



TUGGERAH LAKES U3A NEWS



Tuggerah Lakes U3A Inc.

July 2023

Website: www.tugglakesu3a.info

FROM THE EDITOR:

It was great to see several members at our lunch on 30th June. Good food and lots of interesting conversation.

Our class numbers were well maintained last term, in spite of the wintry weather. Although, we would like to see more members at our talks. We have an interesting selection again this term, so come along, be informed, and have a coffee and chat with other members as a bonus.

Betty Siegman, Editor

END-OF-TERM LUNCH
FRIDAY 15th September
TIGERS BATEAU BAY 12:15
NOTIFY HELEN RAWLINGS
0452 160 952
helenmr2739@gmail.com

MEMBERSHIP FEES

Membership year is 1 January to 31 December.

ANNUAL FEE: (Renewal): \$20.

NEW MEMBERSHIP FEE: \$5 for each Term (or part thereof) for remainder of year.

New Members: Membership Form and Money
Renewals: Name, Money & Membership No
(no renewal form needed)

to

Rhonda MacDiarmid
PO Box 4019
Bay Village NSW 2261

OR direct deposit

Westpac: BSB: 032 525, A/c 13 4075
Include YOUR name and Memb. No with deposit.

TERM: Start: Monday 17th July
Finish: Friday 22nd September

COMMITTEE:

President:	Pam McGlinn	4390 2451
Vice-President	Helen Rawlings	0452 160 952
Secretary	Sonya Oakes	4353 1703
Treasurer	Rhonda MacDiarmid	0403 293 175
NL Editor	Betty Siegman	0409 476 868
Welfare	Gail Shore	0409 447 751
Committee	Karl Hogg	4388 9497
Committee	Jo Sutton	0412 646 223

Correspondence The Secretary
 PO Box 4019
 Bay Village NSW 2261

~~~ VENUES ~~~

Please note the venue addresses below as some venues may have changed.

Play Reading

Room A, T.Ent. Community Centre, Battley Ave

Movie Appreciation

34 Aston Wilde Ave, Chittaway Bay

Memoirs

Arthur Lake Room, Tigers, Bateau Bay

Brain Ticklers

Tigers, Bateau Bay

Creative Writing, St David's Church Hall

Cnr Hargraves & Victoria Sts, Toukley

Book Chat

Bistro Area, Tigers, Bateau Bay

Music Appreciation

2/46 Neale Street, Long Jetty

Talks: TELJ RSL Hall

Hume Boulevard, Killarney Vale

Crosswords/Discussion Group

Diggers Club, The Entrance

FROM THE PRESIDENT

Well, here we are on our third newsletter of the year, and unbelievably half way through the year already. It's really hard getting out of that warm bed these mornings, isn't it? Never mind, we've already passed the shortest day of the year, and now we can look forward to longer days and more sunshine. Your committee has been busy on your behalf, some interesting speakers coming up, at least one of whom will be very familiar to you?

Your course leaders have been busy preparing their programmes for you and as we always say, bring along a friend to share in the fun we always have in our classes. Even though it has been cold we still look forward to getting out and about and mixing in the company of our friends.

We are still holding our end of term lunches at the Tigers Club, so even if you don't go to the talks which precede the luncheon, come along and enjoy the company of friends, and the pleasure of having your meal cooked ready for you without the worry of doing it yourself.

We certainly need a little fun and relaxation, as the world news, our country's news, our awful politicians' in-fighting and the general state of the economy world-wide is just too depressing. However, if it's any consolation take heart from the following quotation, and know that 'there is nothing new under the sun'.

"The Budget should be balanced.

The Treasury should be refilled, public debt should be reduced.

The arrogance of officialdom should be tempered and controlled.

And the assistance to foreign lands should be curtailed, lest Rome become bankrupt.

People must again learn to work instead of living on public assistance" Cicero, 55 BC.

So, evidently, we've learned bugger all over the past 2078 years.

Pam McGlinn

NEW CLASSES?

In our last Newsletter we asked members for expressions of interest in starting two new classes.

We asked that members contact Diane if they were interested. One was for meditation in which Diane said there was some interest but not enough to commence a class. The second was for a creative art class for which Diane had a teacher willing to assist beginners. A few members showed interest but even so it was insufficient for us to commence a full class on the subject. Consequently, Diane decided to cancel both classes. We do thank Diane for trying to develop new classes and wish to let other members know we will always be interested in any suggestions for new ideas for classes.

CREATIVE WRITERS' PRESENTATION

On Friday 19th May members of the Creative Writers' Group gave a presentation of their work. The subject matter was varied; thoughtful, imaginative and often humorous.

Our thanks go to all of them for sharing their work with us, and we hope to hear more in the future from this talented group of people.

WELFARE

We hope you are managing to keep warm during this cold weather. If you know of a member who is not well, don't hesitate to inform our Welfare Officer, Gail Shore. Her phone number is on Page 1. It is heartening to receive a card or a call, and know that others are thinking of you.

MOVIES: MONDAY

Leader: John Richards (4388 4945)
 Venue: 34 Aston Wilde Ave, Chittaway Bay
 Dates: 24 Jul; 14, 28 Aug; 11 Sep

**Times: Movies shown mornings, 9.30-12 noon
 PLEASE BOOK AS PLACES ARE LIMITED**

Monday, 24 July, 2023: THE GHOSTWRITER: 2010 (124 mins) Ewan McGregor, Pierce Brosnan, Kim Cattrall, Olivia Williams. When a gifted ghostwriter (McGregor) is hired to write the memoirs of former British Prime Minister, Adam Lang (Brosnan), he finds himself entrapped in a web of political and sexual intrigue. As he digs into Lang's past, he discovers secrets that threaten to jeopardise international relations forever.

Monday, 14 August, 2023: RESISTANCE: 2020 (2hrs) Jesse Eisenberg. Before he was Marcel Marceau, he was Marcel Mangel, an aspiring Jewish actor who joined the French Resistance to save the lives of thousands of children orphaned at the hands of the Nazis. Marcel had no intention of getting involved with the war, but his life was thrown into upheaval when he was recruited to put his acting skills to the ultimate test, teaching Jewish orphans to survive the horrifying reality of the Holocaust. Based on a true story.

Monday, 28 August, 2023: MRS HARRIS GOES TO PARIS: 2002 (151 mins): Lesley Manville, Isabella Huppert, Lambert Wilson, Ellen Thomas, Jason Isaacs. A heart-warming tale about London housecleaner, Ada Harris, who thinks her lonely life might turn around if she can become the owner of a Christian Dior gown. Saying goodbye to friends like Archie, (Jason Isaacs) won't be easy, and neither will be winning over elite people in Paris like Madame Colbert, (Isabelle Huppert), but Ada's irrepressible charm might end up saving the whole House of Dior in this uplifting story of how an ordinary woman becomes an extraordinary inspiration by daring to follow her dreams.

Monday, 11 September, 2023: THE BOOKSHOP: 2017 (113 mins) Emily Mortimer, Bill Nighy, Patricia Clarkson. In 1959 Florence Green, (Mortimer), a free-spirited widow, puts grief behind her and risks everything to open a bookshop in the sleepy seaside town of Hardborough, England. By exposing the narrow-minded locals to the best literature of the day, including "LOLITA" and "FAHRENHEIT 451", she causes a cultural awakening in a town which has not changed for centuries. She finds an ally in Mr Brundish, (Nighy), but an enemy in Mrs Gamart, (Clarkson), the town's vengeful, embittered alpha female, a wannabe doyenne of the local arts scene.

MY MEMOIRS MONDAY

Leader: John Haydon (0403 797 585)
 Email: johnhaydon@id.au
 Venue: Tigers Club, Bateau Bay
 Dates: 17, 31 Jul; 14, 28 Aug; 11 Sep

We are a friendly group, and meet in the Bistro for lunch before our class. If you would like to record interesting events of your life for yourself, your friends or family, why not join us in the Arthur Lake Room at Tigers, from 1:30 to 3:30 pm, or better still, meet us for lunch in the Bistro around 12:30.

PLAY READING MONDAY

Leader: Christine Kilner (4399 2748)
 Email: chrisatseakay@gmail.com
 Venue: Room A, The Ent. Community Centre
 Dates: 17 Jul; 7, 21 Aug; 4, 18 Sep

We have returned to our previous venue at The Entrance Community Centre, in Room A. Parking and access are easy, and we hope to see you there. New members are always very welcome.

BOOK CHAT TUESDAY

Leader: Pam McGlenn (4390 2451)
 Email: pamlakeside@bigpond.com
 Venue: Tigers Club, (coffee lounge)
 Dates: 8 Aug; 12 Sep

ARE YOU BORED?

Come join us for a friendly morning coffee chat as we talk about our latest Books. This term we have suggested readings below, but feel free to bring along a book of your choice, or just join in the discussion as we talk. Hope to see you at "Tigers".

8th August: Australian Classics.

12 September: Crime.

BRAIN TICKLERS TUESDAY

Leader: Rhonda MacDiarmid (0403 293 175)
 Email: rxm55@outlook.com.au
 Venue: Tigers Club, Bay Village
 Dates: 18 Jul; 1, 15 Aug; 5, 19 Sep

We have lots of interesting activities to test our thinking skills. Please contact Rhonda if you want to attend. Course material for the term will be emailed to you, or you may receive a printed copy at a cost of \$5.00 to cover printing costs.

CRYPTIC CROSSWORDS

WEDNESDAY

Leader: Betty Siegman (0409 476 868)
Email: betty_siegman@hotmail.com
Venue: Diggers, The Entrance
Dates: 26 Jul; 9, 23 Aug; 13 Sep

Our venue at Diggers RSL is proving quite satisfactory. We meet at the far (western) end, by the windows. The Club opens at 10:00am, and parking is good. Newcomers are always welcome.

CREATIVE WRITING

WEDNESDAY

Leader: Pam McGlenn (4390 2451)
Email: pamlakeside@bigpond.com
Venue: St David's Church Hall, Toukley
Dates: 19 Jul; 2, 16 Aug; 6, 20 Sep

We are now able to accept new members, and welcome anyone who is interested in writing to come and join this happy friendly group. We certainly do write, but we really enjoy it too.

MUSIC APPRECIATION

WEDNESDAY

Leader: Betty Siegman (0409 476 868)
Email: betty_siegman@hotmail.com
Venue: 2/46 Neale Street Long Jetty
Dates: 19 Jul; 2, 16 Aug; 6, 20 Sep

We have welcomed some new members to our musical mornings. Music is mostly classics, but some more recent, some educational, others entertaining and sometimes even funny.

DISCUSSION GROUP

FRIDAY

Leader: Helen Rawlings (0452 160 952)
Email: helenmr2739@gmail.com
Venue: Diggers, The Entrance
Dates: 28 Jul; 11, 25 Aug; 8, 22 Sep

Diggers RSL at The Entrance is proving very satisfactory for our group. We meet at the far (western) end of the club, and have had some very interesting discussions, which we try to keep non-political and non-religious. Do come along and have your say or just listen in.

MAH-JONG

We had very few members interested in learning Mah-Jong, and it will not be scheduled this term.



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PLAYING CARDS

The Chinese invented playing cards in AD 1000.

Some interesting facts and observations about "Playing cards":

Did you know that the Traditional Deck of Playing Cards are a strikingly coherent form of a Calendar?

There are 52 weeks in the year and there are 52 Playing Cards in a Deck.

There are 13 weeks in each Season and there are 13 cards in each suit.

There are 4 Seasons in a Year and 4 Suits in the Deck.

There are 12 Months in a Year so there are 12 Court Cards (Those with faces namely Jack, Queen, King in each suit)

If you let Jacks = 11, Queens = 12, and the Kings = 13, then add up all the sums of $1 + 2 + 3 + \dots$ to 13 = 91.

Multiply this by 4, for the 4 Suits, therefore $91 \times 4 = 364$.

Add 1 that is the Joker and you will arrive at the number 365 being the Days in a Year.

All very interesting, don't you think?

FRIDAY TALKS

~~ 21st July ~~

Life of a “Rat of Tobruk”

Speaker: Alan Flores
Secretary: Pam McGlinn (4390 2451)
Venue: TELJ RSL Hall, Killarney Vale
Time: 10:00 am to 12:00

In this talk we will follow a foot soldier from the joining of the UK army in 1939 in England through Palestine, Egypt, Libya. Helping Montgomery to fight with the Allies in the desert, then becoming a “Rat of Tobruk”, defeating Rommel at El Alemain, invading Sicily, and eventually guarding POWs in Italy.

We will hear how this 18 year old became an adult in the most brutal of wars, managed to have a relationship by mail, squeezed in a wedding between battles and lived to tell the tale and immigrate to Australia with the help of the mother of his best Australian mate who he saw die in Tobruk. We will discover why there was a North African campaign and how it unfolded over several years. Lecture supported by Powerpoint.

~~ 4th August ~~

Women of Colonial Sydney

Speaker: Carolyn Kingsmill
Secretary: Pam McGlinn (4390 2451)
Venue: TELJ RSL Hall, Killarney Vale
Time: 10:00 am to 12:00

In my previous talks we have met the convict women of Sydney. But they were not the only women in the colony. The military and colonial administrators brought their wives and families. Young women answered the call and came to Australia as free settlers, some of the wives of convicts followed their felon husbands and then there were the first nations people who had lived on the continent for thousands of years. All these women, in their own way, were integral to the establishment of colonial society.

~~ 18th August ~~

Mysteries of Land and Sea

Speaker: Peter Cane
Secretary: Pam McGlinn (4390 2451)
Venue: TELJ RSL Hall, Killarney Vale
Time: 10:00 am to 12:00

Four Mysteries of the Land: The Ark of the Covenant, The Sphinx, Crop Circles, Woodhenge. Four Mysteries of the Sea: The Lost City of Atlantis, The Marie Celeste, The Flying Dutchman and The Bermuda Triangle. All have interesting theories as to their fate.

~~ 1st September ~

Voluntary Assisted Dying

Speaker: Richard Mills
Secretary: Pam McGlinn (4390 2451)
Venue: TELJ RSL Hall, Killarney Vale
Time: 10:00 am to 12:00

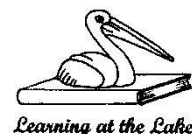
Voluntary Assisted Dying is the limited legal right to have a doctor help you die quickly and painlessly at a time of your choosing. Every Australian State now has a VAD law. In NSW, it will come into effect late in 2023. This talk will cover why VAD is now legal, who will be eligible to use the law, and what processes they will need to follow. It will describe the experience of the law in other States, the NSW Department of Health’s plans for the introduction of the law, and how “Dying With Dignity NSW” is helping.

~~ 15th September ~~

Strokes – how much do you know?

Speaker: Janean, Stroke Foundation
Secretary: Pam McGlinn (4390 2451)
Venue: TELJ RSL Hall, Killarney Vale
Time: 10:00 am to 12:00

This is a talk we should all hear. How to recognise signs of a stroke, and what to do until help arrives.



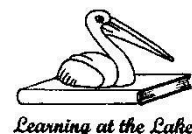
17th July—22nd September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
17 Jul	18 Jul	19 Jul	20 Jul	21 Jul
PLAY-READING Christine Kilner (TECC) MY MEMOIRS John Haydon 1.30-3.30 (Tigers)	BRAIN TICKLERS 1.30-3.30pm (Tigers)	CREATIVE WRITING Pam McGlinn (Tk-SDCh) MUSIC APPRECIATION Betty Siegman (Long Jetty)		A “RAT of TOBRUK” Alan Flores (TELJ RSL Hall)
24 Jul	25 Jul	26 Jul	27 Jul	28 Jul
MOVIE CLUB John Richards 9:30 – 12:00 (Chittaway Bay)		CRYPTIC CROSSWORDS Betty Siegman (Diggers)		DISCUSSION GROUP Helen Rawlings (Diggers)
31 Jul	1 Aug	2 Aug	3 Aug	4 Aug
MY MEMOIRS John Haydon 1.30-3.30 (Tigers)	BRAIN TICKLERS 1.30-3.30pm (Tigers)	CREATIVE WRITING Pam McGlinn (Tk-SDCh) MUSIC APPRECIATION Betty Siegman (Long Jetty)		WOMEN of COLONIAL SYDNEY Caroline Kingsmill (TELJ RSL Hall)
7 Aug	8 Aug	9 Aug	10 Aug	11 Aug
PLAY-READING Christine Kilner (TECC)	BOOK CHAT (Tigers) See Page 3	CRYPTIC CROSSWORDS Betty Siegman (Diggers)		DISCUSSION GROUP Helen Rawlings (Diggers)

ALL CLASSES ARE FROM 10:00 TO 12:00 UNLESS OTHERWISE STATED



Tuggerah Lakes U3A Inc
Course Calendar: 2023 – TERM 3



17th July—22nd September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
14 Aug	15 Aug	16 Aug	17 Aug	18 Aug
MOVIE CLUB John Richards 9:30 – 12:00 (Chittaway Bay) MY MEMOIRS John Haydon 1.30-3.30 (Tigers)	BRAIN TICKLERS 1.30-3.30pm (Tigers)	CREATIVE WRITING Pam McGlinn (Tk-SDCh) MUSIC APPRECIATION Betty Siegman (Long Jetty)		MYSTERIES of LAND and SEA Peter Cane (TELJ RSL Hall)
21 Aug	22 Aug	23 Aug	24 Aug	25 Aug
PLAY-READING Christine Kilner (TECC)		CRYPTIC CROSSWORDS Betty Siegman (Diggers)		DISCUSSION GROUP Helen Rawlings (Diggers)
28 Aug	29 Aug	30 Aug	31 Aug	1 Sep
MOVIE CLUB John Richards 9:30 – 12:00 (Chittaway Bay) MY MEMOIRS John Haydon 1.30-3.30 (Tigers)				VOLUNTARY ASSISTED DYING Richard Mills (TELJ RS Hall)
4 Sep	5 Sep	6 Sep	7 Sep	8 Sep
PLAY-READING Christine Kilner (TECC)	BRAIN TICKLERS 1.30-3.30pm (Tigers)	CREATIVE WRITING Pam McGlinn (Tk-SDCh) MUSIC APPRECIATION Betty Siegman (Long Jetty)		DISCUSSION GROUP Helen Rawlings (Diggers)

ALL CLASSES ARE FROM 10:00 TO 12:00 UNLESS OTHERWISE STATED



Tuggerah Lakes U3A Inc
Course Calendar: 2023 – TERM 3
17th July—22nd September



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11 Sep	12 Sep	13 Sep	14 Sep	15 Sep
MOVIE CLUB John Richards 9:30 – 12:00 (Chittaway Bay) MY MEMOIRS John Haydon 1.30-3.30 (Tigers)	BOOK CHAT (Tigers) See Page 3	CRYPTIC CROSSWORDS Betty Siegman (Diggers)		STROKES BE PREPARED Str. Found'n (TELJ RSL Hall) SPRINGTIME LUNCH Tigers B Bay
18 Sep	19 Sep	20 Sep	21 Sep	22 Sep
PLAY-READING Christine Kilner (TECC)	BRAIN TICKLERS 1.30-3.30pm (Tigers)	CREATIVE WRITING Pam McGlenn (Tk-SDCh) MUSIC APPRECIATION Betty Siegman (Long Jetty)		DISCUSSION GROUP Helen Rawlings (Diggers)

ALL CLASSES ARE FROM 10:00 TO 12:00 UNLESS OTHERWISE STATED