



Tuggerah Lakes NeWs

Tuggerah Lakes U3A Inc

October 2010

Website: www.tugglakesu3a.info

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FROM THE EDITOR:

It seems almost impossible to believe that we are about to commence our final term for this year. The time has flown by so very quickly, partly, I think, because there is always another interesting talk or U3A activity to attend, and life is never dull.

Our singing group continues to flourish, as some of you will have seen (and heard) at our recent social day. But, as we said, the operative word is 'fun', and we certainly have that in plenty. If you enjoy a good sing-along, please join our group, you will be made most welcome.

Of course, the quality of our talks is greatly enhanced by our ability to provide technical and computer support, by way of Power Point presentations and the like. This support cannot be given without a real person pressing the buttons. We are currently looking for a few members who may be interested in taking on this job. It would involve assisting at no more than two or three talks each term. You will be given a short training course and help at your side until you feel confident to fly solo. If you are interested, talk to Tom Marish, Tommy Thomas or any committee member.

- Betty Siegman

IMPORTANT ANNOUNCEMENT— VENUES:

Please note the venue addresses below as space constraints prevent us from using the full addresses on the calendar.

diggers:

The Entrance Rd (or Gallipoli St), Long Jetty

LJUC: Long Jetty Uniting Church

The Entrance Rd Long Jetty (opp diggers)

TBC: The Berkeley Centre, Berkeley Vale

Cnr Berkeley Rd & Heather Av

Creative Writing Workshops

St David's Church Hall, Toukley

French Conversation:

74 Evans Rd, Canton Beach

Movie Appreciation:

34 Aston Wilde Av, Chittaway Bay

President:	Margaret Goode	4392 0206
Vice President:	Rita Richards	4388 4945
Acting Secretary:	Rita Richards	4388 4945
Treasurer:	Cam Rhodes	4332 4103
Course Co-ordinator:	Gloria Watson	4332 7077
Venue Co-ordinator:	Pam McGlinn	4390 2451
Membership:	John Collis	4333 9079
Publicity:	Tony Thomson	4358 3655
Welfare Officer:	Jayne Davis	4396 3446
Newsletter Editor:	Betty Siegman	4332 0870
Correspondence:	The Secretary	
	PO Box 6295	
	Long Jetty 2261	

ANNUAL GENERAL MEETING **and CHRISTMAS PARTY**

**At diggers@the entrance in the
Downstairs Room (Gallipoli St)**

Date:	Wednesday 8th December
Bookings:	Pam McGlinn (4390 2451)
Time:	10:00am—1:00pm
Cost:	Members—no charge Non-members—\$10

Bookings essential for lunch

Final date: Friday 3rd December

**Please note: if you have booked for lunch
but are unable to come, it is essential that
you notify Pam.**

Details of the AGM will be given in the letter that will accompany the Formal Notice and Agenda to be sent to all members early in November.

MEMBERSHIP FEES:

Membership Year is 1 January to 31 December.

ANNUAL FEE: (Renewal): \$20.

**NEW MEMBERSHIP FEE: \$5 for each Term
(or part thereof) for remainder of year.**

**Place your money together with your
Membership Renewal Form in a sealed envelope
and forward to The Treasurer:**

**Cam Rhodes
52 Lucinda Avenue
Killarney Vale 2261**

<u>TERM :</u>	Start: 11th October
	Finish: 8th December

FROM THE PRESIDENT:

Greetings to all! Where has term 3 gone? The old saying 'Now that I'm retired, I don't know how I found time to go to work' seems to be getting more and more true as the years go by.

Once again we have been spoilt by the great variety of speakers who have come along to hold our interest on so many days through the term. Government, medical, art, safety and history have all been included. Most of these mornings have been well attended. However, some of our smaller groups are struggling to survive, with numbers falling in some groups. Members who facilitate courses put in many hours of preparation and would appreciate your attendance. If you have a spare morning or afternoon you might enjoy trying something out of your usual 'comfort zone'. All our members are very nice people and will welcome you with open arms. So check the timetable in this newsletter and come along.

This term we will be having our AGM and will be looking for people to join the committee. So think about friends who may be interested in helping U3A in this way and put forward a nomination. I look forward to seeing you in Term 4.

- Margaret Goode



WELFARE REPORT:

Not very much has happened this term that I have been made aware of.

Cards have been sent to John Richards, Meg Rapley, Margaret Hagan and Gwen Seddon, who is currently in Wyong Hospital.

- Jayne Davis

COURSE CO-ORDINATOR'S REPORT:

Term 4 promises us a range of topics to stimulate and learn from and most importantly, to enjoy.

We begin the term with the beginning and end of life! Diane Cunningham is a Justice of the Peace and Registered Celebrant who conducts a Naming Ceremony to commence life, Marriage Ceremony to usher us into adult life and Funeral Service to see us on our final journey. She will give us an insight into these services and perhaps some hints which can help us when planning a ceremony.

Brian Hansford from Cooranbong is into architecture and in a most interesting way as we will discover when he takes us on a journey through time and styles as we go from Solomon's Temple to our very own Governor Arthur Phillip's Farm Cove residence. Not content to stay with land locked structures, later on in the term he has us visit some great ships of history, specifically battleships.

Bede Heather continues to take us on a trip through history, albeit it on a slightly different route, as he completes his series on Paul of Tarsus.

We have our own Tom Marish reminiscing on his visit to the Canadian Maritime and Atlantic provinces, and with the big buying season coming along very soon, it is not a moment too soon to hear from Mel Llewelyn. Giving us examples from both at home and overseas, Mel looks at the way supermarkets and consumer goods companies work, and the techniques used to get consumers to purchase their products.

Another very interesting gentleman and an academic from the University of Newcastle, Howard Bridgman, will give us some insight into his vast knowledge of weather, in particular storms. I feel sure he will have us waiting for our next storm after he fills us in on their structure and patterns over Australia and their potential to influence climate change.

To finish our year and to prepare us for relaxing times over the holidays, we have Christine Lovatt of Lovatts Crosswords speaking to us. I am sure she is held in unique regard by many of us and her visit will be a great way to finish off our year.

A very happy and holy Christmas and festive season to all.

- Gloria Watson



GOD TO GOVERNOR: MONDAY

Speaker: Brian Hansford
Secretary: Rita Richards (4388 4945)
Venue: diggers @ the entrance
Date: 18th Oct

A ramble round buildings world-wide, of all periods, some existing, some long demolished, from Solomon's Temple to Arthur Philip's Government House at Farm Cove.

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**CANADIAN MARITIME AND ATLANTIC PROVINCES: MONDAY**

Speaker: Tom Marish  
Secretary: Pam McGlinn (4390 2451)  
Venue: diggers @ the entrance  
Date: 1st Nov

Tom will give us a brief review of the history of the Eastern Provinces, followed by photos of the many interesting features of each area, as well as the more remote Newfoundland and Labrador.

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THE BROADSIDE GUN WARSHIP: MONDAY

Speaker: Brian Hansford
Secretary: Gloria Watson (4332 7077)
Venue: diggers @ the entrance
Date: 15th Nov

Today Brian, a volunteer with the National Maritime Museum, will take us on an imaginary journey to the 'Mary Rose', the "Elizabeth Jonas", HMS Victory, HMS Nelson (the only wooden battleship of the line to come to Australia) and HMS Victoria.

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**LOVATTS CROSSWORDS: MONDAY**

Speaker: Christine Lovatt  
Secretary: Betty Siegman (4332 0870)  
Venue: diggers @ the entrance  
Date: 6th Dec

Christine has been creating crosswords and puzzles for 32 years, building from one single crossword to the company that today is Lovatts Publications. Today she tells us how she began such a fantastic career, and how she has guided thousands of others down the cryptic path.

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MOVIE APPRECIATION: MONDAY

Leader: John Richards (4388 4945)
Venue: 34 Aston Wilde Ave, Chittaway Bay
Dates: 11th, 25th Oct; 8th, 22nd Nov

Times: Please note, movies will be shown only in the mornings from 9.30-12 noon

IMPORTANT: PLEASE BOOK, PLACES ARE LIMITED
John, as usual, has selected a varied group of excellent films for this term. If you enjoyed the Hanoverians, don't miss The Duchess.

11th Oct: THE DUCHESS: (2008) 109 mins. Based on Amanda Foreman's biography of the scandalous 18th-century English aristocrat, Georgiana Cavendish, Duchess of Devonshire. An ancestor of Diana, Princess of Wales, Georgiana was alternately celebrated and reviled for her extravagant political and personal lives. The film stars Keira Knightley as Georgiana and Ralph Fiennes as her husband, supported by Charlotte Rampling and Dominic Cooper. (To link in with our study of The Hanoverians)

25th Oct: WHALE RIDER: (2003) 101mins. NZ drama. Keisha Castle-Hughes, Rawiri Paratene, Vicky Haughton, Cliff Curtis. Contemporary retelling of an ancient Maori legend in which a young girl must go against all odds, and tradition, to prove to her grandfather that she is a natural leader. Shot on the east coast of the North Island with outstanding cinematography and musical score.

8th Nov: FAMILY PLOT: (1966) 120 mins Drama. Karen Black, Bruce Dern, Barbara Harris, William Devane, Catherine Nesbitt. Harris is a phony psychic who gets involved in a murder plot hatched by sinister Devane. Hitchcock's final film.

22nd Nov: THREE DAYS OF THE CONDOR: (1975) 117mins. Thriller. Robert Redford, Faye Dunaway, Cliff Robertson, Max von Sydow, John Houseman. Redford, a reader for US Intelligence, learns more than he should, and suddenly finds himself a hunted man given shelter by Dunaway.

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**THE READERS GROUP: MONDAY**

Secretary: Dorothy Rhodes (4332 4103)  
Venue: diggers @ the entrance  
Dates: 25th Oct; 22nd Nov

A love of reading is the only criterion to join this group. All tastes catered for. Books lent and cared for. Give Dorothy a ring if you are interested.

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NOTE: 1. Venue locations—see Page 1.
2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.

PLAY READING**TUESDAY**

Secretary: Dorothy Rhodes (4332 4103)
 Venue: diggers @ the entrance
 Dates: 12, 26 Oct; 9, 23 Nov

Our group has greatly enjoyed this activity. You are very welcome to come along and sit in and see how we operate.

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**WALKS****TUESDAY****Contacts:**

**Barbara Skurr 4392 4158, Eva Seale 4388 5848**

These outings start and return to the same point, so are suitable for those who just wish to stroll or for those who prefer a longer more energetic walk.

Sensible shoes, sunscreen, hat and water required. Map references are from the CC Phone Directory.

19th Oct: **BLUEBELL PARK**  
 Meet Lake end of Bluebell Ave **Map 59 L 13** 10 am.  
 Walk Phillip Pritchard Cycleway to Tumbi Creek.  
 Bring/buy morning tea, lunch.

2nd Nov: **WOY WOY**  
 Train leaves Warnervale 9:21, Wyong 9:27, Tuggerah 9:30 am.  
**OR** meet at Woy Woy Station at 9:55.  
 Return from Woy Woy 1:27 pm, arr. Tuggerah 1:50, Wyong 1:54, Warnervale 1:58.  
 Bring/buy morning tea and lunch.

16th November: **SALTWATER CREEK**  
 Meet Long Jetty Sailing Club at 10 am.  
 Archbold Rd **Map 70 P3**  
 Walk to Saltwater Creek Reserve.  
Bring morning tea and lunch.

7th December: **LIONS PARK (MacKenzie Park)**  
 Meet at park at 10 am **Map 32 L14**  
 Walk to Budgewoi Point, Diamond Head, Green Point.  
Bring morning tea and lunch.

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*In every walk with nature one receives
 far more than he seeks.*
 - John Muir

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**MUSIC APPRECIATION****WEDNESDAY**

Leader: Betty Siegman (4332 0870)  
 Venue: The Berkeley Centre  
 Dates: 13th, 27th Oct; 10th, 24th Nov  
 Time: 10.15 am—12.15 pm.

'If music be the food of love, play on'. A most relaxing morning, listening to some of our favourite melodies. On the last day of each term members bring along a favourite piece to share with the class. Newcomers are most welcome.

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CREATIVE WRITING WORKSHOP**WEDNESDAY**

Secretary: Pam McGlenn (4390 2451)
 Venue: St. Davids Church Hall, Toukley
 Dates: 20th Oct; 3rd, 17th Nov; 1st Dec

This group is producing some excellent work, led by our own published writer, Pam McGlenn. If you are an aspiring writer, come along and join this lively class. New members are very welcome.

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**CRYPTIC CROSSWORDS****WEDNESDAY**

Leader: Betty Siegman (4332 0870)  
 Venue: diggers @ the entrance  
 Dates: 20th Oct; 3rd, 17th Nov; 1st Dec

If you haven't tried a cryptic crossword, you will be surprised at how quickly you can learn, and have lots of fun at the same time. Newcomers are always welcome.

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FRENCH CONVERSATION AT HOME:**THURSDAY**

Leader: Henriette Vanechop (4396.7847)
 Venue: 74 Evans Road, Canton Beach
 Dates: 14th, 21st Oct; 4th, 11th, 18th Nov;
 2nd Dec
 Time: 1.30pm –3.30pm

Please note: These classes will not be held on the last Thursday in each month.

This course embraces both grammar and French conversation and is designed for those with a basic knowledge of the language, say from school days. The auxiliary international language, Esperanto, is also available.

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**RITUAL AND SYMBOLISM  
IN CEREMONY: FRIDAY**

Speaker: Diane Cunningham  
Secretary: Jayne Davis (4396 3446)  
Venue: diggers @ the entrance  
Date: 15th Oct

Diane now works as a Celebrant, conducting naming ceremonies for babies, as well as marriages and funerals. She will give us an insight into the organising required for a funeral service. Members are invited to bring along an object that can be used to create a special ceremony.

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MARKETING TECHNIQUES: FRIDAY

Speaker: Mel Llewelyn
Secretary: Gloria Watson (4332 7077)
Venue: diggers@the entrance
Date: 5th Nov

Mel will speak about brand and consumer marketing strategies used by companies, and the way consumers are led to buy their products. Audience participation is encouraged, and questions and challenges may arise during the session.

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**PAUL OF TARSUS (PART 3): FRIDAY**

Speaker: Bede Heather  
Secretary: Margaret Goode (4392 0206)  
Venue: diggers@theentrance  
Date: 19th Nov

We continue our journey with Bede, as we learn more about what life was like in early Christian times, with particular focus on events in the very human life of Paul of Tarsus.

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STORMS: FRIDAY

Speaker: Howard Bridgman
Secretary: John Collis (4333 9079)
Venue: diggers@theentrance
Date: 3rd Dec

Howard is Conjoint Associate Professor, Life Sciences, University of Newcastle, his focus being geography and environmental studies. He will tell us about the structure of storms, patterns they follow in Australia, and the potential for climate change.

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**DISCUSSION GROUP: FRIDAY**

Leader: Marie Cioccarelli (4332 9676)  
Venue: diggers@ the entrance  
Dates: 22nd Oct; 12th, 26th Nov

Come along and join with Marie in discussing current affairs and many other interesting subjects. Your suggestions are always welcome as you join in with this very friendly and verbally active group.

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MAH JONG: FRIDAY

Secretary: Pam McGlinn (4390 2451)
Venue: diggers@ the entrance
Dates: Every Friday (15th Oct to 3rd Dec)
Time: 1.30pm-3.30pm

Mah Jong is a game that originated in China, and involves skill, strategy and calculation. Come and try your luck at this fascinating game. A very popular class.

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**SINGING FOR FUN: FRIDAY**

Leader: Margaret Goode (4392 0206)  
Venue: LJ Uniting Church (opp diggers)  
Dates: 22nd Oct; 12th, 26th Nov

This is a very happy group. If you enjoy a good old-fashioned sing-along, join in as we sing all our old favourites (and some with words you may not have heard before).

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**Wishing our Members
a Joyous Christmas
and a Happy and
Healthy New Year**

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Tuggerah Lakes U3A Inc
Course Calendar: 2010 – TERM 4
11th October-8th December



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11 Oct	12 Oct	13 Oct	14 Oct	15 Oct
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay)	PLAY READING Dorothy Rhodes (diggers)	MUSIC APPRECIATION Betty Siegman 10.15am-12.15pm (TBC)	FRENCH CONVERSATION Henriette Vanechop 1.30pm (Canton Beach)	RITUALISM & SYMBOLISM IN CEREMONY Diane Cunningham (diggers) MAH JONG 1.30pm-3.30pm (diggers)
18 Oct	19 Oct	20 Oct	21 Oct	22 Oct
GOD TO GOVERNOR Brian Hansford (diggers)	WALK BLUEBELL PARK (See page 4)	CRYPTIC CROSSWORDS Betty Siegman (diggers) CREATIVE WRITING WORKSHOP (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30pm (Canton Beach)	DISCUSSION GROUP Marie Cioccarelli (diggers) SINGING FOR FUN (LJUC) MAH JONG 1.30pm-3.30pm (diggers)
25 Oct	26 Oct	27 Oct	28 Oct	29 Oct
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay) THE READERS GROUP (diggers)	PLAY READING Dorothy Rhodes (diggers)	MUSIC APPRECIATION Betty Siegman 10.15am-12.15pm (TBC)		MAH JONG 1.30pm-3.30pm (diggers)
1 Nov	2 Nov	3 Nov	4 Nov	5 Nov
CANADIAN MARITIME PROVINCES Tom Marish (diggers)	WALK WOY WOY (See page 4)	CRYPTIC CROSSWORDS Betty Siegman (diggers) CREATIVE WRITING WORKSHOP (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30pm (Canton Beach)	MARKETING TECHNIQUES Mel Llewelyn (diggers) MAH JONG 1.30pm-3.30pm (diggers)
8 Nov	9 Nov	10 Nov	11 Nov	12 Nov
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay)	PLAY READING Dorothy Rhodes (diggers)	MUSIC APPRECIATION Betty Siegman 10.15am-12.15pm (TBC)	FRENCH CONVERSATION Henriette Vanechop 1.30pm (Canton Beach)	DISCUSSION GROUP Marie Cioccarelli (diggers) SINGING FOR FUN (LJUC) MAH JONG 1.30pm-3.30pm (diggers)

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Tuggerah Lakes U3A Inc
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11th October—8th December



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15 Nov	16 Nov	17 Nov	18 Nov	19 Nov
THE BROADSIDE GUN WARSHIP Brian Hansford (diggers)	WALK SALTWATER CREEK (See page 4)	CRYPTIC CROSSWORDS Betty Siegman (diggers) CREATIVE WRITING WORKSHOP (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30pm (Canton Beach)	PAUL OF TARSUS (3) Bede Heather (diggers) MAH JONG 1.30pm-3.30pm (diggers)
22 Nov	23 Nov	24 Nov	25 Nov	26 Nov
MOVIE CLUB John Richards 9.30am-12.00pm (Chittaway Bay) THE READERS GROUP (diggers)	PLAY READING Dorothy Rhodes (diggers)	MUSIC APPRECIATION Betty Siegman 10.15am-12.15pm (TBC)		DISCUSSION GROUP Marie Cioccarelli (diggers) SINGING FOR FUN (LJUC) MAH JONG 1.30pm-3.30pm (diggers)
29 Nov	30 Nov	1 Dec	2 Dec	3 Dec
		CRYPTIC CROSSWORDS Betty Siegman (diggers) CREATIVE WRITING WORKSHOP (Tk-SDCh)	FRENCH CONVERSATION Henriette Vanechop 1.30pm (Canton Beach)	STORMS Howard Bridgman (diggers) MAH JONG 1.30pm-3.30pm (diggers)
6 Dec	7 Dec	8 Dec		
LOVATTS CROSSWORDS Christine Lovatt (diggers)	WALK LIONS PARK (See page 4)	ANNUAL GENERAL MEETING and CHRISTMAS PARTY (diggers)		

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