



Tuggerah Lakes NeWs

Tuggerah Lakes U3A Inc

October 2012

Website: www.tugglakesu3a.info

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FROM THE EDITOR:

We have another great term coming up, with most of our regular classes continuing, and a varied and interesting selection of talks.

Many of you have been eagerly awaiting Tony Thomson's course on Comparative Religion, which is scheduled this term on five consecutive Tuesdays, commencing on 16th October. See page 4 for details. Committee has decided that rather than interrupt the course on 6th November, the day of the Melbourne Cup, the talk for this day only will be from 12:00 noon to 2:00 pm. All other talks in this series will be from 2:00 to 4:00 pm.

A few weeks ago Peter Beale gave a presentation where he introduced the Brain Gym. We had a good attendance and great interest was shown in learning how to challenge and stretch our brains. We are now asking for expressions of interest in an extended course of 8 lessons, to take place in the first term of 2013. Full information can be found on page 3, and we encourage you to contact Harvey so that he can proceed with the arrangements.

Please come along to the AGM on 12th December, it is an opportunity to meet your incoming committee and fellow members.

To those of you who are unable to be there on that day, my very best wishes for a happy and healthy year to come.

- Betty Siegman

President:	John Collis	4333 9079
Vice President:	Gloria Watson	4332 7077
Secretary:	Rhonda McDiarmid	4332 2300
Treasurer:	Peter Gloss	4332 7457
Course Co-ordinator:	Harvey Birtwistle	4392 3310
Venue Co-ordinator:	Pam McGlinn	4390 2451
Membership:	John Collis	4333 9079
Welfare Officer:	Doreen Morley	4385 7843
Newsletter Editor:	Betty Siegman	4332 0870
Committee	Jayne Davis	4396 3446

Correspondence: The Secretary
PO Box 4019
Bay Village 2261

ANNUAL GENERAL MEETING **and CHRISTMAS PARTY** **diggers@the entrance** **Pavilion Room (Upstairs)**

Date: Wednesday 12th December
Time: 10:00am—12:30 pm
Cost: Members—no charge
Non-members—\$10

Bookings essential for lunch
Final date: Friday 7th December
Bookings: Pam McGlinn (4390 2451)
Email: pamlakeside@bigpond.com

Please note: if you have booked for lunch but are unable to come please notify Pam.
Details of the AGM will be given in the letter that will accompany the Formal Notice and Agenda to be sent to all members early in November.

IMPORTANT ANNOUNCEMENT— VENUES:

Please note the venue addresses below as space constraints prevent us from using the full addresses on the calendar.

diggers:

The Entrance Rd (or Gallipoli St), Long Jetty

TBC: The Berkeley Centre, Berkeley Vale

Cnr Berkeley Rd & Heather Av

Creative Writing Workshops TK SDCh:

St David's Church Hall,
Cnr Hargraves & Victoria Sts, Toukley

French Conversation:

74 Evans Rd, Canton Beach

Movie Appreciation:

34 Aston Wilde Ave, Chittaway Bay

MEMBERSHIP FEES:

Membership Year is 1 January to 31 December.

ANNUAL FEE: (Renewal): \$20.

NEW MEMBERSHIP FEE: \$5 for each Term (or part thereof) for remainder of year.

New Members: Membership Form and Money
Renewals: Name, Money & Membership No
(no renewal form needed)

to
Peter Gloss
4 Sir Joseph Banks Drive
Bateau Bay NSW 2261

TERM : Start: 8th October
Finish: 12th December

FROM THE PRESIDENT:

Our association, our U3A, is bound to change, in one way and another as the years go by. It is almost 14 years since we first came together, and ten of our original founders are still with us, including Peter & Claire Wood, Cam & Dorothy Rhodes, Tom & Judith Marish, Eva Seale, Charlie Proctor, Marie Cioccarelli, and Jean Taylor.

One of these founders, Peter Wood - known as "Pierre du Bois" when he attended the French Conversation class - was made a Life Member a few years ago in recognition of his work for our U3A. In recent months, Peter has not been in the best of health. Doreen and others have sent our best wishes to both Peter and Claire.

Pam McGlinn and Betty Siegman, who joined more than 13 years ago, and Jayne Davis who joined 10 years ago, are still actively contributing to our activities as well as serving on the Committee. But Jayne, too, has not been in the best of health and has recently lost her sister. She wants to step down from the Committee at the end of the year and Betty, who has assembled and edited our newsletter for the past three years, would prefer to hand over that role to someone else at the end of this year.

These are not the only changes that loom ahead of us. Our Publicity Officer, Diane Cunningham, has resigned from the Committee for reasons of health and other commitments. In the short term, we have divided publicity tasks amongst the rest of the Committee, but we will need a replacement to oversee distribution of publicity leaflets to libraries, give occasional short talks about our activities at retirement villages, etc.

So we are looking for at least two new Committee members for next year. One to replace Jayne (and perhaps take on the newsletter?) and one to serve as publicity officer. Are you willing to consider it? Please have a chat with a committee member.

And now a reminder... there will be no need to complete a membership renewal form for next year. To renew, you will simply need to pay the fee to the Treasurer (in person, or by post, or by internet banking; account details to follow with AGM notice). A receipt and your membership badge will be sent to you in due course.

This change does mean that from now onwards you need to let the Membership officer know (that's me!) if you have changed your address. Otherwise you will not receive your newsletters - or your badge!

- John Collis

COURSE CO-ORDINATOR'S REPORT:

This term we have seven guest speakers.

Trevor Kruger concludes his series on *Being Human* with a talk on 'Remembering and Forgetting'. He will explore why we remember many things, such as driving but forget where we put the TV remote. We have all experienced these situations, so come along and find out some more.

Our first talk in November begins with Brendon McGrath's talk on *WWII Goes to the Movies*. He will look at the many big blockbuster war movies as well as some of the film war heroes of this time.

Have you ever wondered 'Where did my ancestors come from?' Our next talk in November will look at *Genealogy*, the study of researching your ancestors. Our speaker will help you get started, and will guide you through where to look and what to look for. This can be a very rewarding and sometimes surprising activity!

Margaret Blundell returns to conclude her talk on photography with a look at *Harold Cazneaux*. Margaret will look at the man and his work in Sydney, his famous clients and what happened to his photographic legacy.

The last talk in November will be from Martin Reid from *Australian Hearing*. Martin will give a detailed talk on the incidence of hearing loss in the community; what it is; and what can be done about it. You can also have a hearing test! Many of us may have a hearing loss to some degree so this here is an opportunity to 'hear' more!

Grahame Peak will return in early December to talk about social development. His discussion will cover the nature of social relationships in late adulthood. The topics include marriage, divorce, remarriage, co-habitation, childless older adults as well as grandchildren and great grand children. Come along and learn more from Graham's interactive learning style.

Rita Richards will conclude the year with her talk on *Easter Island* and what happened there. Rita will explore the mystery of the statues and what happened to the population.

My thanks go to the many guest speakers (members and non-members) who have offered their time to talk to us this year. A lot of work goes into these talks, and their efforts are very much appreciated by our members. I would also like to thank Tom Marish, Tommy Thomas and John Collis who have made themselves available to operate the computer and projector. Lastly, my sincere thanks go to the committee members who have been secretaries at our talks. Many thanks everyone!

'You cannot teach anyone anything. You can only help them to discover it within themselves'.—Galileo Galilei

Harvey Birtwistle

BRAIN GYM COURSE:

In July of this year a number of our members attended a one day introduction to Peter Beale's Brain Gym Program.

Following the success of this day I am looking for expressions of interest from members who would be interested in a full 8 week program in term one next year. The start date would be Tuesday February 5th at 1:30 pm. Each session is two hours long including a break for afternoon tea.

Brain Gym is a program developed to exercise the seven major mental functions, namely; verbal, numerical and spatial abilities: short and long term memory: logic; and creativity. All this is conducted in a non-competitive environment where each member can improve his or her mental skills.

It is estimated that the full cost would be no more than \$25 each. For this you will receive a folder, all worksheets and a set of tangrams, as well as attendance at the course.

If you are interested please contact me by telephone 4392 3310 or email (preferred) hjb4556@gmail.com by Friday October 26th.

If there is sufficient interest then I shall send out an enrolment form for you to complete and return to me with your money by Wednesday 12th December - the day of our AGM.

- *Harvey Birtwistle, Course Coordinator*

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**WELFARE REPORT:**

During the third term five cards were sent on behalf of all members of U3ATL to those members and/or their families who had experienced ill health, hospitalization, or, sadly, death.

We continue to receive appreciation of our efforts to let members know that though they may be "out of sight" they are never "out of mind".

We all hope to see Tommy Thomas back on deck soon, and send him our best wishes.

Thank you to those members who keep me informed, your efforts are most appreciated.

- *Doreen Morley*

**ON BEING HUMAN—REMEMBERING: MONDAY  
(AND FORGETTING)**

Speaker: Trevor Kruger  
Secretary: Rhonda McDiarmid (4332 2300)  
Venue: diggers @ the entrance  
Date: 15th Oct

Or "***Why you lose your car keys, but never forget how to drive.***" (*Thanks to Dr Sam Wang*)

According to the neuroscientists, it's not all downhill after we reach 30. Through case studies and related fiction about this hottest, rapidly-changing field of science, this is another attempt to bridge the perceived gap between C.P. Snow's *Two Cultures* – Science and the Humanities.

Bring along tales of your own experiences of memory to share and improve our understandings of the unique phenomenon that is you. (You each have 80 billion neurons to help you!)

Suggested readings :Lisa Genova, *Still Alice* ; and anything by Oliver Sacks – e.g. *Awakenings* (also a movie), *The Man Who Mistook His Wife for a Hat.*

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GENEALOGY (Family History): MONDAY

Speaker: Kerrie Metcalfe
Secretary: John Collis (4333 9079)
Venue: diggers @ the entrance
Date: 5th Nov

Have you ever wondered where your ancestors came from? Would you like to leave a family tree for your children and grandchildren? Come along and we will show you how to get started, what records to look at, how to find them and how much you can do on the internet. We will talk about the different ways you can leave your history for the future.

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**AUSTRALIAN HEARING: MONDAY**

Speaker: Matthew Reid  
Secretary: John Collis (4333 9079)  
Venue: diggers @ the entrance  
Date: 19th Nov

This talk is about incidence of hearing loss in the community, what is hearing loss, how can you tell if you have a hearing loss, and what can be done about hearing loss. I will then do a basic hearing screening test on anyone who wants one done.

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NOTE: 1. Venue locations—see Page 1.
2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.

**GETTING OLDER:
(a Psychological Perspective)**

MONDAY

Speaker: Grahame Peak
Secretary: John Collis (4333 9079)
Venue: diggers @ the entrance
Date: 3rd Dec

A discussion on findings presented from developmental psychology on the nature of social relationships in late adulthood including marriage; divorce, remarriage and co-habitation; widowhood; never-married childless older adults; siblings; friends; adult grandchildren and great-grandchildren; and fictive kin.

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**MOVIE APPRECIATION: MONDAY**

Leader: John Richards (4388 4945)  
Venue: 34 Aston Wilde Ave, Chittaway Bay  
Dates: 8th, 22nd Oct; 12th, 26th Nov

**Times: Please note, movies will be shown only in the mornings from 9.30-12 noon**

**IMPORTANT: PLEASE BOOK, PLACES ARE LIMITED**

**By popular request, we are reshewing some of the favourites of the last six years.**

**Monday, 8 October: 12 ANGRY MEN:** (1957) 95mins. Henry Fonda, Lee J Cobb, Ed Begley and Jack Klugman lead this powerful and suspenseful jury drama. Eleven jurors are convinced that the defendant is guilty of murder; one is equally convinced that he is innocent. How can this one man steer the others toward the same conclusion?

**Monday, 22 October: DIAL M FOR MURDER:** (1954) 105mins. Ray Milland, Grace Kelly, Robert Cummings. A husband plots his wife's murder. Hitchcock at his most stylish.

**Monday, 12 November: CALL NORTHSIDE 777:** (1948) 111mins. The true story of a reporter who corrects a miscarriage of justice. Eleven years after Frank Wiecek, (Richard Conte), is jailed for murdering a police officer, his mother runs an ad offering \$5000 for information about the real killer. Newspaper editor, (Lee J Cobb), assigns reporter, (James Stewart), to investigate the story, and he soon gathers evidence which leads him to believe Wiecek is innocent.

**Monday, 26 November: BRASSED OFF:** (1996) 109mins. Pete Postlethwaite, Tara Fitzgerald, Ewan McGregor, Stephen Tompkinson. Yorkshire miners eke out a living but find solace in an amateur, all-male brass band. They are threatened by the pit's possible closure and a young woman who joins the band. Music by the real-life Grimethorpe Colliery Band.

**THE READERS GROUP:**

**MONDAY**

Secretary: Dorothy Rhodes (4332 4103)  
Venue: diggers @ the entrance  
Dates: 22nd Oct; 26th Nov

If you enjoy reading then you will enjoy joining this friendly group. All tastes catered for. Books lent and cared for. Give Dorothy a ring if you are interested.

**COMPARATIVE RELIGION: TUESDAY**

Leader: Tony Thomson  
Secretary: Jayne Davis (4396 3446)  
Venue: diggers@theentrance  
Dates: 16th, 23rd, 30th Oct; 6th, 13th Nov  
Time: 2:00 to 4:00 pm \*\*

To minimise the chances of members misunderstanding the intentions of this series, Tony points out that the main religions will be presented as objectively as he, a committed Baha'i, is able, with some emphasis on their current relevance in Australia. In order to allow some time for questions/discussion, tea breaks will need to be brief. The planned sequence of "Faiths" is:

**Hindu & Buddhist; Jewish & Zoroastrian;  
Christian; Islamic; Babi & Baha'i**  
and every effort will be made to adhere to the 2 – 4pm timetable."

**\*\* Note that on 6th November, Melbourne Cup Day, the talk is scheduled from 12:00 to 2:00 pm.**

**WALKS: TUESDAY**

**Contacts:  
Barbara Skurr 4392 4158, Wendy Dalton 4393 9155**

These outings start and return to the same point, so are suitable for those who just wish to stroll or for those who prefer a longer more energetic walk.

Sensible shoes, sunscreen, hat and water required. Map references are from the CC Phone Directory.

Tues 9th Oct: **SENSORY GARDENS**  
Sensory Gardens to Entrance Aquatic Club  
Meet 10 am Map 29 7 E Bring morning tea /Lunch

Tues 23rd Oct **CANTON BEACH**  
Vietnam Vets Cafe to Toukley Sailing Club  
Meet 10 am Map 24 G 4 Buy Morning Tea / lunch

Tues 20th Nov **FORRESTERS BEACH**  
Meet 10 am 2A Hopetoun St Map 42 D 4  
Bring all food, drinks. Wear shoes that can get wet

Tues 4th Dec **CRACKNECK POINT** by request  
Meet east end of Parkside Drive 10 am.  
**Map 70 M16** Bring morning tea and lunch.

**NOTE:** 1. Venue locations—see Page 1.  
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**MUSIC APPRECIATION****WEDNESDAY**

Leader: Betty Siegman (4332 0870)  
 Venue: The Berkeley Centre  
 Dates: 10th, 24th Oct; 14th, 28th Nov  
 Time: 10.15 am—12.15 pm.

A big thank you to Jim Cunningham for providing us with some interesting insights into music and how it is written. This term Betty returns and we spend some time listening to the music we know and love, mostly classical, but perhaps not all.

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CREATIVE WRITING WORKSHOP**WEDNESDAY**

Secretary: Pam McGlinn (4390 2451)
 Venue: St. Davids Church Hall, Toukley
 Dates: 17th Oct; 7th, 21st Nov; 5th Dec.

This group is producing some excellent work, led by our own published writer, Pam McGlinn. If you are an aspiring writer, come along and join this lively class. New members are very welcome.

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**CRYPTIC CROSSWORDS****WEDNESDAY**

Leader: Betty Siegman (4332 0870)  
 Venue: diggers @ the entrance  
 Dates: 17th Oct; 7th, 21st Nov; 5th Dec.

A lively group, we have lots of fun as we learn and bounce ideas off one another. You will be surprised how quickly you too can solve those puzzling cryptic clues. New members are most welcome.

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FRENCH CONVERSATION AT HOME:**THURSDAY**

Leader: Henriette Vanechop (4396.7847)
 Venue: 74 Evans Road, Canton Beach
 Dates: 11th, 18th Oct;
 1st, 8th, 15th, 22nd Nov; 6th Dec.
 Time: 1.30pm –3.30pm

Please note: These classes will not be held on the last Thursday in each month.

This course embraces both grammar and French conversation and is designed for those with a basic knowledge of the language, say from school days. If you are interested in learning Esperanto, Henriette will be able to assist you.

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**WWII GOES TO THE MOVIES:****FRIDAY**

Speaker: Brendon McGrath  
 Secretary: Pam McGlinn (4390 2451)  
 Venue: diggers @ the entrance  
 Date: 2nd November

Many of the major battles and incidents of WWII have been made into blockbuster movies, but how many of them are true and authentic. Be there as we pay tribute to our famous female war heroes. Come along and help sort out fact from fiction in the big war movies of WWII.

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HAROLD CAZNEAUX:**FRIDAY**

Speaker: Margaret Blundell
 Secretary: Betty Siegman (4332 0870)
 Venue: diggers@the entrance
 Date: 16th November

The illustrated talk will start with a brief re-cap of the arrival of photography in Australia and Harold Cazneaux's family background. This will be followed by a summary of his life and career spent working in city studios as well as from his home studio at Roseville. Included will be images of his children (who often served as models) as well as some of his famous clients and his house and extensive garden. The talk will conclude with details of how the family has dealt with the large photographic legacy that Harold left behind. I am hoping to make this a shorter, more relaxed and interactive presentation than the previous one.

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**WHAT HAPPENED ON EASTER ISLAND?****FRIDAY**

Speaker: Rita Richards  
 Secretary: Pam McGlinn (4390 2451)  
 Venue: diggers@the entrance  
 Date: 7th December

Easter Island in the South Pacific is famous for its mysterious *moai* – more than eight hundred giant statues, each weighing several tons, some more than 9m high. Once supporting a population of ten to fifteen thousand, it was unpopulated when the Dutch navigator, Jacob Roggeveen, arrived on Easter Sunday, 1772. Two questions persist: how did the islanders move the statues to their current positions, and what happened to those people?

**NOTE:**

1. Venue locations—see Page 1.
2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.

**DISCUSSION GROUP:**

**FRIDAY**

Leader: Tony Thomson (4358 3655)  
Venue: diggers@ the entrance  
Dates: 12th, 26th Oct; 9th, 23rd Nov

An interesting and interested group. Come along just to listen, or to share your views on a wide range of topics. New members will be made very welcome.

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MAH JONG:

FRIDAY

Secretary: Pam McGlenn (4390 2451)
Venue: diggers@ the entrance
Dates: Every Friday (12th Oct to 7th Dec)**
Time: 1.00pm-3.30pm

**** Note that Mah Jong is not scheduled for 19th October, as diggers is NOT available on that day.**

Mah Jong is a game that originated in China, and involves skill, strategy and calculation. Come and try your luck at this fascinating game. This is a very popular class.

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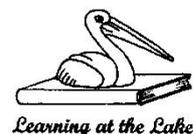
**Wishing our Members  
a Joyous Christmas  
and a Happy and  
Healthy New Year**



©funsnch.com

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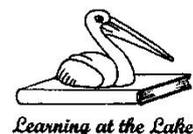
Tuggerah Lakes U3A Inc  
**Course Calendar: 2012 – TERM 4**  
**8th October-12th December**



| MONDAY                                                                                   | TUESDAY                                                               | WEDNESDAY                                                              | THURSDAY                                                                            | FRIDAY                                                         |
|------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|------------------------------------------------------------------------|-------------------------------------------------------------------------------------|----------------------------------------------------------------|
| 8 Oct                                                                                    | 9 Oct                                                                 | 10 Oct                                                                 | 11 Oct                                                                              | 12 Oct                                                         |
| <b>MOVIE CLUB</b><br>John Richards<br>9.30am-12.00pm<br>(Chittaway Bay)                  | <b>WALK</b><br><b>SENSORY GARDEN</b><br>(See Page 4)                  | <b>MUSIC APPRECIATION</b><br>Betty Siegman<br>10.15am-12.15pm<br>(TBC) | <b>FRENCH CONVERSATION</b><br>Henriette Vanechop<br>1.30pm-3:30pm<br>(Canton Beach) | <b>DISCUSSION GROUP</b><br>Tony Thomson<br>(diggers)           |
| 15 Oct                                                                                   | 16 Oct                                                                | 17 Oct                                                                 | 18 Oct                                                                              | 19 Oct                                                         |
| <b>ON BEING HUMAN</b><br><b>REMEMBERING And FORGETTING</b><br>Trevor Kruger<br>(diggers) | <b>COMPARATIVE RELIGION</b><br>Tony Thomson<br>(diggers)<br>2:00-4:00 | <b>CRYPTIC CROSSWORDS</b><br>Betty Siegman<br>(diggers)                | <b>FRENCH CONVERSATION</b><br>Henriette Vanechop<br>1.30-3:30pm<br>(Canton Beach)   | <b>ROOM AT DIGGERS IS NOT AVAILABLE</b>                        |
| 22 Oct                                                                                   | 23 Oct                                                                | 24 Oct                                                                 | 25 Oct                                                                              | 26 Oct                                                         |
| <b>MOVIE CLUB</b><br>John Richards<br>9.30am-12.00pm<br>(Chittaway Bay)                  | <b>WALK CANTON BEACH</b><br>(See page 4)                              | <b>MUSIC APPRECIATION</b><br>Betty Siegman<br>10.15am-12.15pm<br>(TBC) |                                                                                     | <b>DISCUSSION GROUP</b><br>Tony Thomson<br>(diggers)           |
| <b>THE READERS GROUP</b><br>(diggers)                                                    | <b>COMPARATIVE RELIGION</b><br>Tony Thomson<br>(diggers)<br>2:00-4:00 |                                                                        |                                                                                     | <b>MAH JONG</b><br>1.00pm-3.30pm<br>(diggers)                  |
| 29 Oct                                                                                   | 30 Oct                                                                | 31 Oct                                                                 | 1 Nov                                                                               | 2 Nov                                                          |
|                                                                                          | <b>COMPARATIVE RELIGION</b><br>Tony Thomson<br>(diggers)<br>2:00-4:00 |                                                                        | <b>FRENCH CONVERSATION</b><br>Henriette Vanechop<br>1.30pm-3:30pm<br>(Canton Beach) | <b>WWII GOES TO THE MOVIES</b><br>Brendon McGrath<br>(diggers) |
|                                                                                          |                                                                       |                                                                        |                                                                                     | <b>MAH JONG</b><br>1.00pm-3.30pm<br>(diggers)                  |
| 5 Nov                                                                                    | 6 Nov                                                                 | 7 Nov                                                                  | 8 Nov                                                                               | 9 Nov                                                          |
| <b>GENEALOGY</b><br><b>FAMILY HISTORY</b><br>Kerrie Metcalfe<br>(diggers)                | <b>COMPARATIVE RELIGION</b><br>(diggers)<br>12:00-2:00                | <b>CRYPTIC CROSSWORDS</b><br>Betty Siegman<br>(diggers)                | <b>FRENCH CONVERSATION</b><br>Henriette Vanechop<br>1.30pm-3:30pm<br>(Canton Beach) | <b>DISCUSSION GROUP</b><br>Tony Thomson<br>(diggers)           |
|                                                                                          |                                                                       | <b>CREATIVE WRITING WORKSHOP</b><br>(Tk-SDCh)                          |                                                                                     | <b>MAH JONG</b><br>1.00pm-3.30pm<br>(diggers)                  |

**NOTE:** 1. Venue locations—see Page 1.  
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**Tuggerah Lakes U3A Inc**  
**Course Calendar: 2012 – TERM 4**  
**8th October—12th December**



| MONDAY                                                                                                               | TUESDAY                                                               | WEDNESDAY                                                                                                    | THURSDAY                                                                            | FRIDAY                                                                                                                        |
|----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| <b>12 Nov</b>                                                                                                        | <b>13 Nov</b>                                                         | <b>14 Nov</b>                                                                                                | <b>15 Nov</b>                                                                       | <b>16 Nov</b>                                                                                                                 |
| <b>MOVIE CLUB</b><br>John Richards<br>9.30am-12.00pm<br>(Chittaway Bay)                                              | <b>COMPARATIVE RELIGION</b><br>Tony Thomson<br>(diggers)<br>2:00-4:00 | <b>MUSIC APPRECIATION</b><br>Betty Siegman<br>10.15am-12.15pm<br>(TBC)                                       | <b>FRENCH CONVERSATION</b><br>Henriette Vanechop<br>1.30pm-3:30pm<br>(Canton Beach) | <b>HAROLD CAZNEAUX</b><br><br>Margaret Blundell<br>(diggers)<br><br><b>MAH JONG</b><br>1.00pm-3.30pm<br>(diggers)             |
| <b>19 Nov</b>                                                                                                        | <b>20 Nov</b>                                                         | <b>21 Nov</b>                                                                                                | <b>22 Nov</b>                                                                       | <b>23 Nov</b>                                                                                                                 |
| <b>AUSTRALIAN HEARING</b><br><br>Matthew Reid<br>(diggers)                                                           | <b>WALK FORRESTERS BEACH</b><br><br>(See page 4)                      | <b>CRYPTIC CROSSWORDS</b><br>Betty Siegman<br>(diggers)<br><br><b>CREATIVE WRITING WORKSHOP</b><br>(Tk-SDCh) | <b>FRENCH CONVERSATION</b><br>Henriette Vanechop<br>1.30pm-3:30pm<br>(Canton Beach) | <b>DISCUSSION GROUP</b><br>Tony Thomson<br>(diggers)<br><br><b>MAH JONG</b><br>1.00pm-3.30pm<br>(diggers)                     |
| <b>26 Nov</b>                                                                                                        | <b>27 Nov</b>                                                         | <b>28 Nov</b>                                                                                                | <b>29 Nov</b>                                                                       | <b>30 Nov</b>                                                                                                                 |
| <b>MOVIE CLUB</b><br>John Richards<br>9.30am-12.00pm<br>(Chittaway Bay)<br><br><b>THE READERS GROUP</b><br>(diggers) |                                                                       | <b>MUSIC APPRECIATION</b><br>Betty Siegman<br>10.15am-12.15pm<br>(TBC)                                       |                                                                                     | <b>MAH JONG</b><br>1.00pm-3.30pm<br>(diggers)                                                                                 |
| <b>3 Dec</b>                                                                                                         | <b>4 Dec</b>                                                          | <b>5 Dec</b>                                                                                                 | <b>6 Dec</b>                                                                        | <b>7 Dec</b>                                                                                                                  |
| <b>GETTING OLDER</b><br><br>A Psychological Perspective<br><br>Grahame Peak<br>(diggers)                             | <b>WALK CRACKNECK POINT</b><br><br>(See page 4)                       | <b>CRYPTIC CROSSWORDS</b><br>Betty Siegman<br>(diggers)<br><br><b>CREATIVE WRITING WORKSHOP</b><br>(Tk-SDCh) | <b>FRENCH CONVERSATION</b><br>Henriette Vanechop<br>1.30pm-3:30pm<br>(Canton Beach) | <b>WHAT HAPPENED ON EASTER ISLAND?</b><br><br>Rita Richards<br>(diggers)<br><br><b>MAH JONG</b><br>1.00pm-3.30pm<br>(diggers) |
| <b>10 Dec</b>                                                                                                        | <b>11 Dec</b>                                                         | <b>12 Dec</b>                                                                                                |                                                                                     |                                                                                                                               |
|                                                                                                                      |                                                                       | <b>ANNUAL GENERAL MEETING and CHRISTMAS PARTY</b><br>(diggers)                                               |                                                                                     |                                                                                                                               |

**NOTE:** 1. Venue locations—see Page 1.  
 2. All Sessions run from 10.00am to 12.00 mid-day unless otherwise stated.