



TUGGERAH LAKES U3A NEWS



Tuggerah Lakes U3A Inc.

January 2025

Website: www.tugglakesu3a.info

TERM: 1 Start: Monday 3rd February Finish: Friday 11th April

COMMITTEE:

President	Helen Rawlings	helenmr2739@gmail.com	0452 160 952
Vice-President:	Pam McGlinn	pamlakeside@bigpond.com.au	4390 2451
Secretary	Sonya Oakes	sonyalupis@gmail.com	4353 1703
Treasurer	Rhonda MacDiarmid	rxm55@outlook.com	0403 293 175
NL Editor	Betty Siegman	betty_siegman@hotmail.com	0409 476 868
Committee	Richard Cloake	auredhead@live.com.au	0439 352 662

Correspondence The Secretary PO Box 4019 Bay Village NSW 2261

~~~ VENUES ~~~

Please note the venue addresses below as some venues may have changed.

Play Reading

TELJ RSL Hall, Hume Boulevard
Killarney Vale

My Memoirs

Tigers Club Bateau Bay

Brain Ticklers

Arthur Lake Room, Tigers Club, Bateau Bay

Italian Conversation

Canton Beach Sports Club
11 Hibbard Street, Toukley

Creative Writing, St David's Church Hall

Cnr Hargraves & Victoria Sts, Toukley

Music Appreciation

2/46 Neale Street, Long Jetty

Cryptic Crosswords

Diggers Club, The Entrance

Talks

TELJ RSL Hall, Hume Boulevard
Killarney Vale

Coffee and Chat

Diggers Club, The Entrance

MEMBERSHIP FEES

Membership year is 1 January to 31 December.

ANNUAL FEE: (Renewal): \$30

NEW MEMBERSHIP FEE: \$30

or pro rata fee on application

New Members: Membership Form & fee to

Rhonda MacDiarmid PO Box 4019 Bay Village NSW 2261

Renewals: Name, Money (no renewal form needed)

Direct deposit Westpac: BSB: 032 525, A/c 13 4075

include YOUR name and/or Memb. No. with deposit

**END-OF-TERM LUNCH
FRIDAY 4th APRIL
TIGERS BATEAU BAY 12:15
NOTIFY Pam McGlinn
4390 2451
pamlakeside@bigpond.com.au**

President's Report

Here we are again at the commencement of another year. This century is already a quarter gone, and it seems no time at all that we were worrying about the huge millennium crash that was going to bring down the entire world. The progress made in IT work this quarter century has been huge and one which most people of our generation have difficulty in keeping up with, certainly, me included. However, we are all still active and getting on with our lives, with maybe a somewhat slower pace, and we have plenty of classes in U3A to keep us occupied and out of mischief. We hope to see you all there and would like you to try something different this year, as there are many ways in which you can keep busy in a friendly social environment. Why not try something extra in 2025?

Helen Rawlings

Welfare Report

Gail Shore, who has been your Welfare Officer now for quite a number of years, is unfortunately not well herself. She is currently undergoing treatment for a very serious illness, and is looking for an ongoing full time care home. We wish Gail all the best for her ongoing health and search for a future home.

Also on the not well list we have Betty Siegman who has been extremely ill for the past couple of months and receiving continuous treatment for her illness. Betty is a life member, writes our newsletter and runs two of our classes, and has been a long-time stalwart of the club. Her service to TLU3A is invaluable, and we wish her all the best for her continued recovery.

As well we have another member, John Elsworth, who is presently recovering in hospital and hopes to be home soon after undergoing major surgery, compounded by a stroke during the operation. Good future health, John.

Pam McGlinn

A LOOK AT SOME OF OUR ACTIVITIES



MY MEMOIRS

My Memoirs is a group of people coming together to read what they have written of their own memoirs. Some start at their earliest memory and continue writing their story chronologically. Some write about particular times in their life. Writing could be about particular topics throughout one's life, times that are significant to them and their own life.

Bring what you have written and read within the group.

There is no critiquing as it is not a writing or how to write class. You write how you wish.

Some bring a printed Memoir, some write longhand and some bring their laptop and read from that. It's totally up to you how you record your memories to read. If you wish to enjoy a social lunch before-hand, meet the group at 12md in the dining room.

PLAY READING



This is a fun class where you are encouraged to put lots of expression into your reading. People of all cultures and accents are more than welcome and can add interest to our happy group – why not join us? We already have many plays -- comedies, historical accounts, tragedies and dramas, but I'm always looking to add more. We learn about the playwrights too, and we particularly welcome more men!

BOOK CHAT



Book Chat is open to all who like to read books. It is a strictly relaxed approach to the discussion of reading books. We suggest a topic and then leave each reader to choose a book. In this manner we get to hear of books unknown to us and we exchange books as well. Bring along your favourite book and talk to us.

PLAY READING MONDAY

Leader: Christine Kilner (4399 2748)
Email: chrisatseakay@gmail.com
Venue: RSL Hall, Hume B'varde, K. Vale
Dates: 3, 17 Feb, 3, 17 Mar, 7 Apr

The Council Room at The Entrance was unsatisfactory for various reasons, and we will now be meeting at the RSL Hall, Hume Boulevard, Killarney. Vale. There is ample parking and easy access. As always, new members are most welcome.

MY MEMOIRS MONDAY

Leader: Sue Taylor (0411 685 412)
Email: sue53@yahoo.com.au
Venue: Tigers Club, Bateau Bay
Dates: 10, 24 Feb; 10, 24 Mar

We start back officially on 10th February. Many of us meet for a social lunch beforehand at 12md in the dining room at The Entrance Leagues Club (Tigers), table booking under the name **Fay**. So look for that table if you wish to join for lunch.

Our session starts promptly at 1.30pm and we have the room until 3.30pm.

If any new members wish to join us but not for lunch, please ask at the front desk which room "Memoirs" are in and be earlier than 1.30 to be introduced. Ask for Sue and I'll welcome you and sign you on to our attendance sheet.

Looking forward to a fabulous year with great stories.

BRAIN TICKLERS TUESDAY

Leader: Rhonda MacDiarmid (0403 293 175)
Email: rxm55@outlook.com.au
Venue: Tigers Club, Bay Village
Dates: 4, 18 Feb; 4, 18 Mar; 1 Apr

We have lots of interesting activities to test our thinking skills. Please contact Rhonda if you want to attend. Course material for the term will be emailed to you, or you may receive a printed copy at a cost of \$5.00 to cover printing costs.

ITALIAN CONVERSATION TUESDAY

Leader: Jeannine Asciale (0438 926 927)
Email: jeannine@asciak.com
Venue: Canton Beach Sports Club,
11 Hibbard Street, Toukley 2263
Dates: 11, 25 Feb; 11, 25 Mar; 8 Apr

Please meet outside front door of club at 9.45am so we all enter together. The Club requests that each attendee will be or become a member of their club, which is part of the Wyong Leagues group.

Learning a new language is excellent exercise for the brain. This group continues to enjoy their learning of the Italian language. It could be for some who may travel, or perhaps they have family living in Italy, or have someone Italian as part of their family. I am not qualified to teach complex Italian grammar, but I do have a wide knowledge of the country and customs of Italy, the language and some simple grammar, which will help you to construct sentences and not be afraid to speak it.

BOOK CHAT TUESDAY

Leader: Pam McGlenn (4390 2451)
Email: pamlakeside@bigpond.com
Venue: Tigers Club, Bay Village
Dates: 18 Feb; 18 Mar

If you enjoy reading, please come and join this friendly chat group where we read books of our own choosing. A topic is chosen and then we are free to discuss anything that comes within that genre.

Topics for Term 1:

18th February
21st Century Female Authors

18th March
Classics of the 20th Century

CREATIVE WRITING WEDNESDAY

Leader: Pam McGlinn (4390 2451)
Email: pamlakeside@bigpond.com
Venue: St David's Church Hall, Toukley
Dates: 5, 19 Feb; 5, 19 Mar; 2 Apr

We are now able to accept new members, and welcome anyone who is interested in writing to come and join this happy friendly group. We certainly do write, but we really enjoy it too.

CRYPTIC CROSSWORDS WEDNESDAY

Leader: Betty Siegman (0409 476 868)
Email: betty_siegman@hotmail.com
Venue: Diggers, The Entrance
Dates: 12, 26 Feb; 12, 26 Mar; 9 Apr

Our venue at Diggers RSL is proving quite satisfactory. We meet at the far (western) end, by the windows. The Club opens at 10:00am, and parking is good. Newcomers are always welcome.

MUSIC APPRECIATION WEDNESDAY

Leader: Betty Siegman (0409 476 868)
Email: betty_siegman@hotmail.com
Venue: 2/46 Neale Street Long Jetty
Dates: 5, 19 Feb; 5, 19 Mar; 2 Apr

We watch and enjoy videos of performances by great artists, mostly classical, but some more contemporary. Accompanied by discussion and conversation, mostly about the music, but not always. A very relaxing and pleasant morning.

COFFEE AND CHAT FRIDAY

Venue: Diggers, The Entrance
Dates: 14, 28 Feb; 14, 28 Mar; 11 Apr

This is proving to be a very successful and well-attended morning. We meet at the far (western) end of the Diggers club, by the windows. No commitment is required, but if you have a free morning, do come along.



WHAT IS U3A?



U3A is a nationwide network of learning groups aimed at encouraging older people to share their knowledge, skills and interests in a friendly environment. There are no exams and no homework, just regular lessons or study groups. It's learning for fun, not with the aim of gaining qualifications.

U3A courses and classes are designed and delivered specifically to meet the needs of people in their third age. The third age refers to the life period of active retirement, which follows the first age of childhood and formal education and the second age of working life, and which precedes the fourth age of dependence.

In Australia, the first U3A began in Melbourne in 1984 and has grown in each State, with more than 100,000 members nationally. These are based in metropolitan, regional and rural areas, and follow the British self-help model of teaching and learning over a wide range of subject areas, dependent upon the membership's own expertise, knowledge and skills.

FRIDAY TALKS

10:00 – 12:00, RSL Hall, Hume Boulevard, Killarney Vale

Talks Co-Ordinator: Pam McGlinn, 4390 2451

7th February **UKRAINE/RUSSIA** **Michael Cruise**

My talk on the Ukraine/Russian conflict is in two parts - I start with the history of both countries, their leaders and how and why the conflict started. The next part is how the two countries have survived nearly 3 years of conflict and will include pictorials of the vast array of equipment being used by both sides. I also talk about the human side of this conflict.

21st February **Fabulous Songs of Andrew Lloyd Webber and Tim Rice**

Andrew Lloyd Webber and Tim Rice have produced some of the greatest stage and film musicals of the modern era, Their wonderful stage musicals have thrilled audiences all over the world. In Part 1 of this course, we will cover *Joseph and His Technicolour Dreamcoat*, *Jesus Christ Superstar*, *Cats*, *Evita* and *Chess*. Some of the magnificent songs we will experience include *Any Dream Will Do*, *Jesus Christ Superstar*, *Everything's Alright*, *I Know Him So Well*, *Memory* and *Don't Cry For Me Argentina*.

7th March **MYANMAR** **Geoff Collins**

The first half covers a brief history of Burma / Myanmar

- The various migrations from China & SE Asia prior to British colonisation. The ethnic mix has left a legacy of instability
- Unstable independence after WW2. Assassination of Aung San in 1947.
- Instability after army coup of 1962.
- Political instability, another coup by the military.

After the break, I'll take a photographic journey of my travels through Myanmar in 2013. It demonstrates the variety of the country.

21st March **SMALL INHABITED ISLANDS** **Alan Flores**

This talk visits many small islands that people live on around the world. Some have hundreds of people, some only one. Some are barren islands, others magnificent places. Some are in lakes some in rivers and some in the middle of the Ocean. All are fascinating and in some cases romantic. Learn about Pinchgut in Sydney Harbour and Ile de Cite in Paris. How do hundreds of people cram themselves onto a small island in Asia and why. Come along and discover your planet.

4th April **AUSTRALIAN LIGHT HORSE** **Pamela McGlinn**

Australian Light Horse were mounted troops with characteristics of both cavalry and mounted infantry, who served in the Second Boer War and World War I. With Anzac Day approaching shortly, this is a talk which speaks briefly of the Boer War and then goes on with details of the desert warfare of WW1, with a description of the last great victorious Cavalry Charge performed by Australian troops at Beersheba.



**Don't forget to join
us for lunch today
at Tigers**

(The Entrance Leagues Club)

TERM PROGRAM

CLASS	LEADER	FEB	MAR	APR	VENUE
PLAY READING 10:00 – 12:00	Christine Kilner	3, 17	3, 17	7	RSL Hall, Hume Boulevarde Killarney Vale
MY MEMOIRS 1:30 – 3:30	Sue Taylor	10, 24	10, 24		Tigers Club, Bateau Bay
BRAIN TICKLERS 1:30 – 3:30	Rhonda MacDiarmid	4, 18	4, 18	1	Tigers Club, Bateau Bay
ITALIAN CONVERSATION 10:00 – 12:00	Jeannine Asciak	11, 25	11, 25	8	Canton Beach Sports Club 11 Hibbard St, Toukley
BOOK CHAT 10:00 – 12:00	Pam McGlinn	18	18		Tigers Club, Bateau Bay
CREATIVE WRITING 10:00 – 12:00	Pam McGlinn	5, 19	5, 19	2	St David's Church Hall Toukley
CRYPTIC CROSSWORDS 10:00 – 12:00	Betty Siegman	12, 26	12, 26	9	Diggers The Entrance
MUSIC APPRECIATION 10:00 – 12:00	Betty Siegman	5, 19	5, 19	2	2/46 Neale St Long Jetty
COFFEE and CHAT 10:00 – 12:00	None	14, 28	14, 28	11	Diggers, The Entrance
TALKS 10:00 – 12:00	Pam McGlinn	7, 21	7, 21	4	RSL Hall, Hume Boulevarde Killarney Vale

MONDAY: Play Reading, Memoirs
TUESDAY: Italian Conversation, Brain Ticklers Book Chat
WEDNESDAY: Creative Writing, Cryptic Crosswords,
 Music Appreciation
FRIDAY: Talks, Coffee & Chat

FRIDAY TALKS:
 7th February UKRAINE/RUSSIA
 21st February MUSIC OF ANDREW LLOYD WEBBER & TIM RICE
 7th March MYANMAR
 21st March SMALL INHABITED ISLANDS
 4th April AUSTRALIAN LIGHT HORSE