



Learning at the Lake

TUGGERAH LAKES NEWS

Tuggerah Lakes U3A Inc

April 2009

Website: www.tugglakesu3a.info

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FROM THE EDITOR:

The Easter Bunny and his Bilby mates have come and gone, thank goodness, and we can all get down to work once more. The term kicks off with what should be a most interesting and informative tour of the Ocean Rescue Station and Lighthouse at Norah Head. Tommy has assured me that there's a good viewing platform not too far up, so you don't have to haul your arthritic bodies all the way to the top.

I spent a couple of days attending the U3A Conference in Orange, which was a very full-on experience, but the two lectures on Climate Change made things a lot more understandable, and the workshops and discussions became quite heated at times. I hope to receive transcripts soon.

Jocelyn Webster is organising a trip, "Let's Look, Learn and Laugh", for two nights, three days to Canberra in October 13th-15th. This is during the school holidays. The cost is \$450 ppts and includes coach travel, bed (at Forrest), breakfast and dinner, with lunch at your own expense. You will visit the National Library, National Museum, Portrait Gallery and hear a Carillon Recital among other things. Sounds a great trip.

For more details, phone Jocelyn 4388 5743.

Jayne Davis

IMPORTANT ANNOUNCEMENT— VENUES:

Please note the venue addresses below as space constraints prevent us from using the full addresses in the calendar.

diggers:

The Entrance Rd (or Gallipoli St), Long Jetty

TBC: The Berkeley Centre, Berkeley Vale

Cnr Berkeley Rd & Heather Ave

Creative Writing Workshops

St Davids Church Hall, Toukley

French Conversation:

74 Evans Rd, Canton Beach

Movie Appreciation:

34 Aston Wilde Av, Chittaway Bay

President:	Tom Marish	4396 6800
Vice President:	Margaret Goode	4390 2766
Secretary:	Rita Richards	4388 4945
Treasurer:	Cam Rhodes	4332 4103
Course Co-ordinator:	Tommy Thomas	4388 9420
Venue Co-ordinator:	Pam McGlinn	4390 2451
Membership:	Betty Siegman	4332 0870
Publicity:	Tony Thomson	4358 3655
Welfare Officer:	Joyce Clinch	4333 6586
Newsletter Editor:	Jayne Davis	4396 3446
Correspondence:	The Secretary	

34 Aston-Wilde Ave, Chittaway Bay, 2261

**SOCIAL DAY
AND PERFORMANCE BY THE PLAY
READERS of "THE BROWNING VERSION"
by Terence Rattigan
At diggers @ the entrance in the larger of
the two function rooms**

Date: Friday 29th May
Bookings: Dorothy Rhodes (4332 4103)
Time: **9.45am** -12.30pm
Charge: Members - no charge
Non-Members - \$5

**Please book by Thursday, 21st May and
let Dorothy know if you can't come**

A cup of coffee will be available on arrival,
followed by another cuppa and nibbles after the
play.

MEMBERSHIP FEES:

Annual Membership Fees are due on 1st January
each year, and are **\$20 per person**. For people
joining after 30th June, the fee will be \$10, with a
pro rata fee for each month after that.

**Place your money together with your
Membership Form in a sealed envelope and
forward to The Treasurer:**

**Cam Rhodes,
52 Lucinda Avenue,
Killarney Vale 2261**

**TERM 3: Start: 27th April
Finish: 10th July**

FROM THE PRESIDENT:

If you are interested in learning more about U3A in NSW and Australia and have access to the Internet, log onto "www.nsw.u3a.org.au". This is the website of U3A Network NSW which is the umbrella organisation and to which most, if not all, U3A chapters in this state belong. Here you will find several newsletters called *Newslink*.

A small entry in the January 2009 issue quotes a comment by a British member who said "Line dancing is an inappropriate activity for the old biddies in U3A". This apparently invoked a lot of response, some concurring saying things like, "line dancing does not enhance the image of the 'university' which is in our name". But most respondents said just the opposite. One said "U3A is about informal learning and can include line dancing and playing cards and was founded for people to improve and enjoy their lives in whatever way suited them".

I agree. I joined U3A some 12 or 13 years ago in order to slow down the deterioration of my remaining grey cells during retirement, but surprisingly I have noticed the popularity of the "informal" activities. There is no doubt that a major attraction is the socialising. We are now looking at the prospect of multi-day trips.

It has been pleasing to see up to 40 people at some of our "formal" sessions. To date, our membership is 125, but we do need more members, especially younger people. Tony Thomson has done a great job with Publicity, getting pieces in the local papers and distributing brochures; but the best publicity is word of mouth.

Tom Marish

COURSE CO-ORDINATOR'S REPORT:

The visit to Norah Head will cost \$12 per head made up of \$7 charge for lighthouse tour and \$5 donation to Ocean Rescue (they will provide tea and coffee). I have twenty seven names so far and there is a limit of thirty. Contact Tommy on 4388 9420 if you want a place.

Our series of talks on the "Waterways" theme will continue with Jenny and Bob McLean on British Waterways.

The series on the history of the Celts by Rita Richards has attracted very strong attendances and we look forward to her next four talks.

Bethany Goudin, the Community Officer at The Entrance Police Station, will be the Contributor to our series of talks that relate to the Tuggerah Lakes local area.

The owner of the "Amazement" experience in the Yarramalong Valley, Gennie Engebretsen, will speak about this novel facility.

Betty Siegman will describe a visit made to Japan, and Bob Balfour will explain the history and technology behind the telegraph service that was so important to Australia in the last century.

As a result of our visit last year to the Ourimbah Campus, Ernie Altman will explain the role of the Colgate Regional Oral Health Clinic, and he will be accompanied by one of the trainee dental hygienists.

Enjoy another year of "Learning at the Lake".

Tommy Thomas

WELFARE REPORT

You may regret saying to any member "How are you?" but the short answer is that most of us are doing very well—"considering".

Ann Davis is slowly recovering from her surgery and our best wishes go out to her. We also send very best wishes to Judy Writer and hope she will soon be on the mend.

It was pleasing to see Henriette Vanechop at the Social, and she is looking forward to re-commencing the French Conversation classes this term.

Joyce Clinch

INTROCUCTION TO THE CELTS: MONDAY

Speaker: Rita Richards
Secretary: Pam McGlinn (4390 2451)
Venue: diggers @ the entrance
Date: 4th May

Part 6. The Celts in Ireland. 6,500BC—Ptolomy's map; everyday life; Hill of Tara, seat of the high Kings; The Mound of the Hostages; Navan Fort; The Book of Kells; Christianity in Ireland.

INTRODUCTION TO THE CELTS: MONDAY

Speaker: Rita Richards
Secretary: Margaret Goode (4390 2766)
Venue: diggers @ the entrance
Date: 18th May

Part 7. The Celts in Wales. The Paviland Caves; Roman fortifications; arrival of Christianity; 'Y Gododdin' & the first mention of 'Arthur'; the Venerable Bede; 'Offa' Dyke'; Hywel the Good & his codification of the law; King Athelstan; the coming of the Normans; the Mabinogion; Llansteffan Castle.

MONDAY

AMAZEMENT:

Speaker: Gennie Engerbretsen
Secretary: Tommy Thomas (4388 9420)
Venue: diggers @ the entrance
Date: 1st June

Gennie Engebretsen (nee Nevinson) has had a long career as an actress, appearing in over 30 movies and mini-series. Gennie describes herself also as a professional story teller who has recently created a fun park for families called "Amazement" in the Yarramalong Valley. Come and be amazed.

INTRODUCTION TO THE CELTS: MONDAY

Speaker: Rita Richards
Secretary: Margaret Goode (4390 2766)
Venue: diggers @ the entrance
Date: 15th June

Part 8. The Celts in Scotland - The Picts. Skara Brae; daily life—pastoral economy; Pictish tribes; Pictish kings; Maes Howe; Mousa Broch; craggogs; Pictish religion; Pictish art; Norrie's Law hoard; Picts vs the Romans.

For Part 9— see Friday 19th June, page 5

WATERWAYS OF THE WORLD: MONDAY

Speakers: Bob and Jenny McLean
Secretary: Tom Marish (4396 6800)
Venue: diggers @ the entrance
Date: 6th July

British Canals. This talk will cover the development of the British inland waterways system and its transition over 20 years industrial use to the major leisure and tourist attraction it is today.

MOVIE APPRECIATION: MONDAY

Leader: John Richards (4388 4945)
Venue: 34 Aston Wilde Ave, Chittaway Bay
Dates: 27th April, 11th, 25th May, 22nd, 29th June
Time: 9.30am-12.00pm

IMPORTANT: PLEASE BOOK AS PLACES ARE LIMITED.

John, as usual, has selected a varied group of excellent classic films for this term.

27th April: DRAGONWYCK: (1946) Drama (103 mins) Gene Tierney, Walter Huston, Vincent Price, Jessica Tandy. Period chiller. A simple Connecticut farm girl is recruited by a distant relative to be governess to his young daughter in his gloomy Hudson Valley mansion.

11th May: TIGER BAY: (1959) Drama (105 mins) John Mills, Hayley Mills, Horst Buchholtz, Yvonne Mitchell. Lonely Cardiff child witnesses a murder and is abducted by the Polish sailor-killer. Hayley steals the show in her first acting role.

25th May: TO THE ENDS OF THE EARTH: (1948) Drama (109 mins) Dick Powell, Signe Hasso, Ludwig Donath, Vladimir Sokoloff. Dick Powell is sent to several foreign locales to track down an opium ring. The villains are subversives (Red? Fascists?) who plan to take over the world by hooking everybody on 'the hard stuff'.

22nd June: THE OTHER BOLEYN GIRL: (2002) Drama (111 mins) Scarlett Johansson, Natalie Portman, Eric Bana. Two beautiful sisters, Mary and Anne Boleyn, driven by their family's blind ambition, compete for the love of Henry V111.

29th June: WHAT LIES BENEATH: (2000) Drama (109mins) Harrison Ford, Michelle Pfeiffer, Miranda Otto. Happily married woman senses the presence of a ghost in her idyllic Vermont home. Could her husband have anything to do with the strange happenings?

NOTE: 1. Venue locations—see Page 1.
2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.

THE READERS GROUP: MONDAY

Leader: Dorothy Rhodes (4332 4103)
Venue: diggers @ the entrance
Dates: 27th April, 25th May, 22nd June

Last term we looked at Russian Literature, learnt a lot and enjoyed the class immensely. This term we are investigating influential books and the bearing they have had on us and society in general. We will be looking at light reading (not Mills and Boon!) and other subjects in the months to come. Everyone welcome.

PLAY READING TUESDAY

Secretary: Megan Targett (4332 9476)
Venue: diggers @ the entrance
Dates: 28th Apr, 12th, 26th May, 9th, 23rd June

Our Playreaders have enjoyed reading comedies, farces and tragedies over the years. The last plays we have read for you have been comedies, so now time for a change with "The Browning Version".

This will be presented on **Friday, 29th May** at our next Social day.

SAFETY AT SEA: WEDNESDAY 29th APRIL

The visit to the Ocean Rescue Station and Norah Head Lighthouse.

Meet at the Rescue Station at 9.00am to be shown over the Station. Morning tea will be provided. Then go to the lighthouse, for your picnic lunch before our tour of the lighthouse at 12.00.

There is plenty of parking, seats and tables for your lunch; and also toilets at the site.

This is just a reminder for people who have booked, as I believe this tour is full.

Any enquiries, phone Tommy Thomas (4388 9420)

MUSIC APPRECIATION WEDNESDAY

Leader: Betty Siegman (4332 0870)
Venue: The Berkeley Centre
Dates: 13th, 27th May, 10th, 24th June, 8th July
Time: 10.15 am—12.15 pm.

We all enjoyed Richard Gill's dissection of major works last term; this term Simon Callow is going to tell us about famous composers, the countries and cities where they lived, loved and wrote their wonderful music.

CRYPTIC CROSSWORDS WEDNESDAY

Leader: Betty Siegman (4332 0870)
Venue: diggers @ the entrance
Dates: 6th, 20th May; 3rd, 17th June; 1st July

This course seems to be growing all the time. There are two groups, one of which caters for beginners. Don't be shy, we don't take ourselves too seriously, it really can be fun and taxes your brain as well.

CREATIVE WRITING WORKSHOP WEDNESDAY

Secretary: Pam McGlenn (4390 2451)
Venue: St. Davids Church Hall, Toukley
Dates: 6th, 20th May; 3rd, 17th June; 1st July

This vibrant group just keeps becoming more and popular, so much so that it's full! If you wish to enquire about it, ring Pam on (4390 2451)

FRENCH CONVERSATION AT HOME: THURSDAY

Leader: Henriette Vanechop (4396.7847)
Venue: 74 Evans Road, Canton Beach
Dates: 7th, 14th, 21st May; 4th, 11th, 18th June; 2nd, 9th July
Time: 1.30pm - 3.30pm

This session is designed for people with a basic knowledge of French.

The auxiliary international language Esperanto is also available.

VISIT TO JAPAN: FRIDAY

Speaker: Betty Siegman
Secretary: Margaret Goode (4390 2766)
Venue: diggers @ the entrance
Date: 1st May

In 1995, and again in 1998, the CSIRO Australia Telescope sent Betty to Japan to work at ISAS, the Institute of Space and Astronautical Science, based near Yokohama. Betty will share some of her impressions of this country, its places and its people.

In the 1500s, most people got married in June because they took their yearly bath in May, and still smelled pretty good by June. However, they were starting to smell, so brides carried a bouquet of flowers to hide the body odour. Hence the custom today of carrying a bouquet when getting married.

**NOTE: 1. Venue locations—see Page 1.
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TELEGRAPHY: FRIDAY

Speaker: Bob Balfour
Secretary: Margaret Goode (4390 2766)
Venue: diggers @ the entrance
Date: 15th May

Bob, supported by the "Morsecodians" fraternity will demonstrate Morse code practice, equipment and history and the human aspects of this era in Australia.

CRIME PREVENTION: FRIDAY

Speaker: Bethany Gaudin
Secretary: Margaret Goode (4390 2766)
Venue: diggers @ the entrance
Date: 5th June

There are always thieves on the lookout for properties to rob. But there are simple measures you can take to reduce your property being targeted, by being careful and alert, sharing information and by working with neighbours to make your community safer. Information will be provided on safety in your home, how to protect yourself from con artists, safety out and about, banking security and how to contact police.

INTRODUCTION TO THE CELTS: FRIDAY

Speaker: Rita Richards
Secretary: Margaret Goode (4390 2766)
Venue: diggers @ the entrance
Date: 19th June

Part 9. Celtic Sites: Ancient and Reconstructed.

Ancient Sites: Avebury; Old Sarum; Merrivale; the Rollright Stones, King stone & Whispering Knights; Maiden Castle; Stanton Drew; Long Meg & her Daughters; Uffington White Horse & Dragon Hill; South Cadbury Hillfort; *Reconstructed Sites:* Buster Ancient Farm; Archeolink; Castell Henllys, Australian Celtic Site.

"One of the most astounding uses of a thimble may have taken place in 1856 when Latimer Clark was testing the first transatlantic cable. After several failed attempts, he borrowed a thimble and added a small amount of acid and zinc, creating a miniature electric cell. This thimble generated enough current to send a signal across 3,700 miles a second. Quite a colourful history for such a tiny sewing tool!"

From one of Polly's patchwork magazines.

**FRIDAY
MY TEETH ARE GETTING OLDER- DO I NEED TO
PUT MY MONEY WHERE MY MOUTH IS?**

Speaker: Ernie Altman
Secretary: Margaret Goode (4390 2766)
Venue: diggers @ the entrance
Date: 3rd July

The presentation will be in two parts. Ernie will speak on the relationship between Oral Health and several aspects of systemic diseases; heart disease and some forms of cancer. He will discuss dry mouth problems, and the vexed issue of mouthwashes. Information will be provided on cost effective options for maintaining Oral Health. There will be time for questions of a more general nature. A Bachelor of Oral Health student will speak on the role of the Dental Hygienist, and how to gain access to the Colgate Regional Oral Health Clinic at the Ourimbah Campus.

DISCUSSION GROUP: FRIDAY

Leader: Marie Cioccarelli
Venue: diggers@ the entrance
Dates: 8th, 22nd May; 12th,26th June;10th July

Come along and join with Marie in discussing current affairs, Your suggestions are always welcome as you join in with this very friendly and verbally active group.

MAH JONG: FRIDAY

Leader: Pam McGlinn (4390 2451)
Venue: diggers@ the entrance
Dates: Every Friday—1st May—10th July
Time: 1.30—3.30pm

Mah Jong is an ancient game that originated in China. It involves skill, strategy and calculation. Come and try your luck at this fascinating game. Beginners welcome.

**SOCIAL DAY and PLAYREADING
When? FRIDAY, 29th MAY
Where? DIGGERS lower Function Room**

Our popular Play Readers are presenting us with a play in one Act:
"THE BROWNING VERSION"
by the popular dramatist Terence Rattigan
We invite you to have coffee before the show, and to partake of nibbles and a chat afterwards.

**WE ASK YOU TO BE THERE BY 9.45am IN ORDER FOR
THE PLAY TO BEGIN AT 10am SHARP**
Terence Rattigan has written scripts for many plays and films. This play was first produced in London in 1948, and subsequently made into two movie versions. It tells the story of an embittered middle-aged schoolmaster who feels his life has been a failure and that he has become obsolete.

NOTE: 1. Venue locations—see Page 1.
2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.

Tuggerah Lakes U3A Inc
Course Calendar: 2009 – TERM 2
27th April –10th July



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Apr	28 Apr	29 Apr	30 Apr	1 May
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay) THE READERS GROUP Dorothy Rhodes (diggers)	PLAY READING Beverley Budnichenko (diggers)	SAFETY AT SEA & VISIT TO NORAH HEAD LIGHTHOUSE John Hassen (See details page 4)	5th	VISIT TO JAPAN Betty Siegman (diggers) MAH JONG 1.30pm-3.30pm (diggers)
4 May	5 May	6 May	7 May	8 May
THE CELTS IN IRELAND Rita Richards (diggers)		CRYPTIC CROSSWORDS Betty Siegman (diggers) CREATIVE WRITING WORKSHOP (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30pm Canton Beach	DISCUSSION GROUP Marie Cioccarelli (diggers) MAH JONG 1.30pm-3.30pm (diggers)
11 May	12 May	13 May	14 May	15 May
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay)	PLAY READING Beverley Budnichenko (diggers)	MUSIC APPRECIATION Betty Siegman (TBC)	FRENCH CONVERSATION Henriette Vanechop 1.30pm (Canton Beach)	TELEGRAPHY Bob Balfour (diggers) MAH JONG 1.30pm-3.30pm (diggers)
18 May	19 May	20 May	21 May	22 May
THE CELTS IN WALES Rita Richards (diggers)		CRYPTIC CROSSWORDS Betty Siegman (diggers) CREATIVE WRITING WORKSHOP (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30 pm (Canton Beach)	DISCUSSION GROUP Marie Cioccarelli (diggers) MAH JONG 1.30pm-3.30pm (diggers)
25 May	26 May	27 May	28 May	29 May
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay) THE READERS GROUP Dorothy Rhodes (diggers)	PLAY READING Beverley Budnichenko (diggers)	MUSIC APPRECIATION Betty Siegman (TBC)		SOCIAL DAY and PLAYREADING of Terence Rattigan's "THE BROWNING VERSION" (diggers) See page 5 for details
1 June	2 June	3 June	4 June	5 Jun
AMAZEMENT Gennie Engerbretsen (diggers)		CRYPTIC CROSSWORDS Betty Siegman (diggers) CREATIVE WRITING WORKSHOP (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30 pm (Canton Beach)	CRIME PREVENTION Bethany Gaudln (diggers)

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Tuggerah Lakes U3A Inc
Course Calendar: 2009 – TERM 2
27th April-10th July



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 June	9 June	10 June	11 June	12 June
PUBLIC HOLIDAY	PLAY READING Beverley Budnichenko (diggers)	MUSIC APPRECIATION Betty Siegman (TBC)	FRENCH CONVERSATION Henriette Vanechop 1.30pm (Canton Beach)	DISCUSSION GROUP Marie Cioccarelli (diggers) MAH JONG 1.30pm-3.30pm (diggers)
15 June	16 June	17 June	18 June	19 June
THE CELTS IN SCOTLAND/THE PICTS Rita Richards (diggers)		CRYPTIC CROSSWORDS Betty Siegman (diggers) CREATIVE WRITING WORKSHOP (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30pm (Canton Beach)	THE CELTS—CELTIC SITES, ANCIENT & RECONSTRUCTED Rita Richards (diggers) MAH JONG 1.30pm-3.30pm (diggers)
22 June	23 June	24 June	25 June	26 June
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay) THE READERS GROUP Dorothy Rhodes (diggers)	PLAY READING Beverley Budnichenko (diggers)	MUSIC APPRECIATION Betty Siegman (TBC)		DISCUSSION GROUP Marie Cioccarelli (diggers) MAH JONG 1.30pm-3.30pm (diggers)
29 June	30 June	1 July	2 July	3 July
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay)	5th	CRYPTIC CROSSWORDS Betty Siegman (diggers) CREATIVE WRITING WORKSHOP (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30pm (Canton Beach)	MY TEETH ARE GETTING OLDER Ernie Altman (diggers) MAH JONG 1.30pm-3.30pm (diggers)
6 July	7 July	8 July	9 July	10 July
BRITISH CANALS Bob & Jenny McLean (diggers)		MUSIC APPRECIATION Betty Siegman (TBC)	FRENCH CONVERSATION Henriette Vanechop 1.30pm (Canton Beach)	DISCUSSION GROUP Marie Cioccarelli (diggers) MAH JONG 1.30pm-3.30pm (diggers)

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