continue at the earlier time of 8.30.

We will not walk in extreme heat.

I'm sure we will all benefit from the company, the exercise and the beautiful scenery around the Tuggerah Lakes.

During these difficult times try to —

Stay happy. Stay healthy. Stay safe.

~ Helen Rawlings  
President.

**Covid Rules as at 13 January 2021**

For full details refer to:

<https://www.nsw.gov.au/covid-19/what-you-can-and-cant-do-under-rules>

In Greater Sydney, Central Coast and Wollongong areas, it is mandatory to wear a face mask indoors. Under the public health order, a "fitted face covering" means a mask or other covering that fits securely around the face, and is designed or made to be worn over the nose and mouth to provide the wearer with protection against infection.

A face mask (fitted face covering) is mandatory in the following indoor settings:

- shopping (retail, supermarkets and shopping centres)
- public and community transport
- indoor entertainment (including cinemas and theatres)
- places of public worship
- hair and beauty premises
- Visiting residential aged care facilities.

You must wear a mask on public transport or when you are in a vehicle or vessel being used to provide a public transport service, including a taxi or a rideshare service.

You may remove your mask when you are eating or drinking, or communicating with another person who is deaf or hard of hearing

You may also remove your mask because of an emergency or for the proper provision of goods or services.

Up to 5 visitors from any number of households may visit another on any day. The total number of visitors includes adults and children. (A member of the hosting household is not counted as a visitor.)

Under the public health orders, people working for the occupier of the premises or assisting in an emergency situation at your home will not be counted as visitors.

Venue operators must generally ensure there are at least 4 square metres of space for each person on the premises or in the area, as applicable.

**MOVIE APPRECIATION****MONDAY**

Leader: John Richards (4388 4945)  
 Venue: 34 Aston Wilde Ave, Chittaway Bay  
 Dates: 8, 22 Feb; 8, 22 Mar

**Times: Movies shown mornings, 9.30-12noon**

**PLEASE CHECK WITH RITA BEFORE ATTENDING  
 Bring own mug and mask if still mandatory.**

**Monday, 8 February:** THE MAGNIFICENT REBEL: (1962) 88mins. Carl Boehm, Giulia Rubini, Ivan Desny, Peter Arens, Oliver Grimm. Ludwig van Beethoven has, for over 200 years, reigned as one of music's most gifted geniuses. During the course of his career, he rebelled against Vienna's aristocracy, and challenges placed on his talents. Just as he achieved success, his loss of hearing threatened to destroy his career. Then he met a blind boy who helped change the course of music.

**Monday, 22 February:** RUDY: (1993) 114 mins. Sean Astin, Ned Beatty, Charles Dutton. The inspirational true story of Daniel 'Rudy' Ruettiger. All his life people told him that he wasn't good enough, smart enough or strong enough, but he wasn't going to let anything or anyone stand in his way. An uplifting and powerful testament to the strength of the human spirit.

**Monday, 8 March:** THE LAST OF THE BLONDE BOMBSHELLS: (2000) 84 mins. Judi Dench, Olympia Dukakis, Leslie Caron, Cleo Laine, Joan Sims, Ian Holm. As a teenager in the war years, Elizabeth, (Dench), was a sax player with the Blonde Bombshells, until a scandal blew the band apart. Decades later she sets off with the dream of re-creating their former glories. One has lost her marbles, another has died. A third is in prison, a fourth the worse for liquor while the fifth has sworn off the "devil's music". Time may be her greatest enemy, but when it comes up against Elizabeth, time doesn't stand a chance.

**Monday, 22 March:** THE UPSIDE: (2019) 121mins. Bryan Cranston, Kevin Hart, Nicole Kidman. Phillip, (Cranston), is a quadriplegic who needs help with his day-to-day routine in his NY penthouse. He decides to hire Del, (Hart), a struggling parolee who's trying to connect with his ex and his young son. Despite coming from two different worlds, an unlikely friendship starts to blossom as Del and Phillip rediscover the joy of living life to the fullest. Based on a true story.

**PLAY READING****MONDAY**

Leader: Christine Kilner (4399 2748)  
 Email: chrisatseakay@gmail.com  
 Venue: TE Community Centre, Battley Ave  
 Dates: 1, 15 Feb; 1, 15 Mar

We meet in Room A at the Community Centre. In order to satisfy the current Covid-19 restrictions, please bring your own cup/mug and mask. The current distancing rules will apply until further notice.

**MY MEMOIRS****MONDAY**

Leader: John Haydon (0403 797 585)  
 Email: john@haydon.id.au  
 Venue: 65 Bonnieview St Long Jetty  
 Dates: 1, 15 Feb; 1, 15, 29 Mar

If possible we will meet at Tigers otherwise at John's home. If the current regulations are still in force, please advise John if coming, as there is a limit of 5 in a private home.

**Bring own mug and mask if still mandatory.**

**WALKS****TUESDAY**

**Contact: HELEN RAWLINGS 0452 160 952**

All walks require sensible shoes, sunscreen, hat and water. All walks for this summer term are easy and commence at 8:30.

References Wyong 2020 phone book.

**Note:** We will walk during the April school holiday. These dates are not shown in the calendar.

**Tuesday 16th February 8:30 to 10:30**

Saltwater Park

**MEET** Archbold St. Map 42 B6 Easy

**Tuesday 2nd. March 8:30 to 10:30**

Lucinda Ave

**MEET** Saltwater Creek Map 41 F9 Easy

**Tuesday 16th March 8:30 to 10:30**

Ewan Howlett Reserve

**MEET** Lucinda Ave. Map 41 C7 Easy

**Tuesday 6th April 8:30 to 10:30**

Bluebell Park

**MEET** Ewan Howlett Res. Map 40 F5 Easy

**Tuesday 20th April 8:30 to 10:30**

Ourimbah Creek

**MEET** Bluebell Park 40 E3 Easy

**BOOK CHAT****TUESDAY**

Leader: Margareta Tauni (0420 791 374)  
 Pam McGlenn (4390 2451)  
 Email: pamlakeside@bigpond.com.au  
 Venue: TE Leagues Club (Tigers)  
 Dates: 9 Feb; 9 Mar; 13 Apr

We meet in the coffee centre. All welcome.

**Note:** We will meet during the April school holiday

Subjects for reading are:

**February:** Summer Reading

**March:** Biography

**April:** Fairy Tales/Fantasy

**MARBLES ROLLING****TUESDAY**

Secretary: Rhonda MacDiarmid (0403 293 175)  
 Email: rxm55@outlook.com  
 Venue: Guides Hall, Killarney Vale  
 Dates: 2, 16 Feb; 2, 16 Mar  
 Time: 1:00—3:00 p.m.

We will continue to meet at the Guides Hall this term. Plenty of parking and easy access. Please bring your own mug and mask if still mandatory.

**CREATIVE WRITING****WEDNESDAY**

Leader: Pam McGlinn (4390 2451)  
 Email: pamlakeside@bigpond.com.au  
 Venue: Toukley Church Hall (see Page 1)  
 Dates: 3, 17 Feb; 3, 17, 31 Mar  
 Time: 10:00—12:00.

We are now able to resume at Toukley, which is more suitable for several of our members. Note that we will be starting at 10:00 this term not 9:30. Please remember to bring your own mug and mask.

**MUSIC APPRECIATION****WEDNESDAY**

Leader: Betty Siegman (4332 0870)  
 Email: betty\_siegman@hotmail.com  
 Venue: 2 / 46 Neale St, Long Jetty  
 Dates: 3, 17 Feb; 3, 17, 31 Mar

If the current Covid restrictions are still in place, I will be limited to 5 visitors. Could you please let me know each time if you intend to come, and don't forget to bring your mug and a mask. Who knows, I may play some music from A Masked Ball, just to create the right atmosphere.

**CRYPTIC CROSSWORDS****WEDNESDAY**

Leader: Betty Siegman (4332 0870)  
 Email: betty\_siegman@hotmail.com  
 Venue: Guides Hall, Killarney Vale  
 Dates: 27Jan; 10, 24 Feb; 10, 24 Mar

We are very happy with the new venue, and will continue to meet there for a fun morning as we solve cryptics we never thought we could do.

Don't forget to bring a mug and your mask. I hope we will be able to work under these conditions. If the situation with Covid becomes worse, we will resume our online classes, as we did last year, helping many of us to preserve our sanity (if cryptic crossword solvers can be regarded as sane).

**DISCUSSION GROUP****FRIDAY**

Leader: Gloria Watson (4332 7077)  
 Email: gloriarod@mac.com  
 Leader: Helen Rawlings (4334 5818)  
 Email: helenmr2739@gmail.com  
 Venue: Guides Hall, Killarney Vale  
 Dates: 12, 26 Feb; 12, 26 Mar

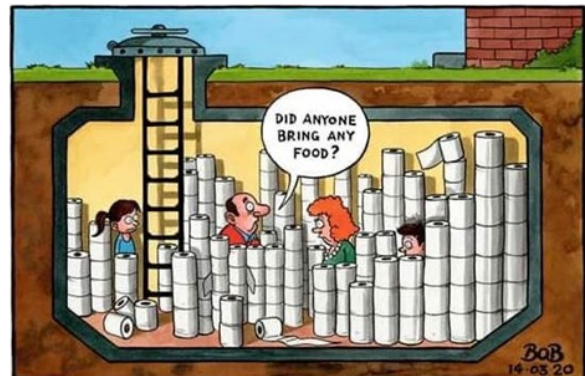
Our Discussion Group meetings at the Guide Hall are proving to be very successful. We have welcomed a few new faces, and enjoyed some stimulating discussions on a wide range of topics.

Gloria will lead the group. In her absence Helen will lead, and welcomes any assistance from members of the group.

**MAH JONG****FRIDAY**

Secretary: Rhonda MacDiarmid (0403 293 175)  
 Venue: 6 Moorlan Ave, Killarney Vale.  
 Dates: Every Friday  
 Time: 1:00 — 3:00 pm.

The group meets at the home of Rhonda MacDiarmid. Mah Jong is an interesting game, and a great way to spend an afternoon. If Rhonda is restricted to 5 visitors, please advise if you intend to come, and don't forget your mug and mask.

**YOU'VE GOTTA LAUGH**

## FRIDAY TALKS

— 5th FEBRUARY —

### CHRISTIANITY THROUGH THE DARK AGES

Speaker: Ross Carlton  
Contact: Pam McGlinn (4390 2451)  
Venue: TELJ RSL Hall, Killarney Vale.  
Time: 10:00 am to 12:00

In the years following the collapse of the Western Roman Empire, Christianity took centre stage in the affairs of Europe. We will follow the fortunes of the church from the time of Constantine, the first Christian Emperor of Rome, to the schism of 1054 when Catholics and Orthodox parted ways.

— 19th FEBRUARY —

### TRAVELLING ACROSS NORTHERN AUSTRALIA

Speaker: Neil Bevege  
Contact: Pam McGlinn (4390 2451)  
Venue: TELJ RSL Hall, Killarney Vale.  
Time: 10:00 am to 12:00

In this talk we share some of the sights, beauty and adventures we encountered in Northern Australia during our travelling around Australia caravan trip. **The North**, which is everything north of the tropic of Capricorn, covers almost one half of Australia. After travelling up the coast from Sydney to Cape York, we returned to the Townsville region from where we headed west, across the dry tropics - Australia's savannah land. Along the way we fossicked for topaz at Mt Surprise, fished at Karumba, dropped into the Stockman's Hall of Fame and Qantas museum at Longreach, then headed into The Northern Territory, visiting Darwin, Kakadu and Katherine. In Western Australia we visited Lake Argyle and Kunnanurra and The Bungle Bungles, then on to Broome and the WA coast to catch the wildflowers, ending our journey in surprising Carnarvon.

— 5th MARCH —

### BILLY JOEL — 'We didn't start the fire'

Speaker: Alan Flores  
Contact: Pam McGlinn (4390 2451)  
Venue: TELJ RSL Hall, Killarney Vale.  
Time: 10:00 am to 12:00

The American singer Billy Joel wrote a song to remind young people of all the things that happened in his lifetime. The song covers world events from 1949 to 1989. The course will cover as much as we can in a two hour session and involves the audience discussing the events and how they affected them. The talk also includes an explanation of all the events including pictures and videos. It covers The Suez crisis, Elvis Presley, The Korean War and Richard Nixon.

The song is available on "You Tube" and it will help if you watch the video before you attend the talk though we will see various versions of it at the talk.

— 19th MARCH —

### THE KOKODA CAMPAIGN

Speaker: Lieut. Col. Peter Sweeney RFD (ret)  
Contact: Pam McGlinn (4390 2451)  
Venue: TELJ RSL Hall, Killarney Vale.  
Time: 10:00 am to 12:00

The defeat of the Japanese in the Battle of the Coral Sea forced them to attack Port Moresby by a land assault from the north coast of Papua across the Owen Stanley Ranges.

Initially opposed by militia forces of infantry without artillery or air support (Maroubra Force), and at the end of a long supply line, the Japanese were able to advance along the Kokoda Trail pushing the Australians back to Imita Ridge, 40 kms from Port Moresby. With the supply situation reversed and the Japanese priority now Guadalcanal, the Australians commenced their advance back along the Trail forcing the Japanese to withdraw to their original landing points in the Buna/Sanananda/

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25 Jan	26 Jan	27 Jan	28 Jan	29 Jan
	PUBLIC HOLIDAY)	CRYPTIC CROSSWORDS Betty Siegman (Guides)		MAH JONG 1.00pm-3.30pm (Venue Page 1)
1 Feb	2 Feb	3 Feb	4 Feb	5 Feb
PLAY READING Christine Kilner (TECC)  MY MEMOIRS John Haydon (B'View St)	MARBLES ROLLING 1.00-3.00pm (Guides)	CREATIVE WRITING 10:00—12:00 (Tk-Ch)  MUSIC APPRECIATION Betty Siegman (Long Jetty)		CHRISTIANITY THROUGH THE DARK AGES Ross Carlton (TELJ RSL)  MAH JONG 1.00pm-3.30pm (Venue Page 1)
8 Feb	9 Feb	10 Feb	11 Feb	12 Feb
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay)	BOOK CHAT Margareta / Pam (Tigers)	CRYPTIC CROSSWORDS Betty Siegman (Guides)		DISCUSSION GROUP Gloria Watson / Helen Rawlings  (Guides)  MAH JONG 1.00pm-3.30pm (Venue Page 1)
15 Feb	16 Feb	17 Feb	18 Feb	19 Feb
PLAY READING Christine Kilner (TECC)  MY MEMOIRS John Haydon (B'View St)	WALK Saltwater Park Helen Rawlings (See Page 3)  MARBLES ROLLING 1.00-3.00pm (Guides)	CREATIVE WRITING 10:00—12:00 (Tk-Ch)  MUSIC APPRECIATION Betty Siegman (Long Jetty)		TRAVELLING ACROSS NORTHERN AUSTRALIA Neil Bevege (TELJ RSL)  MAH JONG 1.00pm-3.30pm (Venue Page 1)

**NOTE:** 1. Venue locations—see Page 1.  
2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
22 Feb	23 Feb	24 Feb	25 Feb	26 Feb
<b>MOVIE CLUB</b> John Richards 9.30am-12.00pm (Chittaway Bay)		<b>CRYPTIC CROSSWORDS</b> Betty Siegman (Guides)		<b>DISCUSSION GROUP</b> GloriaWatson / Helen Rawlings (Guides)  <b>MAH JONG</b> 1.00pm-3.30pm (Venue Page 1)
1 Mar	2 Mar	3 Mar	4 Mar	5 Mar
<b>PLAY READING</b> Christine Kilner (TECC)  <b>MY MEMOIRS</b> John Haydon (B'View St)	<b>WALK</b> Lucinda Ave Helen Rawlings (See Page 3)  <b>MARBLES ROLLING</b> 1.00-3.00pm (Guides)	<b>CREATIVE WRITING</b> 10:00—12:00 (Tk-Ch)  <b>MUSIC APPRECIATION</b> Betty Siegman (Long Jetty)		<b>BILLY JOEL</b> Alan Flores (TELJ RSL)  <b>MAH JONG</b> 1.00pm-3.30pm (Venue Page 1)
8 Mar	9 Mar	10 Mar	11 Mar	12 Mar
<b>MOVIE CLUB</b> John Richards 9.30am-12.00pm (Chittaway Bay)	<b>BOOK CHAT</b> Margareta / Pam (Tigers)	<b>CRYPTIC CROSSWORDS</b> Betty Siegman (Guides)		<b>DISCUSSION GROUP</b> Gloria Watson / Helen Rawlings (Guides)  <b>MAH JONG</b> 1.00pm-3.30pm (Venue Page 1)
15 Mar	16 Mar	17 Mar	18 Mar	19 Mar
<b>PLAY READING</b> Christine Kilner (TECC)  <b>MY MEMOIRS</b> John Haydon (B'View St)	<b>WALK</b> Ewan Howlett Reserve Helen Rawlings (See Page 3)  <b>MARBLES ROLLING</b> 1.00-3.00pm (Guides)	<b>CREATIVE WRITING</b> 10:00—12:00 (Tk-Ch)  <b>MUSIC APPRECIATION</b> Betty Siegman (Long Jetty)		<b>THE KOKODA CAMPAIGN</b> Peter Sweeney (TELJ RSL)  <b>MAH JONG</b> 1.00pm-3.30pm (Venue Page 1)

**NOTE:** 1. Venue locations—see Page 1.  
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Tuggerah Lakes U3A Inc  
**Course Calendar: 2021 – TERM 1**  
**27th January — 31st March**



<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>22 Mar</b>	<b>23 Mar</b>	<b>24 Mar</b>	<b>25 Mar</b>	<b>26 Mar</b>
<b>MOVIE CLUB</b> John Richards 9.30am-12.00pm (Chittaway Bay)		<b>CRYPTIC CROSSWORDS</b> Betty Siegman (Guides)		<b>DISCUSSION GROUP</b> Gloria Watson / Helen Rawlings (Guides)
<b>29 Mar</b>	<b>30 Mar</b>	<b>31 Mar</b>		
<b>MY MEMOIRS</b> John Haydon (B'View St)		<b>CREATIVE WRITING</b> 10:00—12:00 (Tk-Ch)  <b>MUSIC APPRECIATION</b> Betty Siegman (Long Jetty)		

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