



TUGGERAH LAKES U3A NEWS



Tuggerah Lakes U3A Inc.

January 2023

Website: www.tugglakesu3a.info

FROM THE EDITOR:

We wish all our members a happy and healthy 2023, and welcome two new members to our committee, Jo Sutton and Karl Hogg.

There are a few changes his year; Play Reading will meet at the Shelly Beach Golf Club. The Walks have been discontinued for now, and Mah-Jong will recommence at Rhonda's home, but on Thursday afternoons, and only if there is sufficient interest; we need 6-8 people to make it viable. See Page 2 for more information. All other groups will continue as usual.

Betty Siegman, Editor

**END-OF-TERM LUNCH
FRIDAY 31ST MARCH
TIGERS BATEAU BAY 12:15
NOTIFY HELEN RAWLINGS
0452 160 952
helenmr2739@gmail.com**

MEMBERSHIP FEES

Membership year is 1 January to 31 December.

ANNUAL FEE: (Renewal): \$20.

**NEW MEMBERSHIP FEE: \$5 for each Term
(or part thereof) for remainder of year.**

**New Members: Membership Form and Money
Renewals: Name, Money & Membership No
(no renewal form needed)**

to
Rhonda MacDiarmid
PO Box 4019
Bay Village NSW 2261

OR direct deposit

**Westpac: BSB: 032 525, A/c 13 4075
Include YOUR name and Memb. No with deposit.**

TERM: Start: Monday 30th January

Finish: Wednesday 5th April

COMMITTEE:

President:	Pam McGlinn	4390 2451
Vice-President	Helen Rawlings	0452 160 952
Secretary	Sonya Oakes	4353 1703
Treasurer	Rhonda MacDiarmid	0403 293 175
NL Editor	Betty Siegman	0409 476 868
Welfare	Gail Shore	0409 447 751
Committee	Karl Hogg	4388 9497
Committee	Jo Sutton	0416 646 223

Correspondence The Secretary
PO Box 4019
Bay Village NSW 2261

~~~ VENUES ~~~

**Please note the venue addresses below as
some venues may have changed.**

Play Reading

Shelly Beach Golf Club, Shelly Beach Rd.

Movie Appreciation

34 Aston Wilde Ave, Chittaway Bay

Memoirs

Arthur Lake Room, Tigers, Bateau Bay

Brain Ticklers

Tigers, Bateau Bay

Creative Writing, St David's Church Hall

Cnr Hargraves & Victoria Sts, Toukley

Book Chat

Bistro Area, Tigers, Bateau Bay

Music Appreciation

2/46 Neale Street, Long Jetty

Talks: TELJ RSL Hall

Hume Boulevard, Killarney Vale

Crosswords/Discussion Group

Diggers Club, The Entrance

Mah Jong

6 Moorlan Ave, Killarney Vale

FROM THE PRESIDENT

Hello everybody and welcome back for another year of friendship and fun. Although COVID no longer seems to have the urgency that it had in previous years it is still very much around and more people than ever are succumbing to its insidious wrath. Please continue to take care, and as one who has recently suffered its effects, it's no fun at all.

However, we are all ready to face the new year and whatever challenges may occur. I hope you all enjoyed the long break and are looking forward to meeting up with friends once again. We have both gains and losses this year. Unfortunately, the walks programme will no longer be continuing as Helen has regretfully decided to hang up her walking shoes. Falling numbers and advancing years have contributed to her decision and we do thank her for the many years she conducted the walks. However, on the plus side, Rhonda has had renewed interest shown in the Mah Jong classes and has provisionally decided to resume them in her own home. **It is essential** if you are interested in this course, that you contact her before the start of the classes so she can determine if there is enough interest to revive it. More details are shown on page 4.

If you are enjoying the courses you are currently engaged in, please encourage any of your friends to come along. A good place to start are our Friday talks where we have an interesting variety of speakers, and the discussion group held on the alternate Friday is always lively. If you enjoy reading, come along and discuss your current reading with the group, or if you always wanted to write your memoirs, John will help you to get started with his very friendly group of writers. All of our classes are sociable and will welcome any newcomers.

Altogether we have an entire year ahead of us to enjoy each other's company, and please come to our lunch held at the Tigers Club on the last Friday of the term. All welcome, bring a partner or a friend, they don't have to be a member, and please provide Helen with your name so that she can make a booking at the club.

I look forward to seeing you all again very soon.

Pam McGlenn

WALKS

Helen has decided that she is no longer able to lead the walking group. If any member would like to take her place, she is happy to help you, and has all the walks listed.

It is simply a matter of choosing the walks for the term, arriving on time at the starting place and ensuring that the attendance sheet is signed.

If interested, give her a ring on 0452 160 952.

PLAY READING

The rising cost of venues has forced us to cancel the current booking at the Entrance Community Centre.

Christine has considered a number of options, and has decided that the Shelly Beach Golf Club will be suitable for the play-reading group.

The club opens at 10:00 am, and the group will meet at this time on the terrace. She welcomes any new member who may like to join the group.

Parking and coffee are available.

MAH JONG

A few members have shown an interest in learning Mah Jong, and Rhonda is prepared to offer her home once again. Note that the group will now meet at 1:30 on Thursdays, not Friday as before.

This activity will proceed only if there is sufficient interest.

Rhonda would like at least 6 members present.

If you would like to come, ring her on 0403 293 175

or email
rxm55@outlook.com.au

WELFARE

We wish all our members a very happy and healthy 2023.

If you know of any member who is not well, please advise our Welfare Officer, Gail Shore on 0409 447 751.

MOVIES: MONDAY

Leader: John Richards (4388 4945)
 Venue: 34 Aston Wilde Ave, Chittaway Bay
 Dates: 13, 27 Feb; 13, 27 Mar

**Times: Movies shown mornings, 9.30-12noon
 PLEASE BOOK AS PLACES ARE LIMITED**

Monday, 13 February: RADIOACTIVE 2019 (93 mins)
 Rosamunde Pike, Sam Riley, Anya Taylor-Joy, Aneurin Barnard. RADIOACTIVE is a journey through Marie Curie's enduring legacies, her passionate relationships, scientific breakthroughs, and the consequences that followed for her and the world. It was her discovery of radium which gave us X-rays.

Monday, 27 February: RIDE LIKE A GIRL:
 2019 (94 mins) Teresa Palmer, Sam Neill. The youngest of 10 children raised by a single father, Michelle Payne has long dreamed of winning the Melbourne Cup. Leaving school at 15 to become a jockey, she begins to find her feet, but a family tragedy, followed by her own near-fatal horse fall, all but ends the dream. With the support of her dad and her brother, Stevie, and against medical advice, and the protests of her siblings, she is determined to pursue her dream. The rest is history.

Monday, 13 March: RED JOAN: 2018 (97 mins)
 Judi Dench, Sophie Cookson, Tom Hughes, Stephen Campbell Moore. Joan Stanley is living in contented retirement, when, in 2000, she is suddenly arrested by MI5 and accused of providing intelligence to Communist Russia. As a Cambridge physics student in 1938, she had fallen for a young communist and begun to see the world in a different light.

Monday, 27 March: THE GUERNSEY LITERARY AND POTATO PEEL PIE SOCIETY: 2018 (119 mins)
 Lily James, Michel Huisman, Jessica Brown-Findlay, Katherine Parkinson, Matthew Goode, Tom Courtenay, Penelope Wilton. Lily James plays free-spirited writer, Juliet Ashton, who forms a life-changing bond with the eccentric Guernsey Literary and Potato Peel Pie Society, when she decides to write about the book club which they formed during the WWII German occupation of Guernsey.

MY MEMOIRS MONDAY

Leader: John Haydon (0403 797 585)
 Email: john@haydon.id.au
 Venue: Tigers Club, Bateau Bay
 Dates: 30 Jan; 13, 27 Feb; 13, 27 Mar

We are a friendly group, and meet in the Bistro for lunch before our class. If you would like to record interesting events of your life for yourself, your friends or family, why not join us in the Arthur Lake Room at Tigers, from 1:30 to 3:30 pm, or better still, meet us for lunch in the Bistro around 12:30.

PLAY READING MONDAY

Leader: Christine Kilner (4399 2748)
 Email: chrisatseakay@gmail.com
 Venue: The Terrace, Shelly Beach Golf Club
 Dates: 6, 20 Feb; 6, 20 Mar; 3 Apr

The rising cost of Council rooms has forced us to find another venue, and after some searching, we have decided to meet this term at the Shelly Beach Golf Club. We hope the beautiful view will not prove too distracting. The Club opens at 10:00, if you are early, please wait on the Terrace. As always, we welcome new members to our group.

BOOK CHAT TUESDAY

Leader: Pam McGlinn (4390 2451)
 Email: pamlakeside@bigpond.com
 Venue: Tigers Club, (coffee lounge)
 Dates: 14 Feb; 14 Mar; 11 Apr

If you enjoy reading, please come and join this friendly chat group where we read books of our own choosing. A topic is chosen and then we are free to discuss anything that comes within that genre.

14th February: Summer reading, we discuss what we've been reading over the summer break.

14th March: History.

11th April: Politics. This is during the school holidays; we can discuss in March if we still wish to meet.

BRAIN TICKLERS TUESDAY

Leader: Rhonda MacDiarmid (0403 293 175)
 Email: rxm55@outlook.com.au
 Venue: Tigers Club, Bay Village
 Dates: 7, 21 Feb; 7, 21 Mar; 4 Apr

We usually meet in the Arthur Lake Room at Tigers, Bateau Bay, from 1:30 to 3:30. If unsure, ask at reception desk.

We have lots of interesting activities to test our thinking skills. Please contact Rhonda if you want to attend. Course material for the term will be emailed to you, or you may receive a printed copy at a cost of \$5.00 to cover printing costs.

WALKS TUESDAY

Discontinued at present. See Page 2

CRYPTIC CROSSWORDS WEDNESDAY

Leader: Betty Siegman (0409 476 868)
Email: betty_siegman@hotmail.com
Venue: Diggers, The Entrance
Dates: 8, 22 Feb; 8, 22 Mar

Our venue at Diggers RSL is proving quite satisfactory. We meet at the far (western) end, by the windows. The Club opens at 10:00am, and parking is good. Newcomers are always welcome.

CREATIVE WRITING WEDNESDAY

Leader: Pam McGlenn (4390 2451)
Email: pamlakeside@bigpond.com
Venue: St David's Church Hall, Toukley
Dates: 1, 15 Feb; 1, 15 Mar; 5 Apr

We are now able to accept new members, and welcome anyone who is interested in writing to come and join this happy friendly group. We certainly do write, but we really enjoy it too.

MUSIC APPRECIATION WEDNESDAY

Leader: Betty Siegman (0409 476 868)
Email: betty_siegman@hotmail.com
Venue: 2/46 Neale Street Long Jetty
Dates: 1, 15 Feb; 1, 15 Mar; 5 Apr

If you like music, mostly classical, then this is a really relaxing morning. We listen to beautiful music, accompanied by sometimes breathtaking scenery and interesting conversation during our coffee break.

We have learnt about the lives and music of Schubert, Liszt, Chopin. Elgar, Saint-Saens and many more.

MAH JONG THURSDAY

Leader: Rhonda MacDiarmid (0403 293 175)
Email: rxm55@outlook.com
Venue: 6 Moorlan Ave, Killarney Vale.
Dates: 16 Feb; 2, 16 Mar, 30 Mar

This group will **resume only if there is sufficient interest**. Please advise Rhonda if you would like to come. Beginners are most welcome to come along and learn this fascinating game.

DISCUSSION GROUP FRIDAY

Leader: Helen Rawlings (0452 160 952)
Email: helenmr2739@gmail.com
Venue: Diggers, The Entrance
Dates: 10, 24 Feb; 10, 24 Mar

Diggers RSL at The Entrance is proving very satisfactory for our group. Management have made us very welcome; we meet at the far (western) end of the club, where we are not disturbed. We have some very interesting discussions, which we try to keep non-political and non-religious. Do come along and have your say or just listen in.

Now for a bit of trivia –(Ed)

UP

This two-letter word in English has more meanings than any other two-letter word.

It's easy to understand UP, meaning toward the sky or at the top of the list, but when we awaken in the morning, why do we wake UP? At a meeting, why does a topic come UP? Why do we speak UP, and why are the officers UP for election and why is it UP to the secretary to write UP a report? And, we call UP our friends, brighten UP a room, polish UP the silver, warm UP the leftovers and clean UP the kitchen. We lock UP the house and fix UP the old car.

People stir UP trouble, line UP for tickets, work UP an appetite, and think UP excuses. To be dressed is one thing but to be dressed UP is special.

And this UP is confusing: A drain must be opened UP because it is blocked UP.

We open UP a shop in the morning but we close it UP at night. We seem to be pretty mixed UP about UP!

When it threatens to rain, we say it is clouding UP. When the sun comes out, we say it is clearing UP. When it rains, it may be soaked UP by the earth. When it does not rain for a while, things dry UP. One could go on and on, but I'll wrap it UP, for now. My time is UP!

FRIDAY TALKS

~~ 3rd February ~~

The Cuban Missile Crisis Part 1

Speaker: Alan Florey
Secretary: Pam McGlinn (4390 2451)
Venue: TELJ RSL Hall, Killarney Vale
Time: 10:00 am to 12:00

This talk goes over two sessions.
A 35-day (16 October – 20 November 1962) confrontation between the United States and the Soviet Union, in Cuba. The confrontation is often considered the closest the Cold War came to escalating into a full-scale nuclear war.
The talk uses multi-media to take you through the events and reveals how close the world came to nuclear war. It includes discussions with world leaders, extracts from the film about it. This was the most serious confrontation between East and West during the cold war and President Kennedy's first big decision. With the current situation in Ukraine, it is very relevant and explains why the West does not want to force the Russians into using any type of nuclear weapons.

~~ 17th February ~~

The Cuban Missile Crisis Part 2

Conclusion of Alan's talk on this dramatic period in our lifetime.

~~ 3rd March ~~

Transformation in Remote Nepalese Communities

Speaker: Philippa Hudson
Secretary: Pam McGlinn (4390 2451)
Venue: TELJ RSL Hall, Killarney Vale
Time: 10:00 am to 12:00

Phillipa's talk is based on a one-year project where she volunteered to capture improvements being carried out, giving the financial donors a clearer understanding of the remarkable achievements being made. The results are shown with a pictorial PowerPoint presentation of these communities, their people and the environment.

~~ 17th March ~

Electric Cars

Speaker: Hugh Sykes
Secretary: Pam McGlinn (4390 2451)
Venue: TELJ RSL Hall, Killarney Vale
Time: 10:00 am to 12:00

Now that the battery electric vehicle (EV) revolution is upon us, Margaret and Hugh outline what it is like to own, drive and tour their EVs based on their own experience (Margaret – 4 years and Hugh 2 years). They will also outline the environmental and other benefits and limitations, car traction battery charging at home and at other destinations, government and industry plans, operating costs and bust a few myths promoted by threatened, powerful vested interests. Margaret and Hugh support their talk with a PowerPoint presentation and welcome questions and discussion.

~~ 31st March ~~

Queen Victoria's Jewellery

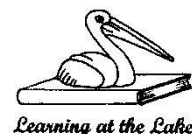
Speaker: Jan Vlazny
Secretary: Pam McGlinn (4390 2451)
Venue: TELJ RSL Hall, Killarney Vale
Time: 10:00 am to 12:00

Queen Victoria and Prince Albert enjoyed a long and exciting era. The Queen's jewellery was varied and fascinating.

A little history, a little gossip, some jewellery chatter, and a PowerPoint presentation can make for an interesting morning.

Following today's talk we will meet for lunch in the Bistro at Tigers, Bateau Bay, from 12:15.

Please advise if coming (See Page 1)



30th January—5th April

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Jan	31 Jan	1 Feb	2 Feb	3 Feb
MY MEMOIRS John Haydon 1.30-3.30 (Tigers)		CREATIVE WRITING Pam McGlinn (Tk-SDCh) MUSIC APPRECIATION Betty Siegman (Long Jetty)		THE CUBAN MISSILE CRISIS Pt 1 Alan Florey (TELJ RSL)
6 Feb	7 Feb	8 Feb	9 Feb	10 Feb
PLAY-READING Christine Kilner (SB GolfC)	BRAIN TICKLERS 1.30-3.30pm (Tigers)	CRYPTIC CROSSWORDS Betty Siegman (Diggers)		DISCUSSION GROUP Helen Rawlings (Diggers)
13 Feb	14 Feb	15 Feb	16 Feb	17 Feb
MY MEMOIRS John Haydon 1.30-3.30 (Tigers) MOVIE CLUB John Richards 9:30 – 12:00 (Chittaway Bay)	BOOK CHAT (Tigers) See Page 3	CREATIVE WRITING Pam McGlinn (Tk-SDCh) MUSIC APPRECIATION Betty Siegman (Long Jetty)	MAH JONG 1:00 to 3:30 See Page 1	THE CUBAN MISSILE CRISIS Pt 2 Alan Florey (TELJ RSL)
20 Feb	21 Feb	22 Feb	23 Feb	24 Feb
PLAY-READING Christine Kilner (SB GolfC)	BRAIN TICKLERS 1.30-3.30pm (Tigers)	CRYPTIC CROSSWORDS Betty Siegman (Diggers)		DISCUSSION GROUP Helen Rawlings (Diggers)

ALL CLASSES ARE FROM 10:00 TO 12:00 UNLESS OTHERWISE STATED



Tuggerah Lakes U3A Inc
Course Calendar: 2023 – TERM 1



30th January—5th April

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Feb	28 Feb	1 Mar	2 Mar	3 Mar
MOVIE CLUB John Richards 9:30 – 12:00 (Chittaway Bay) MY MEMOIRS John Haydon 1.30-3.30 (Tigers)		CREATIVE WRITING Pam McGlinn (Tk-SDCh) MUSIC APPRECIATION Betty Siegman (Long Jetty)	MAH JONG 1:00 to 3:30pm (See Page 1)	REMOTE NEPALESE COMMUNITIES Philippa Hudson (TELJ RSL)
6 Mar	7 Mar	8 Mar	9 Mar	10 Mar
PLAY-READING Christine Kilner (SB GolfC)	BRAIN TICKLERS 1.30-3.30pm (Tigers)	CRYPTIC CROSSWORDS Betty Siegman (Diggers)		DISCUSSION GROUP Helen Rawlings (Diggers)
13 Mar	14 Mar	15 Mar	16 Mar	17 Mar
MOVIE CLUB John Richards 9:30 – 12:00 (Chittaway Bay) MY MEMOIRS John Haydon 1.30-3.30 (Tigers)	BOOK CHAT (Tigers) See Page 3	CREATIVE WRITING Pam McGlinn (Tk-SDCh) MUSIC APPRECIATION Betty Siegman (Long Jetty)	MAH JONG 1:00 to 3:30pm (See Page 1)	ELECTRIC CARS Hugh Sykes (TELJ RSL)
20 Mar	21 Mar	22 Mar	23 Mar	24 Mar
PLAY-READING Christine Kilner (SB GolfC)	BRAIN TICKLERS 1.30-3.30pm (Tigers)	CRYPTIC CROSSWORDS Betty Siegman (Diggers)		DISCUSSION GROUP Helen Rawlings (Diggers)

ALL CLASSES ARE FROM 10:00 TO 12:00 UNLESS OTHERWISE STATED



Tuggerah Lakes U3A Inc
Course Calendar: 2023 – TERM 1



30th January—5th April

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Mar	28 Mar	29 Mar	30 Mar	31 Mar
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay) MY MEMOIRS John Haydon 1.30-3.30 (Tigers)			MAH JONG 1:00 to 3:30pm (See Page 1)	QUEEN VICTORIA'S JEWELLERY Jan Vlazny (TELJ RSL) END OF TERM LUNCH Bistro, Tigers Bateau Bay See Page 1
3 Apr	4 Apr	5 Apr		
PLAY READING Christine Kilner (TECC))	BRAIN TICKLERS 1.30-3.30pm (Tigers)	CREATIVE WRITING 10:00—12:00 (Tk-SDCh) MUSIC APPRECIATION Betty Siegman (Long Jetty)		

ALL CLASSES ARE FROM 10:00 TO 12:00 UNLESS OTHERWISE STATED