



TUGGERAH LAKES U3A NEWS



Tuggerah Lakes U3A Inc. July 2024

Website: www.tugglakesu3a.info

TERM: 3 Start: Tuesday 23 July Finish: Friday 27 September

COMMITTEE:

President:	Pam McGlinn	pamlakeside@bigpond.com.au	4390 2451
Vice-President	Helen Rawlings	helenmr2739@gmail.com	0452 160 952
Secretary	Sonya Oakes	sonyaalupis@gmail.com	4353 1703
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Treasurer	Rhonda MacDiarmid	rxm55@outlook.com	0403 293 175
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Welfare	Gail Shore	gailshore@yahoo.com.au	0409 447 751
Committee	Robert Brimble	bbrimble@optusnet.com.au	0427 034 788
Committee	Betty Siegman	betty_siegman@hotmail.com	0409 476 868

Correspondence: The Secretary PO Box 4019 Bay Village NSW 2261

~~~ VENUES ~~~

Please note the venue addresses below as some venues may have changed.

Play Reading

Room A, The. Ent. Community Centre, Battley Ave

My Memoirs

Tigers Club, Bateau Bay

Brain Ticklers

Arthur Lake Room, Tigers Club, Bateau Bay

Italian Conversation

Canton Beach Sports Club
11 Hibbard Street, Toukley

Creative Writing, St David's Church Hall

Cnr Hargraves & Victoria Sts, Toukley

Music Appreciation

2/46 Neale Street, Long Jetty

Cryptic Crosswords

Diggers Club, The Entrance

Talks

TELJ RSL Hall, Hume Boulevard
Killarney Vale

Coffee and Chat

Diggers Club, The Entrance

MEMBERSHIP FEES

Membership year is 1 January to 31 December.

ANNUAL FEE: (Renewal): \$30

NEW MEMBERSHIP FEE: \$30

or pro rata fee on application

New Members: Membership Form & fee to

Rhonda MacDiarmid PO Box 4019 Bay Village NSW 2261

Renewals: Name, Money (no renewal form needed)

Direct deposit Westpac: BSB: 032 525, A/c 13 4075

include YOUR name and/or Memb. No. with dep

**END-OF-TERM LUNCH
FRIDAY 27 SEPTEMBER
TIGERS BATEAU BAY 12:15
NOTIFY HELEN RAWLINGS
0452 160 952
helenmr2739@gmail.com**

FROM THE PRESIDENT

Our year is half over and we are well into the season of coughs and colds. I won't comment on the weather, I'm sure you are all tired of hearing about it. Just a word of commiseration for all the people who play sport, especially the children, who have had their weekend games cancelled so many times. It is so sad for them.

Things are going well for our club and the new classes have really taken off. I would especially like to thank Jeannine for the way her Italian class has progressed. Not only have existing members joined but we have been able to attract new members especially for it. Our coffee chat at Diggers has been going exceptionally well, and our history talks seem to be popular also. We are always open to new suggestions and would appreciate anyone with any ideas for new classes to get in touch with the committee. Unfortunately, our Book club will be no more, owing to lack of interest. This is especially sad for me, as it is our first club and the first thing I joined in 1998 when we were still a part of the Central Coast U3A.

Speaking of the committee, that is most certainly our biggest problem at the moment, as some of our committee members are retiring at the end of the year, and my limited time of three years will have expired by the end of this year. We desperately need new committee members. Much of the work that I do within the club is not actually associated with the Presidency, which is mainly involved with keeping in touch with our Regional Representative, and NSW U3A Network, and of course, chairing our committee meeting. In other words, answering emails. If you are able to use a computer, please help us out, we desperately need new committee members.

That's all for now. Next time I write we will be back into spring and hopefully warmer weather.

Pam McGlinn

PUBLICITY

- Jeannine's Italian Conversation class began on May 7th at Canton Beach Sports Club, and has been attended well for three classes with one left this term. It has proven to be a friendly place and members are very happy with the boardroom. On occasion when the club needs the room, Jeannine can have people at her home as she did last week. The club has been booked for next term.

- Radio Five-O-Plus has been broadcasting our advertisement, and Pam is monitoring its frequency and gave them a call recently to nudge them when she hadn't heard it for a while.
- Annely Finadri creates a new announcement at least once a month for Facebook, and sends it to Pam to share with her FB community. Did we find someone to do the same in the Bateau Bay and The Entrance communities? In April, she wrote an ad for the Italian class; in May, she promoted the Friday talk about Seniors Rights, and in June, Coffee and Chat, and the Friday talk about Lachlan Macquarie. As a result of the FB ad, Jeannine gained 2 members for the Italian class, which of course means 2 new members for our U3A,
- I am looking for places to hand out our promotional flyers, and wonder whether a letter-box drop in a targeted area might work. Any suggestions?

○

Christine Killner

WELFARE

We have heard that John and Rita Richards are both in Gosford Hospital. John suffered a stroke a few weeks ago, and Rita has had a bad fall and has developed pneumonia. It is not likely they will be able to return to their home, and will need to go into care. They are long-time U3A members and have contributed much over the years. Our thoughts are with them.

They have been showing movies in their home for many years and this activity will be greatly missed by those who regularly attended.

For all U3A members, I hope you are in good health and keeping warm this winter. Please remember to get your flu shot and shingles shot.

Gail Shore

MOVIES

Unfortunately Due to health reasons, Movies will no longer be a class .Rita would like to thank everyone for their attendance at Movies and also their years of friendship at U3A. John has loved sharing some of his favourite movies with you all.

Rita would also like to say that TLU3A had been a big part of our lives since 2003. Weve enjoyed taking part in lots of sessions, I, particularly enjoyed researching and giving talks on the Celts and various personalities from history, both British and Australian. Thank you all.

Rita Richards

BOOK CHAT

Unfortunately, it has become necessary to cancel Book Chats. But thank you to those members who found it interesting.

Pam McGlenn

MY MEMOIRS MONDAY

Leader: Sue Taylor (0411 685 412)
Email: sue53@yahoo.com.au
Venue: Tigers Club, Bateau Bay
Dates: 29 Jul, 12, 26 Aug, 9, 23, Sept

The My Memoirs group is growing this year. We have enjoyed wonderful Memoirs from our new members and are still enjoying the Memoirs from long term members. There always seems to be a topic that has a memory attached and it's worth writing about. Wonderful stories are coming from memories of childhood, schooling, families and strange or funny incidents or events. Stories of lost ones and illness and then there's the experiences of holidays.

We only take a break in the holidays from reading our Memoirs but still gather for lunch each fortnight at TELC (12 midday) to keep our fortnightly momentum going between terms.

PLAY READING MONDAY

Leader: Christine Kilner (0426 278 902)

Email: chrisatseakay@gmail.com

Venue: Room A, The Entrance Community Centre

Dates: 5, 19 August; 2, 16 September.

Parking and access are easy. New members are very welcome in this friendly, enjoyable class.

We learn about the playwrights and read all kinds of plays – new and old; funny, sad and historical. Contact Christine if you are interested in joining us.

BRAIN TICKLERS TUESDAY

Leader: Rhonda MacDiarmid (0403 293 175)
Email: rxm55@outlook.com.au
Venue: Tigers Club, Bateau Bay
Dates: 23 July, 6, 20 August, 3, 17 September

Our U3A Brain Ticklers class encourages social interaction as you share ideas, to solve and complete a variety of activities.

Each week, a range of tasks follow a theme. The tasks may include codes, word puzzles, lateral problems, calculations, discussion and spatial awareness. Group discussion is encouraged before people cheat (sorry, research) on their mobile phone.

So, keep a smile on your face, laugh & learn something each week. Encourage each other to be creative & have fun as you solve the different tasks.

ITALIAN CONVERSATION TUESDAY

Leader: Jeannine Asciale (0438 926 927)

Email: jeannine@asciale.com

Venue: Canton Beach Sports Club, 11 Hibbard Street, Toukley 2263

Dates: 23 July; 13, 27 August; 10, 24 September.

Time: 10.00-12.00

Learning a new language is excellent exercise for the brain.

This group has been enjoying their first term of learning Italian. It's light-hearted and fun for anyone who may travel, or perhaps they have family living in Italy, or have someone Italian as part of their family. I am not qualified to teach serious Italian grammar, but I do have a wide knowledge of Italy, the language and some simple grammar, which will help you to construct sentences and not be afraid to speak it.

CRYPTIC CROSSWORDS WEDNESDAY

All our crossword group agree it is a great fun morning, and they never want to miss it. We learn a few new words, and have lots of laughs.

Leader: Betty Siegman (0409 476 868)

Email: betty_siegman@hotmail.com

Venue: Diggers, The Entrance

Dates: 24 Jul; 14, 28 Aug; 11, 25 Sep

Our venue at Diggers RSL is proving quite satisfactory. We meet at the far (western) end, by the windows. The Club opens at 10:00am, and parking is good. Newcomers are always welcome.

CREATIVE WRITING WEDNESDAY

Leader: Pam McGlenn (4390 2451)

Email: pamlakeside@bigpond.com

Venue: St David's Church Hall, Toukley

Dates: 24th July, 7, 21 August 4, 18 Sept.

We are now able to accept new members, and welcome anyone who is interested in writing to come and join this happy friendly group. We certainly do write, but we really enjoy it too.

MUSIC APPRECIATION WEDNESDAY

Leader: Betty Siegman (0409 476 868)

Email: betty_siegman@hotmail.com

Venue: 2/46 Neale Street Long Jetty

Dates: 7, 21 Aug; 4, 18 Sep

If you enjoy listening to music, this is the group for you. Orchestral, opera, musical comedy, ballet, a wide range of music. Learn about the lives of the composers, and watch a performance, accompanied by stunning scenery. A cozy, relaxed morning.

COFFEE & CHAT GROUP FRIDAY

Venue: Diggers, The Entrance
Dates: 26 Jul, 9, 23 Aug, 13 Sept

Diggers RSL at The Entrance is proving very satisfactory for our group. We meet at the far (western) end of the club, and have had some very interesting discussions, which we try to keep non-political and non-religious. Do come along and have a chat over a coffee.

Note: Not scheduled for 27th Sept, as it is the end-of-term lunch (see page 2)

TALKS FRIDAY

Leader Pam McGlinn (43902451)
Email pamlakeside@bigpond.com
Venue RSL Hall, Hume Boulevard, Killarney Vale
Dates 2, 16 Aug 6 Sept

2nd Aug CAROLYN KINGSMILL AUSTRALIAN HISTORY PART 4

By the time Lachlan Macquarie arrived in the growing colony, finding fresh agricultural land was imperative. But for the British colonists, the ranges to the west were an impenetrable obstacle to exploration and settlement. The crossing of the Blue Mountains in 1813, enabled settlers to access and use the land west of the mountains. Their strenuous efforts and the hardships endured for farming saw the settlement of Australia's first inland city, Bathurst - the site of our first gold rush. This presentation will follow these important events and in doing so tap into some of my own family history.

16 Aug ROSS CARLTON MUSCOVITE COMPANY

In the 16th century, when the English failed to find a NW passage to China around the top of America they turned their attention to the NE. This led to trade with Russia and the formation of the Muscovite Company, the world's first joint stock company.

6th Sept. BETTY SIEGMAN ARMY FOOD

Not only did our soldiers put their lives on the line for us, but they often had to eat the most disgusting food in appalling conditions. Have things improved in the last 100 years? Let's find out.

Note: No talk on Friday 20th September, the hall is not available.

TLU3A 2024 TERM 3 COURSE SUMMARY

CLASS	LEADER	JULY	AUG	SEPT	VENUE
PLAY READING 10.00 - 12.00	Christine Kilner		5, 19	2, 16	Room A, The Entrance Community Centre
MY MEMOIRS 1.30 - 3.30	Sue Taylor	29	12, 26	9, 23	Tigers Club, Bateau Bay
ITALIAN CONVERSATION 10.00 - 12.00	Jeannine Asciak	23	13, 27	10, 24	Canton Beach Sports Club, 11 Hibbard Street, Toukley
BRAIN TICKLERS 1.30 - 3.30	Rhonda MacDiarmid	23	6, 20	3, 17	Tigers Club, Bateau Bay
CREATIVE WRITING 10.00 - 12.00	Pam McGlenn	24	7, 21	4, 18	St David's Church Hall, Toukley
MUSIC APPRECIATION 10.00 - 12.00	Betty Siegman		7, 21	4, 18	2/46 Neale Street Long Jetty
CRYPTIC CROSSWORDS 10.00 - 12.00	Betty Siegman	24	14, 28	11, 25	Diggers Club, The Entrance
TALKS 10.00 - 12.00	Pam McGlenn		2, 16	6	RSL Hall, Hume Boulevard Killarney Vale
COFFEE & CHAT 10.00 - 12.00	None	26	9, 23	13	Diggers Club, The Entrance

MONDAY: Play Reading, Memoirs

TUESDAY: Italian Conversation, Brain Ticklers

**WEDNESDAY: Creative Writing, Cryptic Crosswords, Music
Appreciation**

FRIDAY: Talks, Coffee & Chat