

TUGGERAH LAKES U3A NEWS



Tuggerah Lakes U3A Inc.

October 2024

Website: www.tugglakesu3a.info

Monday 14th October Finish: Wednesday 4th December Start: TERM: 4

COMMITTEE:

President:	Pam McGlinn	pamlakeside@bigpond.com.au	4390 2451
Vice-President	Helen Rawlings	helenmr2739@gmail.com	0452 160 952
Secretary	Sonya Oakes	sonyaalupis@gmail.com	4353 1703
Treasurer	Rhonda MacDiarmid	rxm55@outlook.com	0403 293 175
NL	Editor Jo Sutton	ots.outwest@gmail.com	0412 646 223
Welfare	Gail Shore	gailshore@yahoo.com.au	0409 447 751
Committee	Betty Siegman	betty siegman@hotmail.com	0409 476 868

Correspondence The Secretary PO Box 4019 Bay Village NSW 2261

~~~ **VENUES** ~~~

Please note the venue addresses below as some venues may have changed.

Play Reading

Room A, The. Ent. Community Centre, Battley Ave

Brain Ticklers

Arthur Lake Room, Tigers Club, Bateau Bay

Creative Writing, St David's Church Hall

Cnr Hargraves & Victoria Sts, Toukley

Cryptic Crosswords

Diggers Club, The Entrance

Coffee and Chat

Diggers Club, The Entrance

My Memoirs

Tigers Club, Bateau Bay

Italian Conversation

Canton Beach Sports Club 11 Hibbard Street, Toukley

Music Appreciation

2/46 Neale Street, Long Jetty

Talks

TELJ RSL Hall, Hume Boulevarde

Killarney Vale

MEMBERSHIP FEES

Membership year is 1 January to 31 December.

ANNUAL FEE: (Renewal): \$30

NEW MEMBERSHIP FEE: \$30 or pro rata fee on application

New Members: Membership Form & fee to

Rhonda MacDiarmid PO Box 4019 Bay Village NSW 2261

Renewals: Name, Money (no renewal form needed)

Direct deposit Westpac: BSB: 032 525, A/c 13 4075 include YOUR name and/or Memb. No. with dep

AGM AND END-OF-TERM LUNCH WEDNESDAY 4th DECEMBER TIGERS BATEAU BAY 12:15 NOTIFY HELEN RAWLINGS 0452 160 952 helenmr2739@gmail.com

FROM THE PRESIDENT

Hello everybody, I can hardly believe it. This is my final report for the year!

Yesterday, we drove past the Toukley RSL Club and they had a big sign flashing, "taking bookings now for Melbourne Cup Day" Is this for real, the Melbourne Cup?

Why that's the end of the year! Yes, so we have to start thinking seriously of next year and what we will be doing.

Our big success of the year, has been our Italian Class. It has gone from strength to strength and thanks to Jeannine we have 4 new members. Unfortunately, we have lost other classes, and we are sad to report that Rita and John Richards are no longer well enough to conduct their movie mornings and have had to move into a nursing home. They have both been in ill-health for a number of years and we do wish them all the best for their future.

We have our AGM coming up in December, and once again we are appealing for new Committee members. At this stage we only have four people who have volunteered to continue with the organisation of your club. All are long term members who have been on the committee for many years, we need fresh new faces and ideas; you can commence with just being a committee member, and work on it from there, please consider it, we need you.

Pam McGlinn

U3A INFORMATION FROM THE COMMITTEE MEETING

Robert Brimble has needed to resign from the committee and we thank him for his participation.

There was an issue with the Council premises at The Entrance for Play Reading so the venue has been changed to Killarney Vale RSL hall for the whole of 2025.

It is hoped that Pam's position as President can continue as it is officially a 3-year term which has concluded. Issue of the position of President – Pam has advised

Jean Lewis that her 3 years as president is now complete and asking Jean if she is able to continue in that capacity.

Rhonda will post out the AGM meeting / Application form in early November.

PUBLICITY

Jeannine's Italian Conversation class is still progressing well, and from that class two more new members (Sally and Joy) have joined our U3A recently.

Annely Finadri is still working hard and cheerfully as our Facebook co-ordinator.

At the end of our last meeting, I handed some of our flyers to two committee members (I think Betty and Sonya?) and hope that they have managed to put some to good use.

Regarding Business Arising from Previous Minutes no.5, that is – promoting our club in retirement villages:

I really must apologise for my inaction in this matter. Although I did spend quite some time trawling through the Internet about two months ago, to make a list of all the retirement villages that are in our general area – I didn't follow through with contacting them to see if we could leave some leaflets on their noticeboards.

The truth is I was put off by the fact that most of them have a generic (1800 or 1300) phone number, which means I cannot contact them directly, but would have to deal with head office, and go through all the rigmarole. This stalled me, then life got in the way and I forgot about it until now (a week before my trip).

Anyway, that will be on my list for October.

Christine Kilner

WELFARE

John and Rita Richards have now both gone into care at Killarney Vale Care Community, 1 Daniel Close, Killarney Vale.

Many of you will remember them being actively involved in U3A, showing movies in their home, and Rita having given interesting talks over the years.

Gail Shore

PLAY READING MONDAY

Leader: Christine Kilner (4399 2748)
Email: chrisatseakay@gmail.com

Venue: Room A, The Ent. Community Centre

Dates: 21 Oct. 4.18 Nov

The venue at Shelly Beach was unsatisfactory, and attempts to find other venues proved difficult, so we have decided to return to our previous venue at The Entrance Community

Centre, in Room A. Parking and access are easy, and we hope to see you there. New members are always very welcome.

MY MEMOIRS MONDAY

Leader: Sue Taylor (0411 685 412) Email: sue53@yahoo.com.au Venue: Tigers Club, Bateau Bay Dates: 21 Oct, 4, 18 Nov, 2 Dec

Monday 23 September is our last date for this term; however, we still keep our fortnightly momentum going by getting together for lunch only throughout the school holidays, 12md at The Entrance Leagues Club. So come and join us socially or come along to our first date back on 21 October. 1.30 - 3.30 at The Entrance Leagues Club. Our My Memoirs group has had some more interest this term with people coming along to see what it's all about.

My Memoirs is about writing about your earliest memories, and memories throughout your life. Ways of writing are varied - some write longhand, some bring their laptop and read from that or, like me, write on the PC and print it out to read. Most keep their stories in a ring folder or those who write by hand keep their stories in a book journal or keep their pages in a folder.

We each have 10 minutes to read aloud what we've written (no, not on the stage). Some stories are within the 10 minutes and some may take a whole term to finish the story or perhaps just two meetings. It doesn't matter. There is no judgement or feedback on your writing as it is not a "writing group". You read it how you've written it. it's about the Memory.

Sue

BRAIN TICKLERS TUESDAY

Leader: Rhonda MacDiarmid (0403 293 175)

Email: rxm55@outlook.com.au Venue: Tigers Club, Bay Village Dates: 15, 29 Oct, 19 Nov

We have lots of interesting activities to test our thinking skills. Please contact Rhonda if you want to attend. Course material for the term will be emailed to you, or you may receive a printed copy at a cost of \$5.00 to cover printing costs.

MUSIC APPRECIATION WEDNESDAY

Leader: Betty Siegman (0409 476 868) Email: betty_siegman@hotmail.com Venue: 2/46 Neale Street Long Jetty Dates: 16 Oct; 6, 20, Nov

We have welcomed some new members to our musical mornings. Music is mostly classics, but some more recent, some educational, others entertaining and sometimes even funny.

CREATIVE WRITING WEDNESDAY

Leader: Pam McGlinn (4390 2451)
Email: pamlakeside@bigpond.com
Venue: St David's Church Hall, Toukley

Dates: 16 Oct; 6, 20 Nov

We are sorry to announce that as at present this class is full and we are unable to accept any more members. However, we have another group of very popular writers, called the "Memoirs Group" who meet on Mondays, at The Entrance Leagues Club"

ITALIAN CONVERSATION TUESDAY

Leader Jeannine Asciak (0438 926 927)

Email: jeannine@asciak.com

Venue: Canton Beach Sports Club, 11 Hibbard Street, Toukley 2263

Dates: 8, 22 Oct; 12, 26 Nov; 10 Dec (alternate venue TBA)

Time: 10.00-12.00

Please meet outside front door of club at 9.45am so we all enter together. The Club requests that each attendee will be or become a member of their club, which is part of the Wyong Leagues group.

Learning a new language is excellent exercise for the brain.

This group continues to enjoy their learning of the Italian language. It's light-hearted and fun for anyone who may travel, or perhaps they have family living in Italy, or have someone Italian as part of their family. I am not qualified to teach complex Italian grammar, but I do have a wide knowledge of the country and customs of Italy, the language and some simple grammar, which will help you to construct sentences and not be afraid to speak it.

CRYPTIC CROSSWORDS WEDNESDAY

Leader: Betty Siegman (0409 476 868) Email: betty_siegman@hotmail.com

Venue: Diggers, The Entrance Dates: 23 Oct, 13, 27 Nov

Our venue at Diggers RSL is proving quite satisfactory. We meet at the far (western) end, by the windows. The Club opens at 10:00am, and parking is good. Newcomers are always welcome.

COFFEE AND CHAT FRIDAY

Venue: Diggers, The Entrance Dates: 25 Oct. 8, 22 Nov

Diggers RSL at The Entrance is proving very satisfactory for our group. We meet at

the far (western) end of the club, Do come along and have a chat with us.

TALKS FRIDAY

18th Oct. RICHARD MILLS MISINFORMATION – DISINFORMATION

Propaganda, misinformation and downright lies (disinformation) have been part of politics forever. Some people have misguided opinions but don't know they are wrong. Others deliberately deny the facts to others even when they themselves know the truth. What information sources can you trust? Facebook and X? The media? Interest groups? Academics? The Government? The Opposition? Richard will explain to us how these things work.

1st Nov. STEVE LATHAM INDIA

15th Nov. ROSS PEARCE MARTIN LUTHER KING

Martin Luther King Jr was an African-American Christian pastor who led the civil rights campaign in the USA in the 1950s and 60s. King's leadership played a pivotal role in ending segregation for blacks and in the creation of the Civil Rights Act of 1964. He led non-violent marches involving thousands of people for the right to vote, desegregation, labour rights etc. In 1963 he delivered his famous "I Have A Dream" speech.

29th Nov. CREATIVE WRITERS' STORIES.

Today for our last talk of the year, we will have something different. We are going to do a presentation of an assortment of our Writers' Stories. We have done this in previous years and it has always proved popular as we have some very talented writers amongst our group and hope you will enjoy our presentation of some of the things we have written, either in class or as homework, which most of us are very diligent in doing.

TERM PROGRAM

CLASS	LEADER	ОСТ	NOV	DEC	VENUE
PLAY READING	Christine	21	4, 18		Room A, The Entrance
10:00 – 12:00	- 12:00 Kilner				Community Centre
MY MEMOIRS	Sue Taylor	21	4,18	2	Tigers Club, Bateau Bay
1:30 – 3:30					
CREATIVE	Pam	16	6,20		St David's Church Hall,
WRITING	McGlinn				Toukley
10:00 – 12:00					
MUSIC	Betty	16	6, 20		2/46 Neale Street Long Jetty
APPRECIATION	Siegman				
10:00 – 12:00					
CRYPTIC	Betty	23	13, 27		Diggers The Entrance
CROSSWORDS	Siegman				
10:00 – 12:00					
BRAIN	Rhonda	15, 29	19		Tigers Club, Bateau Bay
TICKLERS	MacDiarmid				
1:30 - 3:30					
TALKS	Pam	18	1, 15,		RSL Hall, Hume Boulevard
10:00 – 12:00	0 – 12:00 McGlinn		29		Killarney Vale
ITALIAN	Jeannine	22	12,26		Canton Beach Sports Club,
CONVERSATION	Asciak				11 Hibbard Street, Toukley
10:00 – 12:00					
COFFEE AND CHAT	None	25	8, 22		Diggers, The Entrance
10:00 – 12:00					